



Continuing Education (MCE122)  
The University of Montana  
Missoula, MT 59812-1728  
(406) 243-2979

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**Early Bird Registration Deadline September 28.**

**“Building Champions for Diabetes Care and Prevention, 2007”**

*A continuing education course for physicians and allied healthcare professionals providing state-of-the-art information on the treatment and management of diabetes.*

**“Building Champions for Diabetes  
Care and Prevention, 2007”**

**October 11-12, 2007**

**Best Western Helena Great Northern Hotel  
Helena, MT**

**Presented by:**

***Montana Diabetes Project***

***University of Washington School of Medicine***

***Skaggs School of Pharmacy at The University of Montana***

**In conjunction with:**

- ❖ *Montana Cardiovascular Health Program*
- ❖ *Montana American Association of Diabetes Educators*
- ❖ *American Diabetes Association*
- ❖ *Billings Area Indian Health Services*
- ❖ *Montana Tobacco Use Prevention Program*
- ❖ *National Diabetes Education Initiative*

# “Building Champions for Diabetes Care and Prevention, 2007”

Best Western Helena Great Northern Hotel,  
Helena, Montana  
October 11-12, 2007

## AGENDA

### Thursday Evening, October 11<sup>th</sup>, 2007

- 4:00 – 5:00 pm Registration– Exhibitors (refreshments)
- 5:00 – 6:00 pm **New Horizons in Research**  
*Irl Hirsch, MD, Professor of Medicine, University of Washington Medical Center- Roosevelt, Seattle WA*
- 6:00 – 6:15 pm Closure/Evaluation
- 6:15 – 6:45 pm Break – Exhibitors (refreshments)
- 6:45 – 7:45 pm **Dinner (all participants)**

### Friday, October 12<sup>th</sup>, 2007

- 7:45 – 8:45 am Registration (exhibitors/breakfast)
- 8:45 – 9:00 am Welcome/Announcements
- 9:00 – 10:00 am **Sorting Through the Maze of Treatments, 2007**  
*Irl Hirsch, MD, Professor of Medicine, University of Washington Medical Center- Roosevelt, Seattle WA*
- 10:00 – 10:30 am Break – Exhibitors (refreshments)
- 10:30– 12:00 pm **Creating Magic in the 15-minute Office Visit**  
*Betty Brackenridge, RD, CDE, Director, Diabetes Management & Training Centers, Phoenix, AZ*
- 12:00 – 1:15 pm **Lunch/exhibitors (lunch provided)**  
(Includes a short workout inside/outside 12:45 – 1:05 pm)
- 1:15 – 2:15 pm **The Chicken or the Egg? Which to Treat First in Co-Morbid Diabetes and Depression**  
*Darrin Calhoun, PhD, Thermopolis, WY*
- 2:15 – 2:45 pm Break - Exhibitors
- 2:45 – 4:00 pm **Smoking Cessation**  
*Greg Holzman, MD, MPH, Chief Medical Executive – State of Michigan, Okemos, MI*
- 4:00 – 4:15 pm Closure/Evaluation

**GOAL:** To provide state-of-the-art training for the management of type 1 and type 2 diabetes for physicians and allied healthcare providers who care for patients with Diabetes. The program will include a Research and Treatment Update; Depression in Diabetes; Creating Magic in the 15-minute Office Visit and Smoking Cessation.

**THURSDAY PROGRAM OBJECTIVES:** At the conclusion of this conference, the participant will be able to:

1. Identify two mechanisms where tight blood sugar control provides benefits.
2. Name adipose tissue hormones which may have clinical application.
3. Identify what strategies are being used to prevent type 1 diabetes in clinical trials.

**FRIDAY PROGRAM OBJECTIVES:** At the conclusion of this conference, the participant will be able to:

4. Name two mechanisms of action for incretin mimetic therapy.
5. Identify three classes of oral agents with different sites of action.
6. Identify two targets to follow for adjusting therapies for diabetes.
7. Choose from a list one communication technique to use in engaging a patient to take action.
8. Identify from a logarithm a path of medication alternatives for use in optimizing control of type 2 diabetes.
9. List one depression screening tool that could be used in their practice setting.
10. List one idea for creating mental health partnerships in participants setting.
11. Identify from a list the five components of the five A Intervention.
12. List two key aspects of planning a quit attempt with a potential quitter.
13. Identify one advantage and one disadvantage for each of two forms of nicotine replacement therapy.

#### **FACULTY:**

- ❖ **Betty Brackenridge, RD, CDE**, Director, Diabetes Management & Training Centers, Phoenix, AZ
- ❖ **Darrin Calhoun, PhD**, Thermopolis, WY
- ❖ **Irl B. Hirsch, M.D.** Professor of Medicine, University of Washington Med Center-Roosevelt, Seattle WA
- ❖ **Gregory Scott Holzman, MD, MPH**, Chief Medical Executive – State of Michigan, Okemos, MI

#### **CONTINUING EDUCATION CREDIT**

The American Dietetic Association has approved 5.0 (level 2) Continuing Professional Education (CEU) hours.

This activity for 1.25 contact hours for Thursday evening, and 5.0 contact hours for Friday is provided by St. Vincent Healthcare an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Skaggs School of Pharmacy at The University of Montana is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is approved for 1.2 contact hours Thursday evening and 5.7 contact hours on Friday. The Universal Program Numbers for this program are **035-999-07-010-L01** on Thursday evening, October 11th and **035-999-07-011-L01** on Friday, October 12th. Participants who attend each entire program, sign the attendance roster, and complete a program evaluation at the conclusion of each program will be issued ACPE statements of credit by mail, 3 weeks after the program date.

This activity has been reviewed and is acceptable for up to 6.25 Prescribed credit (s) by the American Academy of Family Physicians.

The Montana Diabetes Project is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of *5.75 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# “Building Champions for Diabetes Care and Prevention, 2007”

## REGISTRATION FORM

On-line registration is available at  
[www.umt.edu/ce/cps/mtdiabetesconference.htm](http://www.umt.edu/ce/cps/mtdiabetesconference.htm)

**Pre-Registration Deadline is September 28th**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone # \_\_\_\_\_

E-mail address: \_\_\_\_\_

Discipline:  RN  Pharmacist  MD  NP  Other: \_\_\_\_\_

Payment Method:

Check (Payable to “The UM”) Check # \_\_\_\_\_

Credit Card (American Express not accepted):  Visa  Mastercard  Discover

Card # \_\_\_\_\_ Expiration \_\_\_\_\_

### Registration Fee

On or before September 28, 2007: \$95.00

After September 28, 2007: \$115.00

Your registration fee includes the banquet Thursday evening, we invite you to attend.

**Please indicate if you will attend the Banquet:**  YES  NO

### Cancellation Policy:

- ❖ Cancellations and substitutions must be requested in writing to The University of Montana, Continuing Education.
- ❖ Cancellations made after September 28th, and no-shows will be subject to a \$25 processing fee.
- ❖ Substitutions in attendance can be made at any time.

### PLEASE COMPLETE AND MAIL WITH PAYMENT TO:

**Mikel Robinson**, Diabetes Conference, The University of Montana, Continuing Education,  
32 Campus Drive, Missoula, MT 59812-1728. PHONE (406)243-2979; FAX (406) 243-2047.

**LOCATION:** A limited number of rooms have been reserved at **Best Western Helena Great Northern Hotel** in Helena, MT. Reservations must be made directly by the registrant. This may be done by calling **1-800-829-4047** or **406-457-5500**. Registrants are eligible for special room rates which begin at **\$85.00** plus tax. King or Deluxe Rooms are available at **\$95** plus tax. Rooms will be held until **September 17th**. When calling, please say that you are with the **“MT Diabetes Project.”**

The Montana Department of Public Health and Human Services attempts to provide reasonable accommodations for any known disability that may interfere with a person participating in any service, program or activity of the department. Alternative accessible formats of this document will be provided upon request. For more information, call 406-444-6677 or 1-800-253-4091 (TDD - Telephone Device for the Deaf).