Tuesday Keynote - Brave Leadership - Kimberly Davis
Tuesday, August 13th - 8:30-10:00am
Drawing from years of working with leaders of all experience levels and industries and the latest research in psychology, sociology, business and the arts, this provocative and inspiring session bridges traditional business how-to with a personal development approach to demystify what it takes to be the brave leader you were born to be. Kimberly is the Founder and Director of OnStage Leadership and is also honored to teach Executive Presence each year for the Corporate Executive Development program (CEDP), (a partnership between SMU and the National Hispanic Corporate Council), and Authentic Influence for the Bush Institute’s Women’s Fellowship program, empowering future female leaders in the Middle East and North Africa. Kimberly’s debut book, Brave Leadership: An Emerging Leader’s Guide to REAL Results, is designed to simplify and demystify the leadership conversation, provide tools to help emerging leaders be brave, and an opportunity to see themselves, the world, and the impact they can have with new eyes.

Wednesday Afternoon Keynote - From Trauma Awareness to Action: Creating Purpose-Driven Work Grounded in Science - Kathy Szenda Wilson & Michael McCullough
Wednesday, August 14th - 1:30 - 3:30pm Keynote
There’s a lot of buzz being/becoming trauma-informed, with many trainings leaving folks challenged around WHAT to do. Grounded in the NEAR Sciences (Neurobiology, Epigenetics, Adverse Childhood Experiences, and Resilience), this experience will allow you to see not only the WHAT, but the how and the why; leaving you with a better understanding of yourself and the systems in which you work and live. It will also deepen your knowledge, inspire innovation and ultimately lead to more fulfilling work.
Kathy Szenda Wilson brings over 20 years of experience in philanthropy, community development and systems building to her efforts to improve the lives of children and their families. Her strengths include facilitation, coaching, training & weaving together seemingly disconnected initiatives. Certifications: Leadership That Works Certified Community Coach; Fetzer Institute’s Facilitated Leadership Program; Michigan ACE Initiative Master Certified ACEs Trainer. Specialties include: System Building (Able Change Framework, Michigan State University); Asset-Based Community Development (ABCD Institute @ DePaul University. Contact: szenda1969@gmail.com.
Michael McCullough facilitates experiences that help teams develop skills, insights and strategies grounded in NEAR Science, a field of study that includes neuroscience, epigenetics, adverse childhood experiences and resilience. In his workshops, participants explore the impacts of trauma exposure on their work and how changes in practices can enhance individual well-being and elevate organizational performance. His audiences include educators, social workers, physicians and professionals in other service fields in which exposure to trauma and its impact are a daily occurrence. Michael brings more than two decades of experience in community and organizational leadership, including 16 years as the executive editor of the Battle Creek Enquirer and chairmanship of several nonprofit boards and action teams. He draws on that experience to help organizations identify and overcome systemic barriers to creating healthy communities.

Wednesday Closing Keynote: Bridges Out of Poverty - Lucy Shaw
Wednesday, August 14th - 3:45 – 4:45 pm
This session is designed to create enhanced awareness by helping participants (individually and institutionally) understand how socio-economic class and the social determinants of health influence the efficacy of their work. It will provide new awareness and insight into influencing the development of practical applications. As well as, review how participants currently do business and engage more effectively with those living in Poverty.
Lucy Shaw is a Senior Level Executive with a Masters Degree in Business Administration and has practiced as a Naturopath, Registered Nurse and Certified Nutritional Counselor. She is also a much sought after Personal and Professional Life Coach, speaker, teacher, author and motivator. Ambitious and excelling in everything she has done, Lucy rose through the ranks from bedside nursing in one of the largest and most prestigious hospitals in the world, to the position of President and Chief Executive Officer at the Regional Medical Center of Memphis (The Med). At the time of her leadership The Med was a 465-bed academic medical center with 2600 employees and a $300 million budget. Lucy is described as being “qualified to lead, motivate and inspire by virtue of a strong record of success for her and those whose lives she has touched”.

Lucy is well known for her expertise in financing and managing the care of the underserved. Her skills and abilities in those areas brought her before the United States Senate Finance Committee on several occasions and before colleagues as far away as Vienna, Austria. Her face has graced the cover of several magazines. She has served as Honorary Consul to New Zealand, on University and Bank Boards of Directors and has published books and articles on health and management issues as well as personal, spiritual and professional development. Her accomplishments are varied, wide-ranging and always in the service of good for others.

The Most Recent Ten Years - As a Consultant and entrepreneur, Lucy has applied her wide range of experience and skills in a diverse field of business applications and opportunities. She currently serves an active role as Chairwoman of the Board of Tri-State Bank of Memphis; is a national consultant, author and speaker on Poverty for aha!Process, Inc.; and a national trainer for Transition to Success which is a model for treating the condition of poverty. She is President/CEO of Life Works, Inc. Lucy also has private clients across the country as a Spiritual Life Coach, and is a busy motivational speaker and teacher. She is the author of three widely sold books, Bridges to Health and Healthcare, Be Not Anxious, Making Bricks without Straw and a new Bestseller, The Journey. Recently she began a project of institutionalizing Life Coaching for public education leadership and faculties. She also developed and facilitated a Life Skills curriculum for ex-felons upon re-entry for Memphis and Shelby County, TN. In addition, Lucy is a Certified Ketogenic Lifestyle Coach and Certified in Emotional Freedom Technique to round out her ministry of faith, hope and wholeness for men and women who Dare to be Whole.

Promotion of Maternal Mental Health to Improve Child Outcomes - Brie Oliver
Tuesday, August 13th - 10:30am - 12:30pm Breakout Session

Maternal mental health has profound impacts on child development and outcomes. One in five women will experience a perinatal mood or anxiety disorder, making this the most common complication of pregnancy. This presentation will provide basic understanding of perinatal mood and anxiety disorders, the impacts on mother, babies, father and non-biological caregivers. We will also review some of the responses and treatment available and resources to support maternal mental health throughout the perinatal period.

Brie Oliver is a registered nurse with a Bachelors of Nursing from Montana State University and has focused her nursing career in the area of Maternal and Child Health. She served as the Program Manager for Healthy Families Home Visiting at the Lewis and Clark City-County Health Department and very much enjoys home visiting with pregnant women and families with young children. She is also an Internationally Board Certified Lactation Consultant (IBCLC). As the Executive Director of Healthy Mothers, Healthy Babies, Brie works to create collaborative, sustainable solutions to improving the lives of families in the first three years. As a mother of three young children and a Public Health Home Visitor for nine years, she has come to understand how important it is to support parents as they raise their children. Believing in the statement, “It takes a village,” keeps her passionate about her work.
Outward Mindset - Patrick Sullivan
Tuesday, August 13th - 10:30am - 12:30pm Breakout Session

Organizations populated by people who have more or less the same mindset they’ve always had will continue to produce more or less the same results they’ve always produced. Breakthrough results happen when people change from a self-focused inward mindset to an others-focused outward mindset.

Dr. Sullivan received his BA and Master of Public Administration degrees from the University of Montana, a Master of Divinity degree from the Franciscan School of Theology in Berkeley, CA, and his Doctor of Public Administration from the University of Southern California. He has over 50 years of public service experience, including 41 years as a manager/supervisor. Dr. Sullivan is currently the director of the State Professional Development Center in the State Human Resources Division of the Department of Administration. He is also certified to present the Outward Mindset material from the Arbinger Institute, Kolbe Index evaluation, and Conflict Intervention.

Client Directed Counseling for the Nutrition and Allied Health Professional - Beth McKinney
Tuesday, August 13th - 10:30am - 12:30pm Breakout Session

This session provides doctors, nurses, nutritionists, social workers, and aides with proven techniques for refining their counseling skills—a critical component in promoting positive client behavior change. Client directed counseling promotes productive partnerships, reveals valuable client information, increases client motivation, and improves client satisfaction. Allied health professionals will take away usable skills and be positioned to increase their effectiveness and confidence in the counseling setting.

Beth McKinney, MSEd, RDN, CHES is a Lecturer in the College of Human Ecology at Cornell University and former Director of the Cornell University Wellness Program. She received her bachelor’s degree in nutritional sciences and her master’s degree in health education. Beth’s expertise in coaching and counseling spans over 20 years and includes life coaching, nutrition counseling, wellness counseling, and behavior change. Beth teaches counseling skills and behavior change techniques to Cornell undergraduates. She is the faculty author of two eCornell certificates, Nutrition Counseling for Registered Dietitians and Wellness Counseling for Health Professionals. Beth is a Certified Health Education Specialist (CHES) and Certified Intrinsic Coach®. With previous experience in both clinical and community nutrition, Beth specializes in both nutrition education and behavior change.

Implicit Bias: Impact on Decision-Making - Rita Cameron Wedding
Tuesday, August 13th - 10:30am - 12:30pm Breakout Session

The purpose of this presentation is to provide implicit bias focusing on race, class and gender to a multi-disciplinary group of educators, and practitioners from mental health, juvenile justice, child welfare and community partners. The goal of the training is to help participants recognize and reduce institutional and individual biases to improve outcomes.

Dr. Rita Cameron Wedding Ph.D. is a professor of Women's Studies and Ethnic Studies at Sacramento State University (California). Dr Cameron Wedding's curriculum Implicit Bias Impact on Decision-Making has been used to train judges, public defenders, law enforcement, practitioners in child welfare, juvenile justice and mental health since 2005.

Food allergy Identification and Prevention in the Infant and Young Child - Summer Monforte
Tuesday, August 13th - 1:30 - 2:30pm Breakout Session

We will discuss new literature in food allergies, including the relevance of early introductions. Participants will be better able to assist families differentiate between food allergies and other types of food related symptoms. As well as being more comfortable knowing when to refer to an allergist.

Summer Monforte is a pediatric Allergist Immunologist who practices at St. Peter's Health in Helena, MT. Dr. Monforte received her medical degree from the University of Arizona. She completed her pediatric training at the Children's Hospital of Colorado, and her Allergy and Immunology Training at National Jewish Health in Denver, Colorado.
Supporting Families through Circle of Parents - Heather Stenson & Barb Fitzpatrick
Tuesday, August 13th - 1:30 - 2:30pm Breakout Session
Barb and Heather are parents of children with Special Health Care Needs. They started a parent support group in Butte and became apart of the National Circle of Parents support groups. Barb and Heather are now Circle of Parents National Trainers and are looking to help you create a Circle of Parents Support Group in your community. They'll also discuss how to support the families that you currently work with through Healthy Montana Families Home Visiting Programs and how they may be better able to assist.

Barb and Heather started a parent support group in Butte and have secured funding to help other communities start support groups. Come and learn how you can be a part of this amazing journey while supporting families and children. They will also be talking about wrap around services through Healthy Montana Families home visiting programs.

Sex Ed Foundations: Core Skills Training Overview - Kate Nessan
Tuesday, August 13th - 1:30 - 2:30pm Breakout Session & 2:45 - 3:45 pm Breakout Session
Many teachers want to teach sex ed, but don’t have adequate training to address sensitive topics confidently. Understanding Montana’s sex ed policies, answering difficult questions and values clarification are challenging components of teaching sex education. Planned Parenthood is here to help. This session will provide an introduction to the Foundations: Core Skills Training for Sex Ed (Foundations) training. Foundations consist of one day of core skills training, and additional half day topics include LGBTQ inclusion, trauma informed approaches and sex ed strategies. Attend this session to learn more about this exciting opportunity to improve the quality of sex ed in Montana.

Kate Nessan has a bachelor’s in Secondary Education from Montana State University and a Masters of Health Education from Western Governors University. Kate joined the education department at Planned Parenthood of Montana in 2005 and provides sex ed to youth, adults, and families in various settings, is a certified Foundations trainer, and helps manage education, training, and enrollment programs at PPMT.

Montana DPHHS Maternal, Child and Adolescent Health Programs' Panel Discussion - Rachel Donahoe, Ann Buss & Jeremy Brokaw
Tuesday, August 13th - 1:30 - 2:30pm Breakout Session
This session will provide attendees with an overview of program and services available through the Montana Department of Public Health and Human Services Children's Special Health Services, Adolescent Health and Maternal and Child Health Sections.

Rachel Donahoe is the CYSHCN Director for the State of Montana, DPHHS. She has been with DPHHS for eleven years, and served in this capacity for 6. Children's Special Health Services works to improve the system of care for CYSHCN in Montana through family support, provider education and resource referral. Ann Buss is the Title V Director for the State of Montana, DPHHS. She has worked in Maternal, Child and Adolescent Health for most of her career. Ann is passionate about the health and well-being of women and children in Montana. Jeremy Brokaw is the Adolescent Health Program Supervisor for DPHHS. Jeremy previously worked in Chronic Disease and Prevention. Under Jeremy's leadership this new program has grown immensely over the last year. Jeremy's team is working statewide to implement a variety health programs for adolescents that focus on prevention and empowerment.
Popular Diets: What Are They and What Do They Accomplish? - Jill Griffin  
Tuesday, August 13th 2:45-3:35pm Breakout Session  
Dieting fails to achieve sustained weight loss for 95% or more of people. Yet people continue dieting, hoping the newest diet will be different. In this presentation, I will identify and examine popular diets, discuss why dieting fails, and share how to help people develop sustainable habits that promote overall health and wellness.

Jill Griffin is an anti-diet registered dietitian that strives to help people restore their relationship with food, so they can enjoy food free of guilt. She hopes to empower others to make decisions about their health that is rooted in confidence, self-awareness, and a knowledge of sound nutrition. Over the course of her 10 years as a Registered Dietitian Nutritionist, she has volunteered in community nutrition programs, served on the Montana Academy of Nutrition and Dietetics Board of Directors, and practiced in the clinical health and public health settings, both at the local and state level. The variety of settings in which she has practiced, in addition to her desire to connect with people in all walks of life, makes her an expert in her field and allows her to provide nutrition information in a meaningful way, no matter the audience.

The importance of Becoming a Trauma-Sensitive and Trauma-Responsive Organization - Ellie Martin  
Tuesday, August 13th 2:45 - 3:45 pm Breakout Session  
Becoming a trauma-sensitive organization requires knowledge about how trauma impacts a person's brain development in the short-term and increases his/her risk of poor health outcomes in the long-term. Becoming a trauma-responsive organization requires self-reflection to review how things currently are through the lens of trauma sensitivity and mandates a philosophical shift in how each employee sees and does the work. This shift is required at all levels of an organization's structure, from direct-service providers, administrative support personnel, and leadership. Common lexicon in the behavioral health field refers to Trauma Informed Care based on the guiding work of Substance Abuse Mental Health Service Administration.

Ellie Martin is the founder and owner of Routefinder Consulting, a firm focused on cultivating leadership and resilience with individuals and organizations. Ellie is a skilled mental health clinician, a systems-oriented change-maker, and an invested collaborator with individuals, organizations, and communities in the pursuit of wellbeing. Her trauma-informed approach is rooted in the importance of how relationships and our environment are critical for our health and healing. Prior to receiving her Master’s degree in Social Work from the University of Montana, she studied Environmental Science with an emphasis in Biology at Colorado College; after which she worked in the fields of outdoor education and wilderness therapy, focusing on technical skills building, leadership development, and self-efficacy with her students. Ellie has since worked in community mental health settings as a Licensed Clinical Social Worker with children and families; later, she expanded access to critical services and supported staff development in her role as a program supervisor overseeing clinical teams working in schools across three counties in southwestern Montana.

SANE Training: PPMT’s Response to Sex Assault in Montana - Kate Nessan  
Tuesday, August 13th 2:45 - 3:45 pm Breakout Session  
Nurses need ongoing, complete, and consistent training on how to work with victims of sexual assault in order to improve victim outcomes and to provide compassionate care to patients. Join Planned Parenthood of Montana to learn about our Sex Assault Nurse Examiner (SANE) Training, the only locally provided, Montana-based, in-person training for Montana nurses providing sex assault exams.

Kate Nessan has a bachelor’s in Secondary Education from Montana State University and a Masters of Health Education from Western Governors University. Kate joined the education department at Planned Parenthood of Montana in 2005 and provides sex ed to youth, adults, and families in various settings, is a certified Foundations trainer, and helps manage education, training, and enrollment programs at PPMT.
AAUW Work Smart Salary Negotiation - Part 1 - Kathleen O'Leary
Tuesday, August 13th - 2:45-3:45
AAUW Work Smart is designed to help you negotiate for a new job, raise, or promotion. Through facilitated discussion and role-play each participant will learn how to identify and articulate their personal value, how to develop an arsenal of persuasive responses and other negotiation strategies, about the wage gap including its long-term consequences, and how to conduct objective market research to benchmark a target salary and benefits.

Kathleen O’Leary joined the Montana Department of Labor & Industry as Deputy Commissioner in March 2019. The Department of Labor has an annual budget of over $80 million and employs 700 employees. As Deputy, Kathleen advises the Commissioner and leads the Department in all upper level administrative activities such as planning, budgeting, personnel management, policy development, and communications while directing the establishment of department goals and objectives. Kathleen brings over twenty years of experience in public service to the Department. Throughout her career, she has held various positions that utilized her skills in financial management, labor negotiations, strategic planning, and state and federal reporting and compliance. She most recently served as the Special Liaison to the President at Dawson Community College, a position that allowed her to identify and address gaps between employer needs and higher education across the state. Kathleen holds an Associate of Arts degree in Business Administration and Management from Dawson Community College, a Bachelor of Science degree in Accounting from Dickinson State University and a Master of Science degree in Negotiation and Conflict Resolution from Creighton University.

An advocate of community service, Kathleen was heavily involved in volunteerism in Glendive for over two decades and can now be found doing the same throughout Helena. A new member of AAUW, Kathleen facilitates training sessions for women to learn strategies on negotiating starting salaries. She is also active in her parish at St. Helena Cathedral.

Breastfeeding 101: the Basics - Mary Strand & Teresa Messerman
Tuesday, August 13th - 4:00 - 5:00 pm Breakout Session
This session will offer basic Breastfeeding information for new mothers.

Mary is a graduate of Montana State University with a Bachelor of Science in Nutrition. She has worked for the Montana WIC program for 31 years and is currently working in the Missoula WIC Program. She has been a IBCLC (International Board Certified Lactation Consultant) for 16 years. Mary is the President of our local Missoula Breastfeeding Coalition. She has a passion for breastfeeding and enjoys working with moms and babies to make their breastfeeding experience a success. Mary and her husband live in Missoula. She has two adult kids who also live in Missoula. Teresa Messerman is an IBCLC and is the Ravalli County WIC Breastfeeding Coordinator. She evaluates eligible families for WIC, supports breastfeeding moms, coordinates outlying locations, and is the Local Agency Retail Coordinator (LARC) with Ravalli County grocery stores.

Safe Infant Sleep Practices - Stephanie Morton
Tuesday, August 13th - 4:00 - 5:00 pm Breakout Session
A persistent cause of infant mortality are unsafe sleep practices. This session will review the latest safe sleep practices and cover how to teach these to new parents. Additionally, we will review Montana data and review strategies for addressing safe infant sleep in your community and resources available to assist you in your work.

Stephanie Morton was born and raised in St. Ignatius, Montana and attended college at the University of Oregon, where she earned a degree in Anthropology. After working in accounting at the UO Museum of Natural and Cultural History, she moved to Seattle and worked in several non-profits supporting children and families. In 2014, she returned to Montana to work in her family’s small businesses and completed her Masters in Social Work at the University of Montana. She is Co
Continued - putting her skills and passion to work as the Program Manager at Healthy Mothers, Healthy Babies and most enjoys meeting and learning from folks across the state. In her free time, Stephanie enjoys being outdoors with her numerous animals, listening to political podcasts, and spending time with her family and friends.

Look Who’s Talking...About Sexuality! - Cami Armijo-Grover
Tuesday, August 13th - 4:00 - 5:00 pm Breakout Session
This session will help you overcome your fear of “The Talk,” learn age appropriate topics and practical skills to communicate with kids about love, sexuality and relationships and give participants an opportunity to practice these conversations in an open and empowering atmosphere. It’s never too early to start a conversation about these important topics. After all, if they don’t get this information from a trusted adult, where will they get it?

Cami and her high school Peer Educators are passionate about de-stigmatizing information around topics like sexual health, healthy relationships and consent. Cami has a Master’s in Public Affairs and four years experience as a sexual health educator. The high school Peer Educators have 15+ years of experience being a youth in a world of misinformation and ready access to sexually explicit media.

AAUW Work Smart Salary Negotiation Continued - Kathleen O’Leary
Tuesday, August 13th - 2:45 - 3:45 & 4:00 - 5:00 pm Breakout Sessions
AAUW Work Smart is designed to help you negotiate for a new job, raise, or promotion. Through facilitated discussion and role-play each participant will learn how to identify and articulate their personal value, how to develop an arsenal of persuasive responses and other negotiation strategies, about the wage gap including its long-term consequences, and how to conduct objective market research to benchmark a target salary and benefits.

SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT (SBIRT) - Michelle Henson
Wednesday, August 14th - 8:00 - 10:00am Breakout Session
Screening, Brief Intervention and Referral to Treatment (SBIRT) is an evidence-based approach to prevent and reduce risky substance use. The Montana Healthcare Foundation has been working with healthcare providers across the state to implement SBIRT through their Integrated Behavioral Health and Perinatal Behavioral Health initiatives. In May 2019, the Foundation began working with six school-based health centers to begin utilizing SBIRT to prevent and reduce substance use in the student populations served.

Michelle Henson works at the Montana Healthcare Foundation as a Program Associate and manages the Public Health and Capacity focus areas. Michele also works closely with the Foundation’s senior program officers, providing research and programmatic assistance in the Foundation’s American Indian Health, Behavioral Health, and Partnerships for Better Health focus areas. Michele has worked in the field of public health since 2011 with a focus on family and child health. Prior to her job at the Montana Healthcare Foundation, Michele spent several years working for the Center for Native Health Partnerships (Montana State University) and the Center for American Indian Resilience (University of Arizona).

The 7 Bright Spots to Designing Your Fatherhood Program - Erik Vecere
Wednesday, August 14th - 8:00 - 10:00am Breakout Session
Learn a simple, flexible approach—called “The Bright Spot Approach”—to the design of an exceptional community-based fatherhood program, regardless of the level of experience in serving dads, your community-based setting, or the kinds of dads served and understand how to apply each of the 7 Bright Spots to create a unique program—your program.

As Vice President of Program Support for National Fatherhood Initiative (NFI), Erik Vecere has developed and implemented NFI’s programs and initiatives across the country. Since 2002, Mr. Vecere has trained thousands of facilitators to lead
various fatherhood programs and has provided technical assistance to hundreds of organizations that improved program quality and effectiveness. He works closely with state, county, and local leaders to create a continual stream of programs and other resources to meet the needs of fathers and families nationally.

**Practical Hope: Integrating Hope into Best Practices - Misty Falkner & Bre Lee**

**Wednesday, August 14th - 8:00 - 10:00am Breakout Session**

We all know that hope matters, but how do we go from just feeling hopeful in the moment to making measurable progress? Join us as we take a deeper look at why hope is the leading indicator for life-long well-being. We use a strengths-based approach to help you identify how you can intentionally integrate hope into your best practices for your clients and yourself. Make a deeper connection with your own hope on your journey to becoming a hope ambassador to those you serve.

We started Live Meraki because we are passionate about helping individuals and groups discover, develop and live their own personal brand of Extraordinary! With over a decade of experience in various arenas, we bring our expertise in creating individualized curriculum and coaching experiences to you and the communities that matter the most to you.

**Historical and Intergenerational Trauma of Native Americans Influencing Best Practice - Turquoise Devereaux**

**Wednesday, August 14th - 8:00 - 10:00am Breakout Session**

A timeline of history from an Indigenous perspective focusing on how historical events still impact American Indian communities today and how to use this information to create culturally safe spaces.

Turquoise Devereaux is part of the Salish and Blackfeet tribes of Montana and grew up on the Flathead Indian Reservation. She received her BSW from the University of Montana and recently received her MSW at Arizona State University with a focus in policy, administration and community practice. Turquoise has experience in helping American Indian, low income and first generation college and high school students be successful in higher education through advocacy, mentorship and resource referral. She was recognized for her efforts and received the Indian Support Staff of the Year Award from Montana Indian Education Association for 2017. She continues to implement Indian Education for All at a state and institutional level in Montana and Arizona while providing education on historical and intergenerational trauma to help create culturally safe spaces for American Indian populations.

**Popular Diets: What Are They and What Do They Accomplish? - Jill Griffin**

**Wednesday, August - 10:15 - 11:15am Breakout Session**

Dieting fails to achieve sustained weight loss for 95% or more of people. Yet people continue dieting, hoping the newest diet will be different. In this presentation, I will identify and examine popular diets, discuss why dieting fails, and share how to help people develop sustainable habits that promote overall health and wellness.

Jill Griffin is an anti-diet registered dietitian that strives to help people restore their relationship with food, so they can enjoy food free of guilt. She hopes to empower others to make decisions about their health that is rooted in confidence, self-awareness, and a knowledge of sound nutrition. Over the course of her 10 years as a Registered Dietitian Nutritionist, she has volunteered in community nutrition programs, served on the Montana Academy of Nutrition and Dietetics Board of Directors, and practiced in the clinical health and public health settings, both at the local and state level. The variety of settings in which she has practiced, in addition to her desire to connect with people in all walks of life, makes her an expert in her field and allows her to provide nutrition information in a meaningful way, no matter the audience.
Behavior Management Techniques For An Emotionally Safe, Trauma Informed Environment - Shirley Bulluck
Wednesday, August 14th - 10:15 - 11:15am Breakout Session
This interactive and hands on session will explore and dissect Effective Praise and Preventive Teaching (two components of Common Sense Parenting), and how to use them in a home, classroom or community setting. Participants will leave with tools that they can immediately implement in their current role working with youth. These tools will include the ability to more effectively manage behaviors within in a trauma informed setting.

Shirley Bulluck has a Bachelor’s in Education and over twenty years of teaching experience in communities across Montana. Shirley has vast experience working with youth with emotional and behavioral difficulties. She has work in children’s mental health over the last 18 years and is currently the Intake Coordinator at Youth Dynamics. Shirley is also well versed in teaching adults. She is a certified Common Sense Parenting Trainer and Youth Mental Health First Aid Instructor. She has also loved the opportunity to serve as a CASA volunteer over the last year.

The Nitty Gritty of Contraception - Cami Armijo-Grover
Wednesday, August 14th - 10:15 - 11:15 Breakout Session
Learn the basics of some of the most common contraceptive methods used in the United States including effectiveness, common side effects and why some folks may use contraception for reasons besides to prevent pregnancy. Discussion on the role of a person with a penis in preventing pregnancy will also be included.

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Promoting Ethical Decision Making: Lessons for Public Health Professionals - Adam Brewer
Wednesday, August 14th - 10:15 - 11:15am Breakout Session
The proliferation of technological advances that create new opportunities, the expansion of a pluralistic society, and the increasing expectations placed upon institutions of public health all demonstrate the necessity of explicitly addressing the ethical dilemmas that arise from these demands. Protecting and assuring the health of the public unavoidably involves the exercise of power by public health professionals. The power to protect public health is intricately tied to ethics and can easily devolve into abuses of power if basic principles of public health ethics are not understood and implemented. These issues require that public health professionals understand the various perspectives and established principles of public health ethics and learn to apply this theory to practice in their day-to-day work.

Adam Brewer is an assistant professor for the University of Montana’s Master of Public Administration Program. He teaches courses in are centered on issues in public human resource management and the role of free speech and social media in the public workplace. He has presented on issues in public policy and administration at various conferences around the U.S. In his ethics course, he utilizes a praxis model of teaching by facilitating the application of theory to practice. He helps students explore various frameworks for ethical decision making in public settings through the study of ethical principles and their application in real-world ethical dilemmas. Professor Brewer tasks students with analyzing organizational ethical codes and developing their own personal code of ethics to serve as a guide throughout their professional lives.
Intuitive Eating - Camille McGoven  
**Wednesday, August 14th - 11:30am - 12:30pm Breakout Session**
Take a step back from diet culture to explore a new way to look at nutrition and health. Participants will be introduced to the principals of intuitive eating and will learn about how to build a more positive relationship with food. By looking beyond dieting and weight, we can open the door to learning to appreciate the body we live in and develop sustainable health habits.

Camille McGoven is a Registered Dietitian Nutritionist who cares about helping people live healthy, meaningful lives. Originally from the Midwest, she moved to Montana in 2012 to serve in FoodCorps, a national service program that aims to promote healthy school environments where every child is well-nourished and ready to learn. Camille has served on the Montana Academy of Nutrition and Dietetics Board of Directors as the secretary and as a member of the Public Policy Committee. She continues to work toward connecting kids to nutritious food in her current role as Assistant Director of School Nutrition Programs at the Office of Public Instruction in Helena, MT. A few of her favorite things include mountain biking, getting lost in a good science fiction book, and connecting with people over a tasty meal.

Using Technology and Working with Families to Connect them to Montana Resources - Christine Steele, Jesse Gill, and Megan Grotzke  
**Wednesday, August 14th - 11:30am - 12:30pm Breakout Session**
We all want good things for our children, and we can cultivate an environment where they can grow by building a good foundation early in life, which in turn leads to healthier youth and communities. ParentingMontana.org tools and resources will be shared with participants to address everyday parenting challenges from elementary to post high school years. Strategic referral tracking via CONNECT aims to improve the referral process in our communities by establishing accountability and improving processes for the exchange of client information. The ultimate goal is to foster a collaborative culture among service providers in Montana, reducing the number of youth in need who fall through the cracks. The Medical Home Portal serves all children and youth with special health care needs (CYSHCN) and their families achieve the best possible outcomes for their health, well-being, and success.

Christine Steele has a Master’s in Counseling Psychology and is also a certified School Counselor that has worked with at-risk families addressing substance use disorders for many years. She moved to Montana in 2015 for the opportunity to live in Big Sky country. Over the past four years she has worked for the DPHHS Addictive and Mental Disorders Division (AMDD) as the Substance Abuse Prevention and treatment Block Grant Manager to support the implementation of culturally appropriate community-based prevention strategies to reduce underage drinking 30-day use rates, youth marijuana 30-day use rates, adult binge drinking 30-day use rates and emerging substance misuse/abuse rates. Christine was able to transfer her skills from treatment to prevention work and focus on the underlying causes of substance use before it happens. Her commitment and dedication to prevention has been recognized across Montana.

Jesse joined Children’s Special Health Services in September of 2017, she’s been with DPHHS a total of eight years. Jesse’s background is social services and health insurance. She’s spent many years working to help Montana families navigate the health care system along with Medicaid assistance. She now assists families who have children with special health issues with their public health needs. Jesse also manages the genetic financial assistance program, financial assistance program, and manages the content on the Montana services directory on the Medical Home Portal.
Drawing on her diverse skill set and experience in journalism, marketing, communications, and public health, Megan Grotzke has been working to expand the CONNECT Electronic Referral System across the state since 2017. Prior to moving over to Montana DPHHS in December 2018, she served as the CONNECT Referral Coordinator at Lewis and Clark Public Health. Grotzke is involved in a number of state-level projects including suicide prevention, Substance Use Disorders (SUDs) and opioids, Family First Prevention Services Act implementation, supporting service members, veterans, and their families (SMVF) and more.

**Human Trafficking: Tools for Action - Amy Sadosky**

**Wednesday, August 14th - 11:30am - 12:30pm Breakout Session**

What is human trafficking and what does it look like in Montana? In this session, learn about factors that increase vulnerability to being trafficked, how you can recognize it in your personal and professional life, anti-trafficking efforts around the state, and what you can do to join the fight against modern-day slavery.

Amy began working with HAVEN as the Sex Trafficking Survivor Advocate in November 2018. Their goal is to develop new protocols and practices that will expand HAVEN’s scope of service to survivors in our community, as well as to provide community education on the topic of sex trafficking. They have been researching the topic of sex trafficking and the ways it impacts communities, as well as how to work with survivors to meet their unique needs and to find self-empowerment. Amy is also a member of the Gallatin Valley Human Trafficking Task Force and chairs the Protection Committee of this task force, collaborating with community organizations to provide holistic and comprehensive services to survivors of sex trafficking.

**WIC and Home Visiting Program Spotlights - who we are, what we do, and how we can work together – Kate Girard & Leslie Lee**

**Wednesday, August 14th - 11:30am-12:30pm Breakout Session**

WIC and Home Visiting will each present a basic overview of their programs and how we currently collaborate. Discussion and Q&A to follow.

Kate Girard is the Montana State WIC Director. She has been serving in this role for about 5 years, and previously worked at the local and State levels as a Dietitian/Nutritionist and Lactation Counselor. Leslie Lee is the Program Manager for the Montana Home Visiting program (Healthy Montana Families). Leslie has extensive training and experience in the Home Visiting and other early childhood programs.

**Special “Thank you” to all GBGF Keynotes and Presenters who shared their time and expertise!**