Monday, August 3rd

- Morning activity 9am – Noon
  - Football
    - The Griz (4th-6th) - Pass Drill, Diamond Catch, Drop Back, 3 Player Drill
    - The Bears (2nd-3rd) – Pass Drill, Diamond Catch, Quarterback Footwork
    - The Cubs (K-1st) – Footwork, Pass Drill, Diamond Catch
  - Volleyball
    - The Griz (4th-6th) - Pepper, Footwork, Under the Net
    - The Bears (2nd-3rd) – Pepper, Footwork, Under the Net
    - The Cubs (K-1st) – Pepper, Beach Ball Bump, Get to the Spot

- Lunch: Noon - 1pm

- Afternoon activity 1pm-3pm: We split up in groups, while one group is taking their swim lessons, break up into small group games.

Tuesday, August 4th

- Morning activity 9am – Noon
  - Football
    - The Griz (4th-6th) - Lineman Game, Route Tree, Three Point Contact
    - The Bears (2nd-3rd) – Lineman Game, Route Tree, Three Point Contact
    - The Cubs (K-1st) – Lineman Game, Gauntlet, Make the Corner
  - Volleyball
    - The Griz (4th-6th) - Pass and Dig, Wall Rebounding, Setting
    - The Bears (2nd-3rd) – Pass and Dig, Passing Form, 3 Bump
    - The Cubs (K-1st) – Passing Form, 3 Bump, Beachball Sets

- Lunch

- Afternoon activity 1pm-3pm: Rock Climbing – Officer TJ from the University of Montana Office of Public Safety is coming out to talk to the kids about safety. Campers will get a chance to ask questions and will get to check out his patrol car.

Wednesday, August 5th

- Morning activity 9am – Noon
  - Football
    - The Griz (4th-6th) - Punting, Kicking, Punt/Pass/Kick Competition
    - The Bears (2nd-3rd) – Punting, Kicking, Punt/Pass/Kick Competition
The Cubs (K-1st) – Punting, Kicking, Punt/Pass/Kick Competition

- Volleyball
  - The Griz (4th-6th)- Serving, Team Serve and Catch, Queen of the Court
  - The Bears (2nd-3rd) – Serving, Team Serve and Catch, Gopher Ball
  - The Cubs (K-1st) – Serving, Team Serve and Catch, Dead Fish

- Lunch

- Afternoon activity 1pm-3pm: We split up in groups, while one group is taking their swim lessons, the other group will do an outdoor scavenger hunt.

**Thursday, August 6th**

- Morning activity 9am – Noon
  - Football
    - The Griz (4th-6th)- Lateral Reverse Drill, Long Toss, Fourth Down
    - The Bears (2nd-3rd) – Lateral Reverse Drill, Long Snap, Fourth Down
    - The Cubs (K-1st) – Lateral Reverse Drill, Long Snap, Fourth Down
  - Volleyball
    - The Griz (4th-6th)- Three and Over, Catch and Serve, Rotations
    - The Bears (2nd-3rd) – Three and Over, Catch and Serve, Rotations
    - The Cubs (K-1st) – Catch and Serve, Rotations, Serving Survivor

- Lunch

- Afternoon Activities 1pm - 3pm: Hike Mount Sentinel. The kids will go up in groups with counselors and enjoy the view from the M, and learn about various wildflowers and natural plants on the way.

**Friday, August 1st**

- Morning activity 9am - Noon
  - Football
    - The Griz (4th-6th) - Five Passes, Ultimate Football, Flag Football
    - The Bears (2nd-3rd) - Four Passes, Ultimate Football, Flag Football
    - The Cubs (K-1st) - Make the Corner, Ultimate Football, Flag Football
  - Volleyball
    - The Griz (4th-6th)- Scrimmage, Rotations, Queens of the Court
    - The Bears (2nd-3rd) – Scrimmage, Rotations, Queens of the Court
    - The Cubs (K-1st) – Beachball Volleyball, Catch and Serve, Bumper Game

- Lunch

- Afternoon Activity 1pm - 3pm: We split up in groups, while one group is taking their swim lessons, the other group will work on crafts.
Please Note: Subject to changes based on camp enrollment sizes, weather and personnel availability.