This manual is designed for each parent/guardian to assure you have, and we have, all the necessary information to ensure Youth Camps are successful for all individuals involved. Included in this manual are some important policies and procedures for you to review and some to return to us.
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Welcome

We are extremely excited for the fourth summer of Youth Camps at the University of Montana Campus Recreation. Thank you for registering your camper with us! We look forward to being a part of your child’s summer.

At our Youth Camps we are committed to giving campers a diverse recreational experience. We will be focusing on the activity theme-of-the-week each morning, and afternoon activities will vary. Our camper to staff ratio during our themed activities will be at maximum 10:1. On Monday, Wednesday and Friday we will head to Grizzly Pool for swim lessons in the afternoon. At Grizzly Pool the ratio will be at maximum 5:1. On Tuesday and Thursday afternoons the activities will vary and the ratio will be 10:1. The Tues./Thurs. activities are outlined in a later section of this document and updated online when we make additions or changes.

Please take the time to read through this manual. It contains important information to assure a successful camp for all parties involved.

If you would like this manual mailed to you please send us an e-mail, and we would be happy to send it through USPS.

Campus Recreation Mission and Youth Camps Philosophy

Campus Recreation provides opportunities to thrive in the pursuit of well being through innovative staff, facilities, and programming.

Campus Recreation's Youth Camps is designed to foster a child’s sense of autonomy while exploring all forms of recreation. In doing so, we hope to foster a life long love for recreation in the youth of our community.

Camp Contacts

General Camp Phone Line: (406) 243-5295
Campus Recreation Front Desk: (406) 243-2802
Campus Recreation Administration Office: (406) 243-2804
Grizzly Pool: (406) 243-2763

Camp Email: campusrec.youthcamps@mso.umt.edu
General Schedule of Camp

This is a generic schedule for a day of camp. Changes to this schedule will be communicated through email.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:30am</td>
<td>Pre Rec Hours (Drop off at Campus Rec Front Desk)</td>
</tr>
<tr>
<td>8:30 – 9:00am</td>
<td>Drop Off Campers (location detailed in a later section)</td>
</tr>
<tr>
<td>9:00am – Noon</td>
<td>Weekly Themed Activities</td>
</tr>
<tr>
<td>11:30am – Noon</td>
<td>Half - day camper pickup (pickup same location as drop off)</td>
</tr>
<tr>
<td>Noon – 1:00pm</td>
<td>Lunch (Bring own Lunch)</td>
</tr>
<tr>
<td>1:00 – 3:00pm</td>
<td>Swim Lessons (Monday, Wednesday, Friday)**</td>
</tr>
<tr>
<td>1:00 – 3:00pm</td>
<td>Alternate Activities and/or Educational Session with Guest (Tuesday/Thursday)</td>
</tr>
<tr>
<td>3:00 – 3:30pm</td>
<td>Pick Up Campers at Riverbowl Fields</td>
</tr>
<tr>
<td>3:00 – 5:00pm</td>
<td>After Rec (various fun activities)</td>
</tr>
<tr>
<td>5:00 – 5:30pm</td>
<td>Pick up After Rec at Riverbowl Fields or the Front Desk of the Fitness and Rec Center</td>
</tr>
</tbody>
</table>

Tuesday & Thursday Afternoon Activity Schedule

The activities planned on Tuesday and Thursday afternoons varies. Below is a schedule of our planned activities and weekly guests. The special guests should be a surprise to our children, so please keep this between the manual and yourself.

<table>
<thead>
<tr>
<th>Week</th>
<th>Tuesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1: June 13-17</td>
<td>Forest Service Campfire Education Program with Smokey, Fish Wildlife and Parks Presentation, Watershed Education</td>
<td>Missoula Smoke Jumper Center*</td>
</tr>
<tr>
<td>Week 2: June 20-24</td>
<td>University of Montana Planetarium</td>
<td>Climbing at the Campus Rec Rock Wall</td>
</tr>
<tr>
<td>Week 3: June 27-July 1</td>
<td>M Hike</td>
<td>Missoula Bone and Joint Injury Prevention</td>
</tr>
<tr>
<td>Week 4: July 5-8*</td>
<td>TBA</td>
<td>Biking</td>
</tr>
<tr>
<td>Week 5: July 11-15</td>
<td>University of Montana Planetarium</td>
<td>River Adventure – Rafting</td>
</tr>
<tr>
<td>Week 6: July 18-22</td>
<td>Climbing at the Campus Rec Rock Wall</td>
<td>Missoula Bone and Joint Injury Prevention</td>
</tr>
<tr>
<td>Week 7: July 25-29</td>
<td>TBA</td>
<td>Missoula Smoke Jumper Center*</td>
</tr>
<tr>
<td>Week 8: Aug 1-5</td>
<td>University of Montana Planetarium and Forest Service Campfire Education Program with Smokey</td>
<td>Climbing at the Campus Rec Rock Wall</td>
</tr>
<tr>
<td>Week 9: Aug 8-12</td>
<td>Fish Wildlife and Parks Presentation</td>
<td>River Adventure - Rafting</td>
</tr>
<tr>
<td>Week 10: Aug 15-19</td>
<td>Climbing at the Campus Rec Rock Wall</td>
<td>TBA</td>
</tr>
<tr>
<td>Week 11: Aug 22-26</td>
<td>M Hike</td>
<td>Yoga</td>
</tr>
</tbody>
</table>

*Transportation to the Smoke Jumper Center will be Beach Transportation.

**We have yet to schedule a time for Warlord but will have them at camp at some point - Campers engage in medieval fantasy combat and role play with full garb and padded weapons. Campers are taught self-confidence, leadership, and discipline.

Please note that any time we may have to alter the activities due to unforeseen circumstances.
Child Check-in & Check-out Policy and Procedure

Each camp counselor will have a line on the check-in and check-out sheet. This sheet will list each child’s name and who is eligible to pick them up. We will require an initial from this individual for both check-in and check-out. Below is an example of our sheet.

Campus Recreation Youth Camps
Roster & Check-in/Check-out

<table>
<thead>
<tr>
<th>Name</th>
<th>Eligible Individuals</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joe Camper</td>
<td>Jane Camper, Dan Camper, Grandma Camper</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
</tr>
<tr>
<td>Sally Camp</td>
<td>Babysitter Name, Grandma Camper</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
<td>AM, PM</td>
</tr>
</tbody>
</table>

Drop off & Pick up Details

Drop off details

**Pre Rec:** Between 7:30am and 8:30am at the Campus Recreation Front Desk

**Camp Time:** Between 8:30am and 9:00am daily for all 11 weeks of camp.

**Location:** Location for drop off will vary. Please refer to the drop off location list below.

**Check-in Procedure:** The individual dropping off each child will need to initial the camp check-in sheet. Upon arrival you will be directed to the appropriate staff member where you initial next to your camper’s name. This will be required daily.

**Drop Off Locations:**
Week 1: June 13-17 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 2: June 20-24 – Dornblaser Fields (Park between the University Track and Fields)
Week 3: June 27-July 1 – Dornblaser Fields (Park between the University Track and Fields)
Week 4: July 5-8 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 5: July 11-15 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 6: July 18-22 – Dornblaser Fields (Park between the University Track and Fields)
Week 7: July 25-29 - Campus Recreation (Fitness and Rec Center – Front Desk)
Week 8: August 1-5 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 9: August 8-12 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 10: August 15-19 – Riverbowl Fields (North of Adams Center Parking Lot)
Week 11: August 22-26 – Riverbowl Fields (North of Adams Center Parking Lot)

*Please see the maps on the following pages for directions (pg. 6-7).
**Pick up details – Half Day and Full Day Campers**

**Half Day Camper Pick up Time:** Between 11:30a – Noon. Same location as the drop off listed above.

**Full Day Camper Pick up Time:** Between 3:00pm and 3:30pm for regular hour pick up. Children not picked up by 3:30pm will be charged for After Rec, which is $20 per week of camp.

**Location:** Riverbowl Fields (North of Adams Center Parking Lot)

**Check-out Procedure:** The individual picking each camper up will need to initial the camp check-out sheet. Campers will only be allowed to leave with an individual authorized by a parent/guardian during the online registration process or on the Authorization for Additional People to Pick Child Up form located in the parent manual (pg. 18).

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**Pick up details – After Rec**

**Time:** Between 5:00pm and 5:30pm for After Rec pick up.

**Location:** Riverbowl Fields (North of Adams Center Parking Lot) or Campus Recreation (Fitness and Rec Center) Front Desk. If children are not on the Riverbowl fields they will be in the Fitness and Rec Center.

**Check-out Procedure:** The individual picking each camper up will need to initial the camp check-out sheet. Campers will only be allowed to leave with an individual authorized by a parent/guardian during the online registration process or on the Authorization for Additional People to Pick Child Up form located in the parent manual (pg. 18).

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**Parking on Campus**

There will be no ticketing for camp parents in any of the lots surrounding our drop off areas as long as you are not parked for an extended amount of time.
Campus Maps

Directions to Dornblaser Fields - Drop off area on South Campus
Main Campus Map – Campus Recreation and Schreiber Gym are marked with red X’s. An arrow points to where Riverbowl Field is located, it is directly north of the large parking lot in front of the Adams Center and Rec Center.
Transportation During Camp Hours

At Campus Recreation Youth Camps we will be using two forms of transportation: our feet and The Mountain Line bus system. While on main campus we will walk from location to location. From South Campus (Dornblaser Fields and Grizzly Golf Course), we will be riding the Mountain Line Route 1, the Bolt or Route 12. For more information about The Mountain Line please visit their website: www.mountainline.com. We will travel to the Smoke Jumper Center and to our river put-ins and take-outs on Beach Transportation buses.

What to Bring to Camp

Below you will find a list of items campers are required to bring each day and a list of suggested items.

Required Daily Items

- Athletic Footwear – Please no sandals, shoes must have laces or Velcro
- Athletic Clothing – we will be very active!
- A Lunch
- A morning & afternoon snack
- Water bottle
- Jacket and/or sweatshirt
- Backpack or bag (each child will receive a Youth Camps cinch bag)
- Swimming Suit (Monday, Wednesday, and Friday)
- Towel (Monday, Wednesday, and Friday)
- **On Friday June 17, Thursday July 7 and Friday August 12 we will be going on a bike ride. If your child has a bike and helmet at home please plan on bringing it on Friday morning. There will be an alternative activity for those children without bikes.**

Suggested Daily Items

- Sunscreen
- Hat
- Snacks
- Raingear
- Change of clothes

Items to Leave at Home

- Personal Toys, gadgets and books
- Cell Phones & electronics
General Camp Policies

Free Play
At times Campus Recreation Youth Camps provides campers the opportunity to engage in free play. During these times we provide equipment and supervision, however, we do not provide instruction. This gives campers the opportunity to engage in freely chosen and camper directed activities. Counselors can jump in and play if asked by campers, otherwise they will supervise. We will limit free play time and provide campers with guided activities most of the time, however, we want to make you aware of this new commitment at our camp. Specific times you may see free play is during drop off time, lunch time (after they have eaten), Pre Rec and After Rec Hours.

Counselor Cell Phone Use
You may see our counselors using their cell phones periodically throughout the camp day. We provide all of the counselors their curriculum and schedule through google docs. This allows them to reference information during any point of the day. Also, due to having so many moving parts to our camp we often have to relay information from the office to our counselors. We do this via text messaging; this is the quickest and most efficient way to make sure we are all on the same page.

Restroom Use
When we are at either Riverbowl or Dornblaser fields the campers have access to a portable toilet. If we are in the Fitness and Rec Center, Grizzly Pool, Dornblaser Track and Field or near a university building we are able to use a regular restroom facility. However, at Riverbowl and Dornblaser we do not have this option. The portable toilets allow us to maintain our camper to staff ratio and maintain our counselor policy of not allowing one-one interaction with campers.

Counselor Safety Training
At Campus Recreation Youth Camps we are committed to doing everything we can to keep your child safe while in our care. Each of our counselors and staff members are trained in the following ways:

- American Red Cross - First Aid
- American Red Cross - Adult and Child CPR/AED Training
- Campus Recreation Youth Camps Emergency Action Plan
- Youth Camps policies and procedures
- Curriculum, instruction, and coaching techniques and guidelines
- 3+ hour training facilitated by a trained professionals on child safety
- Leadership, Communication and Behavior management training
- Swim Instructors will receive their Water Safety Instructor (WSI) Certification from the Grizzly Pool
- Belay training and certifications from the Campus Recreation Outdoor Program

In addition to the above training, a background check has been done on each staff member.
**Camp Staff**

One of the goals in creating Campus Recreation Youth Camps is to provide quality professional experience for students at the University of Montana. The Assistant Directors, Lead Counselors, and Counselors are all students at the University of Montana. Youth Camps creates an environment for them to apply the skills, abilities and knowledge they learn in the classroom out in the field. All counselors are encouraged to take on leadership roles in creating curriculum, adapting it to each age group, and executing it in the field.

**Assistant Directors**

Assistant Directors are responsible for creating the day-to-day camp curriculum, overseeing counselors, and ensuring camp policies and risk management procedures are properly followed.

**Tyler Bowen**

- M.Ed. Curriculum and Instruction.
- B.S. Heath and Human Performance.
- 15 years working with kids as a sports official, coach, teacher and instructor.
- Was recently hired as the new 7th grade resource teacher at Meadow Hill Middle School.
- I am a sports fanatic with a passion for health and fitness. I grew up playing every sport I had an opportunity to try. I am still very active playing various sports, as well as enjoying all of the outdoor opportunities Montana allows.
- “I’m excited to help your kids explore new activities that will help them keep an active and healthy lifestyle throughout their lives. I want to provide a unique and exceptional summer experience for your children.”

**Raynee Clairmont**

This will be Raynee’s 4th year on staff. She has her M.A. in Curriculum and Instruction at the University of Montana and a Bachelors Degree in Forestry. She is currently teaching at Dayton Elementary School. Dayton is a small school, so she wears many hats. She teaches 2nd and 3rd grade, 3rd-6th grade math and 1st-2nd grade science. Prior to teaching she gained experience working with children from working at the Rocky Mountain Elk Foundation Visitor Center, volunteering with the Flagship program, and working as a camp counselor for the Montana Natural Resources Youth Camp. She also actively plays basketball, volleyball, and softball. Raynee was selected as an all-state high school athlete in basketball, volleyball, and track and has played in several state-wide tournaments.
Counselors
Counselors are responsible for executing the camp curriculum, and mentoring, coaching and providing a safe environment for all campers

Emma Andrews

Emma is from Kalispell, MT and has lived in Montana her entire life. She is studying Elementary Education and is getting a reading endorsement. She is also on the track team here for the University, participating in long and high jump. Some of her favorite things to do are hiking, camping, snowboarding, and fly fishing. This will be her second year working with Campus Rec Youth Camps. Her life has been revolved around sports through participation and coaching. She also has gained experience through nannying. I cant wait to see all of the returning campers from last year, and get to know all of the new faces!

Taylor Calenberg

Taylor is a junior at the U of M majoring in Health Enhancement with a minor in special education with the hopes of becoming a teacher and a coach for younger students to help introduce and influence them into living a healthy and active lifestyle. He has lived in Montana since 3rd grade and never plans on leaving. He has been a sports and outdoors enthusiast all of his life. He has been involved in basketball, football, track & field, softball, and also helped coach little guy wrestling. He enjoys cooking, hiking, and camping along with everything in between. Taylor has been married for 2 years and has a beautiful 5 year old daughter and a 6 month old son. In his free time he likes to play with his kids, read, and watch sports. He is looking forward to the opportunity of working with the kids this summer and helping them grow and learn more about themselves.

Shanel Curtis

Shanel Curtis is currently majoring in Health Enhancement and Art at the University of Montana and hopes to utilize her experience with campus recreation in the classroom when she starts teaching. She is a returning student to the University of Montana and originally obtained her first certificate degree in Culinary Arts at the Missoula College over ten years ago. “I want to combine two subject matters that usually have nothing in common to better enrich the lives of my future students who might not have interest in either subject matter. I want to focus on the other 95% of students who are not excellent at physical fitness or art and show them that there are fun aspects in these subjects that they are not aware of. My ultimate goal would be to incorporate healthy cooking ideas in the classroom so students who will one day do all the cooking for themselves, will be able to do it healthfully.” In the words of John F. Kennedy “physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.”

Jenna Dukovcic

Jenna is originally from Washington State and moved to Montana almost 2 years ago. She is majoring in biology with a concentration in ecological and organismal studies. She hopes to get involved with research and possibly pursue veterinary school! She has been involved in sports her whole life, with varsity letters in both soccer and track in high school. She continues her sports career at the University of Montana. Jenna is a member of the track and field team as a multi-event athlete, but my main events are long jump and high jump. In her free time she enjoys backpacking, camping, hiking, and fly fishing! "I can’t wait to spend the summer coaching our camp kids!"
Kyle Dyrud

Kyle Dyrud will be going into his senior year here at the University of Montana of Montana. He is majoring in psychology and plans on pursuing his Masters degree here at the U in School Psychology. He has lived in Montana his entire life and grew up on a wheat farm. In high school he played football, basketball, and track and was an All-Conference selection in football. He enjoys hunting, fishing, camping, and hanging out with friends and family. Throughout the school year he worked for an after-school program called Campfire USA. He believes that having children develop a love for being outdoors and being active from a young age can only help them develop into wonderful and healthy young adults. "By working for the summer camp, I really hope I am able to instill a love for being active into the kids as well as helping them to have as much fun as possible."

Libby Harris

Libby is a junior studying Accounting and Finance with hopes of pursuing a career in the business world. This is her first year working for Campus Recreation, but she has gained experience with children through babysitting her younger siblings, who are age 2 and 6. She has also volunteered with the Flagship Program at Lowell Elementary. Libby has grown up playing soccer and loves spending time with kids. Her hobbies include going to movies, drawing, reading, studying, and taking advantage of any opportunity to get outdoors and explore Missoula. This is her first summer spent in Missoula, so she is looking forward to getting in the sun and having fun and rewarding experiences. "I can’t wait to observe and learn from the kids while at camp!"

Madyson Klapmeier

Maddy is a senior at the University, majoring in Health and Human Performance- Exercise Science with a minor in psychology. This fall she will be applying to graduate school for a Master of Occupational Therapy degree. She has been babysitting since she was 10 years old and has participated in sports for as long as she can remember, volleyball and track and field are two of her favorites. She has lived in Montana her whole life so she loves camping, fishing, and being near the water! Her biggest passion is traveling anywhere and everywhere- and her favorite undergrad memory is when she studied abroad in Greece! "This will be my first and last summer staying in Missoula so I’m excited to meet the campers and make some great memories with Youth Camps!"

Jennifer Konicek

Jennifer is double majoring in mathematics education and psychology, and plans to be a high school teacher after she graduates. She played soccer and softball growing up before taking up marching band and winterguard in high school. She also loves to bike, hike, windsurf, and kayak. Throughout college, she has volunteered with flagship at both CS Porter and Washington Middle Schools, teaching lacrosse, swimming, cross country skiing, and a variety of other outdoor activities. She has also been a part of the fencing club and the marching band at the university. This will be her second summer in Missoula, and she is looking forward to spending it staying active and having fun with the Youth Camp counselors and campers!

Jordan Lahr

Jordan is a senior at the University of Montana. He is pursuing a degree in Sociology and a minor in History. Jordan has played sports all his life and feels sports and recreational activities play a very important role in many different aspects of children’s lives. This is his second year working with Campus Recreation Youth Camps and he looks forward to another summer.
Bailey Meredith

This is Bailey’s first year on the staff with the Campus Rec, but she has worked at summer programs as a camp counselor and absolutely loved it! She will be a senior at UM studying HHP Community Health with a minor in Global and Public Health. She played a ton of sports growing up but gravitated towards Competitive cheer, and gymnastics as her main focus. She was born in Kansas City, but has lived all over the country. Bailey has lived in Montana for the past 6 years and loves everything about the 406 from the Mountains, lakes, and trails. She loves traveling, being outdoors, and spending time with her family and friends. This is her second summer in Missoula and she is so excited for a summer filled with awesome kids that are ready to have some fun!

Leah Payne

This is Leah’s second summer with the Campus Rec Youth Camps. She loved working with the Cubs last summer and can’t wait for this summer! Recently graduated from the University of Montana with a bachelors degree in music, Leah hopes to attend graduate school to study music therapy within the next year. Throughout her college career, she has had a passion for working with kids. Leah has volunteered at C.S. Porter middle school and Paxson elementary school, worked at The Growing Tree Daycare and currently works part time at the Rocky Mountain Elk Foundation Visitor Center. In addition to spending time with kiddos, Leah loves to play volleyball, run, bike, hike, swim, and ski.

Stephen Pelletier

Stephen was raised in Pocatello, ID and came to Missoula and UM for the great outdoor opportunities and active culture. He is a Biology and Secondary Education Major, wishing to educate high schoolers. He has been a children’s ski and snowboard instructor for four years and was a middle-school youth group leader for two years. Stephen is an outdoor sports enthusiast but also played lacrosse, hockey, football in high school, and ran cross country in grade school. He loves teaching and building relationships with kids and believes that rich experience is invaluable to healthy child growth.

Annie Prat

A rising Junior at Montana State University studying Industrial and Management Systems Engineering with a minor in Human Development. She has been involved in sports since a very young age. She has played soccer, basketball, run cross-country and track throughout her sports career. She has also worked for camps previously as a counselor and swim instructor. She has also been working with children since the age of 12 as a babysitter. She is looking forward to a summer in Missoula as a counselor to be able to help teach children about different sports as well as make sure they have a fun summer experience.

Gill Ritchie

This is Gillian’s first year on staff with Campus Rec, but not her first experience being a camp counselor. She will be entering into her junior year at UM in the fall, studying Community Health within the Health and Human Performance Department. She has played sports like softball, basketball and ultimate frisbee for much of her life and values the experience this summer has to offer as it supports what she is hoping to do with her career after college: helping kids learn how to be healthy. Bringing a lot of childcare and service learning experience with a passion for being active, Gill is super excited about being involved with Campus Rec this summer.
Anna Rouse

Anna is a junior at the University of Montana studying Science Education. Before transferring to the U last year, she played varsity soccer at her college and now referees for Campus Intramurals. In her free time, you can find Anna reading, catching Pokémon, listening to any of the 2500+ songs on her ipod, saving Hyrule, petting every cute dog possible, binge watching Big Bang Theory, or napping. While this will be her first year working Campus Recreation Youth Camps, Anna has years of experience being a counselor at the Girl Scout camps in Washington. Anna’s favorite outdoor activities include biking, camping, and floating the river. This will be her first summer in Missoula and she’s really excited to spend it at youth camp!

Nolan Thompson

Nolan was born in Temecula California, and reside in Huntington Beach CA. He is still exploring his options for majors. He is a current student-athlete playing football. He played 3 sports in high school, basketball, football, and track. His hobbies are any activity outdoors, all sports, fishing, hiking, singing and playing the guitar and ukulele. He has experience coaching youth basketball camp for 2 years, as well as, training young children at a gym that is geared toward training athletes. It is called Prodigy Athletes. "I am thankful for the opportunity to be a positive influence on the kid's lives, and greatly look forward to camp!"

Skylar Vukasin

Skylar is a senior at the University of Montana, pursuing a degree in Business Management. Throughout high school, she was a member of swimming, cross country, and track teams. At the age of five, Skylar started dance lessons and continued with them for fifteen years. In that time, she taught dance lessons in her studio and also in for community events. She believes that being active and participating in any kind of sport or activity is not only healthy, but teaches people things like determination, teamwork, dedication, and how to work hard to achieve a goal. This is her second year working with Campus Recreation Youth Camps and she’s excited to be back working with kids and hanging out in the sunshine.

Elissa White

Elissa is a senior studying Community Health with hopes of pursuing a career in Health Education. This is her first year working camps for Campus Recreation, but she has prior experience teaching swim lessons and camp counseling elsewhere. She has also volunteered with Flagship at Franklin elementary. She also is a UDASH Bus driver for ASUM transportation on campus and has been doing that for 2 years. Growing up Elissa was a swimmer, and played soccer and lacrosse, she additionally played a little of most every other sport. She was on the varsity Lacrosse, Soccer and Golf teams in High School. When not working she likes to float the river, hangout and hammock with her cat and play on her city league softball team. She says she is most excited to enjoy another beautiful Montana summer and get to work outside while wearing shorts this summer.
Camp Directors
Camp Directors are responsible for ensuring a safe, fun, and rewarding summer camp experience for the youth of our community. They oversee all curriculum, risk management, personnel, and budgeting operations.

Zach Sherbo, Director of Youth Camps

- 8-year employee of Campus Recreation managing Intramural sports, Special Events and Youth Camps.
- Assistant coach for Missoula Mavericks American Legion baseball team for 3 years. Assisted in development and implementation of their annual youth baseball camp along with other coaching duties.
- I have grown up in Montana surrounded by athletics and recreation, and I am fortunate to live in such a beautiful place where I can share these passions with so many other people. I am excited to have my son in Youth Camps this summer where I know that he will be receiving the best instruction, guidance, and support daily.
- “As a father and professional at Campus Recreation, I am very excited to offer a summer camp that incorporates more aspects than the usual sport-related summer camp. I feel it’s important for youth to be able to experience it all. Here at our Youth Camps, participants will have the opportunity learn about the outdoors, health and fitness, receive swim lessons, as well as sport instruction each week from quality student counselors.”

Natalie Hiller-Claridge, Senior Assistant Director, Programs and Development

- 13-year employee of Campus Recreation managing: Intramural sports, Special Events, and Youth Camps.
- 5 years experience as a Grizzly Soccer Camp counselor and 2 years as Assistant Director.
- As a professional, I am passionate about promoting a healthy lifestyle through offering quality recreational opportunities for our community. Personally, I am passionate about my family and take every opportunity I can to get my 5-year-old daughter and 2-year-old son out recreating.
- "I am excited to be involved in the development of our Youth Camps. This new program will open doors to the youth of the Missoula community, as well as provide valuable professional experience to the counselors, which will supplement the quality education they are receiving at The University of Montana."
Parental/Guardian Forms and Acknowledgement of Risk

If you registered online you had the opportunity to accept the Acknowledgement of Risk, and give us all the information we ask on the forms in this section. If you did, it is not necessary for you to fill out the forms in this section. However, if any information you inputted during the online registration process has changed please take the time to fill out the form associated with these changes.

If you registered over the phone you had the opportunity to accept the Acknowledgement of Risk, and give us all the information we ask on the forms in this section. If you did, it is not necessary for you to fill out the forms in this section. However, if any information you told us over the phone during the registration process has changed please take the time to fill out the form associated with these changes.

If you registered in person at the front desk of the Rec Center you had the opportunity to accept the Acknowledgement of Risk, First Aid Permission, Photo Policy, Camper Conduct, Payment and Refunds and Cancellation Policy. If you did, it is not necessary for you to fill out all the forms in this section unless information you told us during the registration process has changed, if so, please take the time to fill out the form associated with these changes.

If you registered in person we do need you to fill out the Medical/Consent Form, which is on the next page. Please read, fill out, and sign all the necessary forms in this section. All Parents/Guardians must complete and return these forms before we can allow your child to participate in the Campus Recreation Youth Camps.

We ask that you return these completed forms to Campus Recreation Youth Camps by:
5:00pm on the Thursday before the first session your child is attending.

Please return these forms in one of the following ways:

Mail to:
University of Montana
Campus Recreation Youth Camps
Missoula MT 59812

Scan and Email to:
campusrec.youthcamps@mso.umt.edu

Bring to:
The Fitness and Recreation Center’s front desk on the University of Montana Campus
Map
# Medical/Consent Form

## University of Montana Campus Recreation

### 2016 Summer Youth Camps

## Camper Information

<table>
<thead>
<tr>
<th>Name:</th>
<th>Birth Date:</th>
<th>Nickname:</th>
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<th>Parent/Guardian:</th>
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## Insurance Information

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<table>
<thead>
<tr>
<th>Group Number:</th>
<th>Agreement Number:</th>
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</table>

Individuals without medical insurance can request Special Risk Accident coverage through a limited accident medical coverage policy provided by Campus Recreation Youth Camps.

## Medical Information

### Current Medical Condition:

1. 
2. 
3. 

### Allergies (Foods, Medications etc..)

1. 
2. 
3. 
4. 

### Activity Restrictions:

1. 
2. 
3. 
4. 

### List prescription and non-prescription medications you are taking and purpose:

1. 
2. 
3. 
4. 

### Does Camper Self-Medicate? Date of Last Tetanus Shot:

Yes  
No

### Comments on child or other specific medical issues:

________________________________________________________________________________________
________________________________________________________________________________________

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18 Parental/Guardian Forms and Acknowledgement of Risk
| Campus Recreation Youth Camps
Permission to Receive First Aid

My child is sufficiently fit to participate in this program. The health history information I provided is accurate, complete, and true to the best of my knowledge. I agree to notify the program facilitators of any changes to my child’s health and fitness, which may occur before or during the program. Should my child become ill or injured, I give my permission for any representatives of Campus Recreation or The University of Montana to render first aid.

Signature: ___________________________________________ Date: __________________________

Consent for Emergency Medical Treatment

The University of Montana does not provide medical insurance or other medical facilities or services for the participants in University of Montana Campus Recreation Youth Camps. To assure that medical treatment may be made available to participants in a timely manner, should the need arise, the University requests that the treatment authorization below is signed by the appropriate parent or guardian.

**Treatment Authorization Statement.** I hereby authorize any licensed medical doctor of the Missoula medical community to administer to my (circle one) son/daughter/ward, any appropriate medical treatment services which may be necessary to assure physical health and well-being during the period of his/her participation at the University of Montana Campus Recreation Youth Camps. It is fully understood and agreed that I shall be responsible for payment of any expense incurred for medical attention and the University of Montana or doctor shall make a sincere effort to contact me to obtain verbal authorization prior to relying on this written authorization.

Signature: ___________________________________________ Date: __________________________

(Parent or Legal Guardian)
To best ensure each child has the most positive and successful experience at camp we ask for you to check Yes or No to each statement below in regards to the mental, emotional, learning and social health of your child. If any of the questions below are answered yes we will contact you for further information, or feel free to contact us. We appreciate your honesty and accurate response to these questions.

**Impacts Learning:** This camper has been diagnosed with a condition that impacts learning (e.g. ADHD, sensory processing problem). Yes or No

**Psychiatric Diagnosis:** This camper has a psychiatric diagnosis such as depression, obsessive-compulsive (OCD, panic/anxiety disorder). Yes or No

**Emotional Health:** This camper has an emotional health concern. Yes or No

**Professional Counseling:** During the past academic year, this camper saw or is currently seeing a professional to address mental/emotional concerns. Yes or No

**Significant Life Event:** This camper has had a significant life event that continues to affect the camper's life. Yes or No
Emergency Contact Information
University of Montana Campus Recreation
2016 Summer Youth Camps

Please list the name of the individual(s) you wish to be contacted in an emergency situation when the parent or guardian listed on your registration form is unable to be reached.

Individual 1

In Case of an Emergency, please contact: ______________________________________________________________
Emergency Contact Relationship to the Child: ____________________________________________________________
Emergency Contact Home Phone: ________________Cell Phone: ________________ Work Phone: ________________

Individual 2

In Case of an Emergency, please contact: ______________________________________________________________
Emergency Contact Relationship to the Child: ____________________________________________________________
Emergency Contact Home Phone: ________________Cell Phone: ________________ Work Phone: ________________

Authorization for Additional People to Pick Child Up
University of Montana Campus Recreation
2016 Summer Youth Camps

Please list the name of the individual(s) you authorize to pickup your child from camp or After Hours Rec when the parent or guardian listed on your registration form is unable to.

Name: ___________________________________________ Phone Number: ________________________________
Name: ___________________________________________ Phone Number: ________________________________
Name: ___________________________________________ Phone Number: ________________________________

I authorize the individual(s) listed above to pickup my child from camp or from After Hours Rec.

Signature: ___________________________________________ Date: ________________________________
Parental Waiver Acknowledgement of Risk

University of Montana Campus Recreation
2016 Summer Youth Camps

I, the undersigned, affirm that the University of Montana Campus Recreation (“Campus Rec”) is providing me with access to, and use of, certain programs and facilities at The University of Montana (“UM”). I understand that participation in Campus Rec programs and facilities require physical exertion and that, as with any activity or program involving physical exertion, there are certain inherent risks to personal health, safety, and/or property.

I understand that I should not participate in any said programs unless I am willing to accept the associated risks. I understand that UM cannot guarantee my health and safety while participating in these programs. I understand that my failure to acknowledge and accept these risks will disqualify me from gaining access to, and use, the programs.

By accepting this you acknowledge and accept the inherent risks provided with this program.

I hereby acknowledge that certain risks of injury are inherent to participation in Youth Camps recreational and classroom activities. These types of injuries may be minor or serious and may result from the camper’s actions, or the actions or interactions of others, or a combination of both. I understand that certain activities require a minimum level of fitness and health (physical, mental, and emotional) and that each person has a different capacity for participating in these activities.

I agree that as a participant in the above program(s), I am responsible for my own behavior and well-being. I understand that in event of accident or injury, personal judgment may be required by program personnel regarding what actions should or must be taken on my behalf. I acknowledge that UM Campus Rec personnel may not legally owe me a duty to take any action on my behalf.

I also understand that it is my responsibility to secure personal health insurance in advance, if desired, and to take into account my personal health and physical condition. I have no serious health issues or problems that would preclude me from participating in the program(s) or that present an abnormal, unusual, or unreasonable risk of, or susceptibility to, injury. I further agree to abide by any and all Campus Rec rules and policies applicable to this program; and, I will take responsibility for abiding by specific requests made of me for my safety, the safety of others, or the welfare of any general interest concerning the program. I understand that UM reserves the right to exclude my participation in the program(s) if at any time my participation or behavior is deemed detrimental to the safety and welfare of others.

I acknowledge that engaging in the program(s) may require a degree of skill and knowledge different from other activities and that I have responsibilities as a participant. I acknowledge that Campus Rec has been available to fully explain to me the nature and physical demands of the program(s) and the inherent risks, hazards, and dangers associated with this activity. I acknowledge that my participation in the program(s) is purely voluntary, and I elect to participate with full knowledge of the inherent risks. I knowingly assume all risks connected with the program(s), and agree, to the extent permissible by law, to indemnify and hold UM, its officers, agents, employees, and all third party property owners where the program(s) activities occur, from any and all costs, charges, claims, demands, losses, damages, causes of action, suits, and liabilities of any kind, including the expenses of litigation, court costs, and attorney’s fees, for injuries to, or death or illness of any person, or for damage to any property arising out of or in connection with my involvement in the program(s).

FITNESS TO PARTICIPATE
I have fully informed myself of the contents of this affirmation by reading it before I signed it. I am of lawful age and legally competent to sign this affirmation and acknowledgement of risk. I assume my own responsibility of physical fitness and capability to perform the activities involved in the program(s). I understand if I have any question as to whether a physical or medical condition would prevent my full participation in the program(s), I will immediately notify a Campus Rec employee.

PHOTOS AND/OR VIDEO – PROMOTIONAL USE
I agree to allow UM to use photos and or video of me engaged in the program(s) for promotional materials, grant purposes, or any other reason.

By signing this document through the registration process you may be waiving your legal right to a jury trial to hold the provider legally responsible for any injuries or damages resulting from risks inherent in the sport or recreational opportunity or for any injuries or damages you may suffer due to the provider’s ordinary negligence that are the result of the provider’s failure to exercise reasonable care.

Signature: __________________________   Date: __________________________

(Parent or Legal Guardian)
Camper Conduct Agreement
University of Montana Campus Recreation
2016 Summer Youth Camps

Campus Recreation reserves the right to dismiss a camper if their behavior jeopardizes their safety or another campers’ safety and well-being, in these situations guardians will be called immediately. For minor issues regarding camper conduct guardians will be notified in person or by email.

Signature: ___________________________________________ Date: ____________________________
(Parent or Legal Guardian)

Cancellation Policy
University of Montana Campus Recreation
2016 Summer Youth Camps

Campus Recreation Youth Camps reserves the right to cancel any session or modify activities due to enrollment numbers, facility problems, staff concerns, or circumstances beyond its control. Guardians will be notified immediately if a session is altered in any way.

Payment and Refunds
University of Montana Campus Recreation
2016 Summer Youth Camps

Payment is due in full upon registration. Refunds will be given at 50% of paid session price, if requested, by payment due date [10 days prior to session start].

I have read and understand the Cancellation, Payment, and Refund Policies:

Signature: ___________________________________________ Date: ____________________________
(Parent or Legal Guardian)

Photos and/or Video – Promotional Use
University of Montana Campus Recreation
2016 Summer Youth Camps

I agree to allow Campus Recreation Youth Camps to use photos and or video of my son/daughter/ward engaged in recreational activities for promotional materials, and grant purposes.

Signature: ___________________________________________ Date: ____________________________
(Parent or Legal Guardian)