

“RECOMMENDED” (Not Required) IMMUNIZATIONS

Guidelines for Recommendations	Dates of Injection
<p>Polio: Polio is a serious illness caused by oral transmission of the virus to humans. There have been no cases of polio in the USA in the last 20 years. Therefore, the vaccination is only recommended for those traveling in countries where the poliovirus is endemic.</p>	<p>POLIO (last date of series): Date: _____</p>
<p>Hepatitis B: Hepatitis B is a virus that attacks the liver, leading to cirrhosis, liver cancer and even death. It is spread through contact with blood and body fluids of an infected person. This contact may occur with unprotected sex, sharing needles when injecting drugs, accidental contact with blood through cuts or needle stick injuries and from mother to baby. The hepatitis B vaccine is highly recommended to help prevent this disease.</p>	<p>HEPATITIS B 1st Date: _____ 2nd Date: _____ 3rd Date: _____ Titer: Results: _____ Date: _____</p>
<p>Meningococcal: Meningococcal disease is very serious and is caused by bacteria. Infection can lead to severe health problems like seizures, strokes, neurological problems and possibly death. The CDC has found that college freshman, living in dormitories are at higher risk of getting this disease. The meningococcal vaccine can prevent 2 of the 3 most common types of meningococcal disease in the USA. Duration of protection is 3-5 years.</p>	<p>MENINGOCOCCAL Date: _____</p>
<p>Pneumococcal: Pneumococcal disease can cause illness and death. These bacteria can lead to pneumonia, infection in the blood and in the brain coverings. It kills more people in the USA each year than all other vaccine-preventable diseases combined. Students with chronic health problems are at higher risk for contracting this disease. Pneumococcal vaccine protects against 23 types of Pneumococcal bacteria.</p>	<p>PNEUMOCOCCAL Date: _____</p>
<p>Diphtheria-Tetanus: Tetanus (lockjaw) is a potentially fatal disease of the central nervous system caused by an organism that enters the body through cuts and wounds. Diphtheria is a serious illness, is highly contagious and can cause respiratory problems, heart failure, paralysis and even death. Vaccination is the best protection against these diseases. Repeat vaccination is recommended every ten years.</p>	<p>DIPHTHERIA-TETANUS (Td or Tdap) date of last vaccine One (1) immunization within last 10 years Date: _____</p>
<p>Varicella (Chicken Pox) : The chickenpox virus can be spread from person to person through the air or by contact with fluid from chickenpox blisters. It can lead to severe skin infection, scars, pneumonia, brain damage or death. A person who has had chickenpox can get a painful rash called shingles years later. Many college students are immune to chickenpox as a result of past exposure. Therefore a blood test is recommended to check for immunity to chickenpox before a vaccine is administered.</p>	<p>VARICELLA (Chicken Pox) Titer: Results: _____ Date: _____ If Negative: 1st Date: _____ 2nd Date: _____</p>
<p>Hepatitis A: Hepatitis A is a serious liver disease caused by the hepatitis A virus (HAV). HAV is found in the stool of persons with hepatitis A. It is usually spread by close personal contact and sometimes by eating food or drinking water containing HAV. Hepatitis A can cause a mild "flu-like" illness, jaundice (yellow skin or eyes), severe stomach pains and diarrhea. This vaccine is recommended for those who are traveling or live in endemic areas, for men who have sex with men, IV drug users, persons with chronic liver disease and persons who receive clotting factor concentrates. Protection is thought to be lifelong.</p>	<p>HEPATITIS A 1st dose Date: _____ 2nd dose Date: _____</p>
<p>HPV: A vaccine indicated in girls and women 9-26 years of age for the prevention of cervical cancers and genital warts caused by the Human Papillomavirus (HPV) types 6, 11, 16, and 18. The CDC estimates that 50 % of sexually active people catch HPV during their lifetime. A male or female of any age who takes part in any kind of sexual activity that involves genital contact is at risk. Many people who have HPV may not show any signs or symptoms. This means they can pass the virus on to others and not know it.</p>	<p>1st dose Date: _____ 2nd dose Date: _____ 3rd dose Date: _____</p>