

How to Delete Your Browsing History in Internet Explorer 7

When you browse the web, Internet Explorer stores information about the websites you visit and information you are frequently asked to provide (for example, your name and address). Sometimes it's helpful to have this information on your computer because it can speed up browsing actions or automatically provide information. However, there are times when you may want to delete the information to keep your computer clean or if you are using a public computer and do not want your personal information to be left on that computer. Here are the steps for deleting browsing history in Internet Explorer 7.

1. Open Internet Explorer and click on **Tools**.
2. Click on **Internet Options**.
3. On the General Tab, under Browsing history, click **Delete**.
4. A Delete Browsing History dialog box displays. You have the option of deleting:
 1. Temporary Internet Files
 2. Cookies
 3. History
 4. Form data
 5. Passwords
5. You may click each item individually, or click **Delete all...** at the bottom of the window.
6. A Deleting Browsing History dialog box will display providing status of the process. This can take a bit of time if you have not deleted these for a while. When it is finished, the dialog box disappears and browsing history has been deleted.
7. You can now close the **Internet Options** dialog box.