Agenda
2013 Cardiovascular Health Summit
April 12 – Crowne Plaza
Billings, Montana

7:00-8:00  Registration & Continental Breakfast (South Foyer)
8:00-8:05  Opening

8:05-9:05  Keynote – Dyslipidemia Management: State of the art 2013
  • Eliot Brinton, MD, FAHA, FNLA, Diplomate American Board of Clinical
    Lipidology – Director of Atherometabolic Research, Utah Foundation for
    Biomedical Research, Salt Lake City, Utah
    Location: Ballroom BC

9:05-9:15  Stretch Break

Sessions from 9:15 am – 11:45 am and 1:45-2:45 pm are concurrent with two options.
You may alternate between the 2 tracks.
  ▪ Track 1 Breakouts – Clinical Care of Patients with CVD or Risk Factors
  ▪ Track 2 Breakouts – Promising Practices in Cardiovascular Health

9:15-10:15  Track 1: Secondary Prevention of Cardiovascular Disease: What works?
  • Randal Thomas, MD, MS – Director, Cardiovascular Health Clinic, Mayo
    Clinic, Rochester, Minnesota
    Location: Ballroom BC

Track 2: Type 2 Diabetes and Obesity: Evolving treatment strategies
  • Christopher Sorli, MD, PhD – Chair, Department of Diabetes, Endocrinology
    and Metabolism, Billings Clinic, Billings, Montana
    Location: Conference 5

10:15-10:45  Nutrition Break/Exhibitor Session
Location: South Foyer
10:45-11:45  **Track 1: Home Blood Pressure Measurement; The Impact of Improved Blood Pressure Control**  
- Norman Campbell, MD, FRCPC – Professor of Medicine, Physiology and Pharmacology, Community Health Sciences, University of Calgary, Alberta, Canada  
**Location:** Ballroom BC

**Track 2: Healthy Aging: Approaches to reduce chronic disease risk**  
- Alice Lichenstein, DSc – Stanley N. Gershoff Professor of Nutrition Science and Policy, Friedman School; Director and Senior Scientist, Cardiovascular Nutrition Laboratory, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University, Boston, Massachusetts  
**Location:** Conference 5

11:45-12:45  **Track 1: Current Management of Advanced Heart Failure**  
- Brenda Thompson, MS, CNS, APRN, CCRN, FAHA – Clinical Nurse Specialist, Heart Failure Disease Management Program, University of Texas Southwestern Medical Center, Dallas, Texas  
**Location:** Ballroom BC

**Track 2: Prevailing Trends in Behavior Therapy, Weight Loss and Weight Maintenance**  
- Elizabeth Venditti, PhD – Assistant Professor of Psychiatry & Epidemiology, University of Pittsburgh School of Medicine; Director, Lifestyle Resource Core, Diabetes Prevention Program Outcomes Study, Western Psychiatric Institute and Clinic/University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania  
**Location:** Conference 5

12:45-1:45  **Lunch/Continue Exhibitor Session**  
**Location:** Seating available in Ballroom A

1:45-2:45  **Track 1: Opportunities to Promote Cardiovascular Risk Reduction Within the Patient Centered Medical Home**  
- F. Douglas Carr, MD, MMM, FACP – Medical Director, Education & System Initiatives, Billings Clinic, Billings, Montana  
**Location:** Ballroom BC

**Track 2: Current Concepts of Exercise Prescription for Aerobic and Resistance Training**  
- John Porcari, PhD, RCEP, FACSM, MAACVPR - Professor, Department of Exercise and Sports Science - University of Wisconsin, La Crosse, Wisconsin  
**Location:** Conference 5

2:45-3:00  **Stretch Break**

3:00-4:00  **Plenary – What Every Health Professional Needs to Know About Intuitive Eating**  
- Evelyn Tribole, MS, RD – Consulting Nutritionist, Newport Beach, California  
**Location:** Ballroom BC