Please attach/submit additional documents as needed to fully complete each section of the form.

I. DEPARTMENT / PROGRAM

Health and Human Performance -- Graduate Program in Exercise Science (Master of Science)

II. SUMMARY

Remove HHP 528 -- Advanced Exercise Prescription (3 credits) from the required coursework.

Corresponding increase in the total elective credits.

No change to the graduation credit requirement (i.e. Research Option 41 cr & Applied Option 42 cr)

III. ENDORSEMENTS AND APPROVALS

Requestor: Matthew Bundle
Phone / Email: x4582 / matt.bundle@mso.umt.edu
Program Chair: John Quindry
*Other Affected Programs:
  none

Dean: Susan Harper-Whalen 4332

* Are affected because: (a) required courses incl. prerequisites or corequisites, (b) perceived overlap in content areas, or (c) cross-listing of coursework

IV. TYPE OF PROGRAM MODIFICATION

☑ Major ☐ Minor ☐ Option ☐ Teaching major / minor

☐ Other, Please describe:
V. CATALOG LANGUAGE

Attach the current catalog with the proposed changes clearly identified.

VI. JUSTIFICATION

The HHP department has lost two faculty lines to UM’s VERIP. Accordingly, we no longer plan to offer this course at the frequency needed (once yearly) for timely graduation. This program modification eliminates the need for students to seek an approved substitution petition from the department’s curriculum committee.

VII. SUBMISSION

After all signatures have been obtained, submit original, and an electronic file to the Office of the Dean, UH 221. An electronic copy of the original signed form is acceptable.
M.S. Exercise Science

The Research Option is designed for those students who intend to pursue further graduate studies. This option involves a more intensive study of laboratory methods and statistical and research design. A thesis is required.

The Applied Option is intended for those students who plan to pursue professional careers in Exercise or Applied Sciences (corporate/adult fitness, cardiac rehabilitation). This option involves additional required course work and an internship. Coursework is modified to meet student needs.

Prerequisites for the Exercise Science option include a year of Anatomy and Physiology and Exercise Physiology.

Core Requirements (23 credits)

EDU 421 Statistical Procedures in Education (or advisor approved substitution) 
HHP 520 Educational Research
HHP 529 Advanced Physiology of Exercise I
HHP 530 Advanced Physiology of Exercise II
HHP 524 Ethics in Health & Human Performance
HHP 528 Advanced Exercise Prescription
HHP 531 Laboratory Procedures in Exercise Science
HHP 594 Graduate Seminar (2 x 1 credit each fall)

Total

Research Option Requirements: (41 credits minimum)

HHP 699 Thesis

Applied Option Requirements: (42 credits minimum)
HHP 598 Internship
HHP 599 Professional Paper

OR

HHP 699 Thesis

In and Out of Department Electives (to meet minimum credit requirements)

COA 405 Fundamentals of Coaching
AHHS 430 Health Aspects of Aging
KIN 410 Adv Strength Training & Cond
NUTR 411 Nutrition for Sport
HTH 465 Leading HHP Organizations
HTH 475 Legal & Ethical Issues in the Exercise Professions
KIN 460 Electrocardiogram Assessment
KIN 483 Exercise, Disease and Aging - Lecture
KIN 484 Exercise, Disease and Aging - Laboratory
CHTH 485 Theories of Health Behavior & Counseling
CHTH 488 Program Planning for Community Health
HHP 540 Health Promotion Strategies
HHP 544 Community Based Participatory Research Methods
HHP 597 Research
HHP 598 Internship
HHP 599 Professional Paper

Click HERE to view the HHP Course Catalog.