

University of Montana Resource Guide for Students

For assistance accessing any of these resources, please contact the Dean of Students Office:
Phone: 406-243-5225 | Email: deanofstudents@umontana.edu

Campus Resources:

Curry Health Center – Counseling Services:

Location: Curry Health Center, West Entrance | Hours: Monday–Friday

Phone: 406-243-4712 or schedule via your health portal

Services: Confidential counseling for personal, behavioral, and mental health needs. Individual and group therapy, urgent counseling available.

Crisis or After Hours: Call 988 (Suicide & Crisis Lifeline), 911, or UM Police at 406-243-4000

Curry Health Center – Medical Clinic:

Location: Curry Health Center | Hours: Monday–Friday

Phone: 406-243-2122 or schedule via your health portal

Services: Primary medical care for enrolled UM students, on-site lab and x-ray.

Urgent Walk-In Care: 8:30–11:00 AM & 1:00–4:00 PM daily

Student Advocacy Resource Center (SARC):

Location: Curry Health Center, East Entrance

Phone: 406-243-4429 | Email: sarc@mso.umt.edu

Services: Confidential support, resources and referrals for students who have experienced identity-based harm.

Walk-In Hours: Monday–Friday, 12:00–3:00 PM

After Hours Support: YWCA Support Line 406-542-1944

Curry Health Center Wellbeing:

Location: Curry Health Center, East Entrance

Phone: 406-243-2809 | Email: wellbeing@mso.umt.edu

Services: Support for healthy living skills—stress and anxiety, time management, sleep, movement, nutrition, sexual health, tobacco cessation, and more.

Appointments are also available with Wellbeing Support Coaches.

Dean of Students Office:

Location: Turner Hall | Hours: Monday–Friday

Phone: 406-243-5225 | Email: deanofstudents@umontana.edu

Services: Please contact the Dean of Students office to learn about additional resources or to receive assistance coordinating support.

Office of Equal Opportunity & Title IX:

Location: 004 University Hall | Hours: Monday–Friday

Phone: 406-243-5710 | Email: conflicat@umontana.edu (conflicat@umontana.edu)

Services: Support for students experiencing discrimination, harassment, retaliation, or sexual misconduct.

Office for Disability Equity (ODE):

Location: Aber Hall, 1st Floor | Hours: Monday–Friday

Phone: 406-243-2243 | Email: ode@umontana.edu

Services: Consultation, education, and services for students with disabilities.

Office for Student Success:

Location: Aber Hall, 4th Floor | Hours: Monday–Friday

Phone: 406-243-2800 | Email: officeforstudentsuccess@umontana.edu

Services: Advising, tutoring, TRIO, Montana 10, financial education and literacy program for all undergraduate students.

Financial Aid Office:

Location: Aber Hall, 5th Floor | Hours: Monday–Friday

Phone: 406-243-5373 | Email: finaaid@umontana.edu

Services: Guidance on how to apply for funds to pay for tuition and living expenses.

ASUM Bear Necessities:

Location: University Center, Room 118 | Hours: Monday–Friday

Phone: 406-243-2017 | Email: kat.cowley@umontana.edu

Services: Food pantry, housing assistance, financial assistance applications (ASUM Hardship Fund, FAST Fund), Medicaid applications

ASUM Legal Services:

Location: University Center, Room 116 | Hours: Monday–Friday

Phone: 406-243-6213 | Email: asumlegal@mso.umt.edu

Services: Offers free or low-cost legal information and legal resources for UM students

UM Housing:

Location: Turner Hall | Hours: Monday–Friday

Phone: 406-243-2611 | Email: housing@mso.umt.edu

Services: Provides on-campus traditional student housing, as well as apartments for individuals and families.

Community Resources:

St. Patrick Hospital:

Available: 24 hours a day, 365 days a year

Address: 500 West Broadway

Phone: 911 or 406-543-7271

*St. Patrick is the nearest emergency room to campus.

988 Suicide and Crisis Line:

Available: 24 hours a day, 365 days a year

Contact: Call or text 988

*Provides free and confidential emotional support to people in suicidal crisis or emotional distress.

Montana 2-1-1:

Available: 24 hours a day, 365 days a year

Website: Montana211.org | Phone: 211

*Connects callers to social services organizations in the Missoula area.

YWCA Missoula

Address: 1800 South 3rd St. West

Phone: 406-543-6691

*Supports survivors of domestic and sexual violence and assists unhoused families in finding stable housing and resources.

After-hours support: Call 406-542-1944

Western Montana Mental Health Center:

Address: 1321 Wyoming St.

Phone: (406) 532-8400

*Provides support for mental health challenges and addiction treatment.

Missoula Vet Center | Veterans Affairs

Address: 910 Brooks Street

Phone: 406-721-4918

*Provides confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for depression, post-traumatic stress disorder and psychological effects of military sexual trauma.

All Nations Health Center

Address: 830 West Central

Phone: 406-829-9515

*Provides medical, community, and behavioral health services for members of the Indigenous community of Missoula.

Partnership Health Center:

Address: 401 Railroad St. W.

Phone: 406-258-4789

*Eligible patients can receive medical, dental, and behavioral health services at a reduced cost.

Blue Mountain Clinic

Address: 610 N. California St.

Phone: 406-721-1646

*Provides family practice, primary and reproductive care, and mental health services.

Planned Parenthood

Address: 219 E. Main St.

Phone: 406-728-5490

*Provides general and reproductive health care.

Open Aid Alliance

Address: 715 Ronan St.

Phone: 406-543-4770

*Promotes harm reduction. Offers HIV testing, peer support, advocacy, syringe exchange, and mental health services.

The Center: Western Montana's LGBTQ+ Community Center

Address: 500 N Higgins Ave. Suite 105 (Main door on Spruce)

Phone: 406-543-2224

*The Center is an open affirming environment for peoples of all sexual orientation and gender identity expressions. Resources include: clothing closet, open library, drop-in space, support groups, education, and advocacy.

Missoula Food Bank

Address: 1720 Wyoming St.

Phone: 406-549-0543

*Food distribution on Mon, Tue, Thu: 10:00 am–7:00 pm; Wed, Fri: 10:00 am–1:00 pm.

Poverello Center

Address: 1110 W Broadway Ave.

Phone: 406-728-1809

*Provides food, shelter, and case management services. Serves three meals daily: 6:00–7:30am, 11:30am–1:00pm, and 5:00–6:30pm. Medical services through the Healthcare for the Homeless Clinic

Montana Legal Services Association

Address: 1535 Liberty Lane, Suite 110D

Phone: 1-800-666-6899

*Protects and enhances civil legal rights of Montanans living in poverty and promotes systemic change.