



## **Session Titles and Learning Objectives**

### **Girls with Autism**

**Jennifer Schoffer Closson, Ed D CCC-SLP**

Girls with autism are underdiagnosed. Learn about why they are not identified, what to look for, and why a diagnosis is important for accurate treatment of co-existing conditions.

#### **Objectives-Outcomes:**

- Attendees will understand why girls are under identified with autism.
- Attendees will learn the unique ways autism looks different in girls than boys.
- Attendees will be able to identify symptoms of girls with autism and be able to refer for evaluation to support interventions.

### **Popular Social Media Self-Diagnoses: ASD and “Tic Tok Tics” -**

**Heather Zaluski, MD**

Dr. Zaluski's presentation will focus on pediatric psychiatric diagnoses that have been popularized in social media, including Tic Disorder and Autism Spectrum Disorder. She will discuss the common versus clinical diagnostic process and criteria, as well as medication options for each condition.

#### **Objectives-Outcomes:**

- Learners will have their own relevant questions answered by a content expert.
- Learners will appreciate their colleagues' questions regarding psychiatric diagnoses and medication management.
- Learners will gain knowledge about the areas of psychiatric diagnoses and medication management by having their own questions answered by a child psychiatrist.

## **Counseling People with Communication Disorders**

**Jennifer Schoffer Closson, Ed D CCC-SLP**

Communication barriers in the counseling realm can lead to barriers to progress. Learn about some evidence-based practices for autism that can lend well to the counseling environment and other strategies that may enhance communication.

### **Objectives-Outcomes:**

- Attendees will learn the EBPs for autism that will best support counseling services
- Attendees will learn other methods of supporting communication barriers for counseling.
- Attendees will learn about evidence-based practices and other strategies that will enhance their counseling with people that experience communication barriers.

## **Building Resilient Families for LGBTQ Youth**

**Hillary Powell, Phd, Bennett Ilac and Meg Denny**

Gender and sexual minority (GSM) youth navigate compounding minority stressors that are associated with substantial physical and mental health disparities. Although multiple studies suggest that GSM youth experience inordinate rates of depression, anxiety, and suicidal thoughts and behavior, one exception is clear – namely, GSM youth with high social support report less distress and are significantly less likely to endorse suicidal thoughts and behavior. Conceptualizing resilience as a community process (rather than an individual characteristic), we will discuss the role of the family in either exacerbating these health disparities or buffering against them. Specifically, we will consider the processes by which the presence or absence of family support may impact health outcomes for GSM youth, and we will cover how to help navigate disaffirmation in both our direct work with families and in the broader community. We will discuss affirmative practices with GSM youth, strategies for encouraging support within families, safety considerations, and the role of professional advocacy in fostering the resilience of GSM communities.

### **Objectives-Outcomes:**

- Describe the role of the family in disrupting minority stress processes for LGBTQ youth
- Assess levels of social support among LGBTQ youth
- Consider multiple strategies for increasing affirming support for LGBTQ youth

This presentation applies an ecological systems lens to minority stress and resilience of LGBTQ youth, with a distinct focus on the role of family affirmation. Learners will be able to locate processes of risk and resilience within families of LGBTQ youth, and will gain knowledge on promoting affirming social support.

## **Suicide Safe Care for Patients**

**Karl Rosston, LCSW – Suicide Prevention Coordinator, DPHHS**

This presentation focuses on suicide within our culture with specific attention towards the role of primary care in assessment and intervention with high-risk suicidal patients. The training is based on WICHE's Suicide Prevention Toolkit for Primary Care Providers and the Zero Suicide Initiative. The training covers national and Montana data, demographics of a suicidal person, warning signs, depression screening with the PHQ-9, risk assessment utilizing the Columbia Suicide Severity Rating Scale and the ASQ, safety planning, lethal means counseling, and caring contact. The training also focuses on evidenced-based practices, and resources available.

### **Objectives:**

- Participants will be able to complete a depression screen.
- Participants will be able to complete a suicide risk assessment.
- Participants will be able to complete a safety plan.
- Participants will learn the questions to ask concerning lethal means counseling and safe storage of firearms and medications.

## **Colliding Crisis: Youth Nicotine Use and Mental Health**

**Nicole Aune, MPH**

E-cigarettes are now the most commonly used tobacco product among Montana youth, with over one in four Montana high school students currently using the product. This presentation will cover the current state of youth e-cigarette use in Montana and how the landscape is changing while focusing heavily on the intersection between youth nicotine use and mental health.

### **Objectives-Outcomes:**

- Communicate the risks of youth e-cigarette use to clients.
- Describe the role nicotine plays in youth mental health.
- Identify services available to help youth who are addicted to nicotine.
- Identify local resources to provide additional training and education on the topic.

## **Behavioral Health in Tribal Schools**

**Betty Gion, M. Ed.**

An interactive learning session from the presenters' experiences and insights of behavioral health in Tribal Schools.

### **Objectives-Outcomes:**

- Learners will be exposed to the differences in behavioral health in tribal schools vs non-tribal schools.
- Learners will understand the differences of behavioral health within a school system.
- Learners will gain knowledge of a school counselor's position in working with outside professional counselors, social workers and other health services.

## **Drug Trends and Overdose in Children**

**Jordan Friend, MPH and William Janisch**

This presentation will cover current drug trends in Montana and overdose response efforts, highlighting the intersection and partnership of public health and public safety.

### **Objectives-Outcomes:**

- Learners will know how to find overdose response resources in their community
- Learners can request an ODMAP account to have access to overdose data for their community.