

Appendix B

University of Montana Intercollegiate Athletics

Student-Athlete COVID-19

Injury and Illness Agreement to Self-Report

COVID-19:

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- COVID-19 symptoms can range from mild (or no symptoms) to severe, and may present differently in each student-athlete, but are all important to report.
- Symptoms of COVID-19 may include cough, shortness of breath, headache, sore throat, chills, acute muscle soreness, increase temperature (higher 100.3), nausea, feeling sluggish or groggy.

Reporting COVID-19:

- A student athlete who exhibits signs or symptoms of possible COVID-19 should stay at home, be removed from the public and quarantined. The person will be evaluated by a health care provider and follow CDC guidelines for care.
- A student athlete who has symptoms or a positive test of COVID-19 must stay in quarantine and may not return to practice or competition until symptoms have resolved and he or she has received medical clearance while following the CDC guidelines for return to public and return to play.
- The University of Montana staff may not be able to fully evaluate and give appropriate care for a student athlete who has COVID-19 or any other type of injury or illness, unless the student athlete discloses any and all of his or her symptoms to the certified athletic trainer.
- Serious and/or permanent harm may result to the SA and/or to others if a student athlete fails to inform the athletic training staff about the signs and/or symptoms of their injury or illness.

By signing below, I acknowledge that I have read and understand the above information and I accept responsibility for reporting all injuries and illnesses, including symptoms of COVID-19, to the athletic training staff. I understand that returning is voluntary and returning to workouts is ok with me. I have also received the CDC COVID-19 fact sheet.

Name (Print):

Sport:

Signature:

Date:

Parent/Guardian Signature (if under 18 years of age):

Date: