

Volleyball – Grass or Sand

The following rules are based on the National Federation of State High School Associations (NFHS) indoor volleyball rules with the following outdoor intramural modifications:

PLAYERS & EQUIPMENT

1. A team consists of 4 players and may start with no less than 3. **Corec:** 2 men and 2 women. A game may start with 3 players, but no more than 2 of any one gender.
2. The official will facilitate paper, rock, scissors to determine which team will serve and respective sides of the court.
3. The team captain or player representative is responsible to check in with the officiating staff and verify the roster.
4. The team captain must also sign the score sheet following each contest to verify the score.
5. Campus Recreation will supply volleyballs so that each team may have one to warm up with.
6. All players must wear closed toe, non-marking, rubber soled court shoes. Open toed shoes, sandals, barefoot, boots, or dress shoes are not permitted.
7. No casts/splints will be allowed under any circumstances. Players who wear a knee brace with exposed metal or metal hinges altered from the manufacturer's original design/production are required to cover it. **All equipment decisions made by the Intramural Staff on duty shall be final.**
8. Jewelry is prohibited. All earrings and other visible body piercings must be removed or taped prior to the start of the game. Religious or medical-alert medals are not considered jewelry, but must be taped down and worn under the jersey. Campus Recreation will not provide tape or band-aides to cover jewelry items.
9. If eyeglasses are worn, they must be unbreakable. Each player is responsible for the safety of his/her own glasses.

THE GAME

1. The team that has scored 25 points (quick score/rally score) first wins the game. A team must win by 2 points. Games will be capped at 29. The team that wins 2 games out of 3 wins a match.
2. There will be 3 minutes between games.
3. If the third game is starting with less than 10 minutes to play before another regular scheduled game the official can decide to play the third game to 15, or other, instead of 25; win by two and capped at 19.
4. There are two-time outs per game per team, not exceeding 30 seconds. Time outs may be taken consecutively.
5. Substitutions shall be made when play is stopped. **Corec:** substitutions must be made on a male for male, and female for female basis.
6. A served ball may contact the net.
7. A serve may not be blocked. A serve may not be attacked with downward trajectory.
8. After hitting a ball, player may touch posts, rope, or any object outside the total length of net, provided action does not interfere with play.
9. There is no center line. A violation occurs only if a player impedes the playing ability of opponent through contact beneath the net.
10. The ball must cross between the two poles of the net system.
11. Players do not have to "rotate" positions on the court, but they must rotate the server.

TOURNAMENT PLAY

The top teams in each league, which have not forfeited and have an average sportsmanship rating of at least 7, will advance to tournament play. The number of teams depends on the size of the division and the number of leagues. The tournament is a single elimination tournament with teams assigned based on win/loss percentage and then total points scored. The tournament bracket can be found at the conclusion of the regular season online at FusionIM.