

Campus Recreation COVID-19 Mitigation Plan

The novel coronavirus has proven to be exceptionally contagious. Campus Recreation remains committed to doing all that we can to mitigate its spread. We insist, as caring members of the broader University and Missoula community, that the COVID-19 mitigation policies listed below be employed to reduce the risk of infection to staff, patrons, and loved ones.

The Guidelines are as follows:

- The Fitness and Rec Center will operate at 50% capacity. Front desk should track occupancy to ensure facilities stay at or below 50 percent capacity. All entrants will be tracked in Fusion in the event contact tracing will be necessary. Only registered members can use the facility, no day passes.
- The FRC will have a dedicated staff member available during operating hours to wipe down frequently touched areas on a regular basis, and monitor the cardio suite and weight room to ensure that users are wiping down equipment properly.
- All FRC staff will be trained on symptom awareness and proper handwashing techniques.
- Signage will be posted throughout the facility that states:
“Patrons with fever, shortness of breath, a cough, or other COVID-19 symptoms must refrain from using the FRC.”
- Hand sanitizer will be made available at front desk and at stations throughout the FRC.
- Q.T. Plus (hospital grade sanitizer in spray bottles) will be available throughout the facility. Patrons will be encouraged to clean equipment before and after use with disposable towels via signs posted throughout the FRC.
- **Masks will be worn by all FRC staff.**
- **Masks will be worn by all patrons unless they are drinking, swimming, or showering.**
- Patrons using free weights will maintain six feet of separation except when a spotter is necessary. In this instance, workout groups shall be limited to two people.
- All sitting areas in the facility have been removed.
- Social distancing will be maintained in the locker rooms and other common areas. No congregating in these areas will be allowed. Signage will be posted in these areas to remind patrons.
- After closing, the entire FRC will be cleaned using Q.T. Plus.
- Personal training sessions will be offered with strict adherence to social distancing guidelines.
- Indoor group fitness classes **will be offered at 50% capacity** at this time.
- Any Campus Rec space where effective social distancing by members cannot be maintained effectively will be out of service for the duration of the pandemic. These spaces can include basketball courts, racquet and handball courts, saunas, etc...
- Elevators will have a capacity of **ONE** occupant at a time.

In the event a confirmed COVID-19 case is associated with the FRC, the facility will be thoroughly cleaned in accordance with the CDC's facility environmental standards.