UNIVERSITY OF MONTANA
CURRY HEALTH CENTER

COUNSELING SERVICES

OUR CLINICAL SERVICES

- Individual Counseling
- Group Counseling
- Substance Use Intervention & Treatment
- Same-Day, Urgent Appointments
- Suicide Prevention Training (QPR)
- Mental Health Training & Presentations

OUR STAFF

- Licensed Psychologists, Counselors, and Social Workers
- Master's & Doctoral Clinical Interns

COMMON STUDENT CONCERNS WE ADDRESS

Depression & suicidal thoughts | Stress, anxiety, & decision-making | Relationship & identity concerns
Low self-esteem | Interpersonal or social difficulties | Academic concentration issues
Addiction (substances, gambling, etc.) | Grief & loss | Disordered eating
Interpersonal violence or self-harm disclosures

FACULTY & STAFF SUPPORT

Need help navigating a student concern?

We offer confidential consultation. Call 243-4712 and a licensed clinician will return your call to help determine the best course of action.

When to refer a student:

- Student appears self-destructive, suicidal, or severely depressed
- You feel overwhelmed by the student's situation
- Student seems stuck, unchanging despite multiple conversations
- Ongoing or multiple issues impacting student well-being
- Students' behavior changes suddenly

HOW TO REFER A STUDENT

Encourage the student to make an appointment.

Call: 243-4712
Online: Health/Patient Portal
In-Person: Visit Counseling Services in Curry Health Center's West Entrance

If the student is hesitant, offer to call Counseling Services together while they're with you.

URGENT SITUATIONS

If the need is immediate:
Call 243-4712 and request an urgent appointment for the student.
Please do not send the student over without calling first.

We're Here to Support You in Supporting Your Students.