ADD (attention deficit disorder) and ADHD (attention deficit and hyperactivity disorder)

ADD is a term used to describe a neurological condition with symptoms of inattention, distractibility, and poor working memory. The two primary types of ADD are inattentive type and hyperactive type (ADHD), but they can also be combined. Symptoms of ADD include trouble focusing on school work, habitually forgetting things, easily losing track of time, and struggling with organization.

How Do I Get Evaluated?

We can help you with the first step in evaluation. An initial medical or counseling appointment can help explore symptoms, personal and family history and the possible need for further evaluation. Currently we are referring to psychologists in the Missoula community to get comprehensive evaluations for ADD symptoms.

Do You Have a Diagnosis for ADHD and Need Medication?

If you have been previously diagnosed and treated for ADHD (during the elementary/middle/high school timeframe or any time following childhood), you will need to have records transferred from your previous provider for our clinical staff to review prior to your appointment. One of our medical providers will review medication options and set up a schedule for further refills with you at your appointment. Depending on the quality and extent of the records provided, we may ask that you have a new evaluation done before we can prescribe medications. Medications can only be prescribed monthly for up to 3 months before a follow up appointment is needed. We want to help keep you on track with your medication schedule so that you can be successful with your academics.