

UM STUDENTS

71.6%
Montana Residents

20.6%
Out-of-State

AMERICAN INDIAN
ALASKA NATIVE 6.9%
WHITE 65.4%
NON RESIDENT 1.3%
BLACK/ AFRICAN AMERICAN 1%



NO RESPONSE 12.1%

HISPANIC 4.5%

ASIAN 1%

MULTI-RACIAL 7.8%

1. Value flexibility and skills training

2. Prioritize career-focused education

3. Digital natives who care about others.

4. Open about mental health

5. Driven by entrepreneurship, diversity, and activism

TOP 5 FACTS ABOUT GEN Z

28.6%
Pell Grant Eligible

3.4%
Veterans

87%
Report Good to Excellent Health

71.6%
Residents of MT

30%
First-Gen

69%
Feel They Belong at UM

TOP FIVE OPPORTUNITIES FOR STUDENT GROWTH

- 1 Time Management
- 2 Confidence & Self-Image
- 3 Financial Wellbeing
- 4 Academic Success
- 5 Supporting Family & Friends

11,123

NUMBER OF STUDENTS

7,749 MOUNTAIN CAMPUS
2,215 MISSOULA COLLEGE
1,159 PARTNERSHIP PROGRAM

STUDENT NEEDS		IMPORTANT INFORMATION	HOW TO CONTACT
CHC WELLBEING	- Sleep support - Time management/procrastination - Managing stress and anxiety - Overall health (physical/nutrition) - Relaxation Stations (massage chair)	- FREE for students 1:1 support available	Kayli Julius kayli.julius@mso.umt.edu 406.243.6179 - Schedule an appointment online (CHC Wellbeing website)
CHC MEDICAL	- Primary care, sexual health, lab, x-ray - Treatment of ADHD, anxiety, and more - Gender affirming care - Referrals for specialty care - International travel care and planning	- Appointments and same-day walk-in care - Accepts health insurance for services (including Montana Medicaid)	Carla Fritz, MD carla.fritz@mso.umt.edu - Call 406.243.4330 or book through the CHC Patient Portal
CHC COUNSELING SERVICES	- Anxiety - Depression - Grief or loss - Addiction/substance use - Relationship and family challenges	- Urgent sessions available - Initial session is free, follow-up sessions are \$20 (6 per semester) - Brief-counseling model	Erinn Guzik, LCPC erinn.guzik@mso.umt.edu - Call 406.243.4712 or book through the CHC Patient Portal
STUDENT ADVOCACY RESOURCE CENTER (SARC)	- Support for students impacted by Identity Based Harm - Advocacy and referral services - Violence prevention education	- Free and confidential - No "statute of limitations" - Secondary survivors welcome	Aislinn Addington, PhD aislinn.addington@mso.umt.edu - Main phone: 406.243.4429 - Email: sarc@mso.umt.edu - More info at www.umt.edu/sarc
AMERICAN INDIAN STUDENT SERVICES	- Academic success support - Financial aid and housing advocacy - Cultural connection and Native community engagement - Welcoming space	- Free and supportive - Walk-ins welcome - Smudge space available - Soup Wednesdays	Michelle Guzman michelle.guzman@mso.umt.edu - Main phone: 406.243.6306 - Email: AISS@umontana.edu
BEAR NECESSITIES	- Groceries/Food/SNAP assistance - Emergency financial assistance - Housing search assistance - Any other basic needs support	- FREE for students 1:1 support available	Kat Cowley kat.cowley@mso.umt.edu - Location: UC Center Room 118 - Main phone: 406.243.2017
OFFICE FOR STUDENT SUCCESS	- Advising and registration support - Undergraduate Advising Center - Tutoring - Math Learning Center, Study Jam, Writing Center	- Open 8am-5pm, M-F - Walk-ins welcome	Brian French brian.french@mso.umt.edu - Main phone: 406.243.2800 - Book via Navigate
TRIO STUDENT SUPPORT SERVICES	- Support for students who are first-generation, have a disability, or face financial barriers - Academic, social, emotional advising - Relaxing study space and computer lab	- FREE to TRIO students - Application required to determine eligibility - In-person or virtual appointments	Dan Benge, PhD dan.benge@umontana.edu - Main phone: 406.243.5032 - More info at www.umt.edu/triosss
DEAN OF STUDENTS	- Advocacy, resource referrals, student conduct, case management services - Support for students experiencing barriers related to their behaviors and mental and emotional wellbeing	- Submit a referral if you are concerned for a student - Common concerns include attendance issues, personal challenges, financial hardship, housing/food insecurity	Amy Capolupo Amy.capolupo@mso.umt.edu - Main phone: 406.243.5325 - Email: deanofstudents@umontana.edu
OFFICE FOR DISABILITY EQUITY	- Facilitate reasonable accommodations (academic, housing, dining) - Accommodated testing center - Alternative format materials & assistive technology (including ASL/captioning)	- FREE and confidential - Location: Aber Hall 1st Floor - Documentation required for accommodations	Charity Atteberry charity.atteberry@mso.umt.edu - Location: Aber Hall 1st Floor - Email: ode@umontana.edu or call 406.243.2243
BRANCH CENTER	- Community and belonging - Inclusive spaces for all students - Study, lounge, and gathering areas - Access to campus & community resources - Opportunities for involvement and leadership	- FREE school supplies, home essentials, printing - Community kitchen - Home to student groups - Smudge space, reflection corner, popcorn Thursdays	- Email: TheBranchCenter@umontana.edu - Location: 2nd Floor of University Center (UC 201)
MILITARY AND VETERAN SERVICES	Campus resource for veterans and military affiliated students	Support student payment planning, community VA liaison, and general guidance counseling	Patrick Beckwith Main phone: 406.243.2744 - Email: mvso@mso.umt.edu

