

## University of Montana - Four-Year Academic Plan 2023-2024

**College of Humanities and Sciences** 

### **Neuroscience B.S. - Cellular and Molecular Concentration**

This is an example of a four year graduation plan for a degree in Neuroscience.

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	TI	his is a sample academic plan. Students should meet with an a		•	· owr	ı plan.	
Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
CHMY 141N/142N - College Chemistry I & Lab	5	NEUR 280 - Fundamentals of Neuroscience I	3	NEUR 380 - Molecular Neuroscience	3	NEUR 458 - Neuro Research (Adv. Writing)	4
BIOB 160N/161N - Principles of Living Systems	4	CHMY 221/222 - Organic Chem I & Lab	5	PHSX 205N/206N - Physics w/ Algebra I	5	Intersection Course	3
M 162 - Applied Calculus	4	BIOB 260 - Cellular and Molecular Bio	4	BCH 480 - Advanced Biochem I	3	Upper Division Elective	6
WRIT 101 or Gen Ed req.	3	Gen Ed Req.	3	Additional Major Course I Elective	3		
Freshman Seminar	1			Gen Ed Req.	3		
Credits	17	Credits	15	Credits	17	Credit	13
Spring		Spring		Spring		Spring	
CHMY 143N/144N - College Cheimstry II & Lab	5	NEUR 281 - Fundamentals of Neuroscience II	3	BCH 482 - Advanced Biochem II	3	BIOB 425 - Advanced Cell and Molec Bio	3
STAT 216 - Statistics	4	CHMY 223/224 - Organic Chem II & Lab	5	PHSX 207N/208N - Physics w/ Algebra II	5	Upper Division Elective	3
PSYX 100S - Intro to Psychology (Gen Ed req.)	3	BIOB 272 - Genetics and Evolution	4	BCH 482 - Advanced Biochem II	3	Gen Ed Req.	6
WRIT 101 or Gen Ed req.	3	Gen Ed Req.	3	Additional Major Course II Elective	3		
			igspace	Gen Ed Req.	3		
			<b>—</b>				
Credits		Credits	_	Credits	17	Credits	12
Summer	'	Summer	<u> </u>	Summer		Summer	
			igwdap				
			$\vdash$				
	'		<b>—</b>		-		
Credits		Credits	_	Credits		Credits	0
Total Credits	32	Total Credits	62	Total Credits	96	Total Credits	121
Notes:							
• The following neuroscience courses fulfill the Additional	Maior (	Course I and II elective categories as well as upper division	، واور	ctives: NEUR 441-CNS Diseases NEUR 401-			
Neuropharmacology, NEUR 491-Neuroanatomy.	wajor C	Jourso I and it clouive categories as well as upper division	CICC	04/03. NEON 44 1-0110 Discusco, NEON 491-			
	ıroscier	nce (NEUR 390/490) which will count as upper division elec	ctive	credit.			
		Concentration can be found online in the UM Course Catalo					
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### ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

# Discover how your strengths, values, and interests relate to career and education pathways.

- Take the <u>Strong Interest Inventory</u> or other <u>career assessments</u> to see what careers may be a good fit for you.\*
- Download the <u>Handshake</u> app and <u>activate your account</u> to explore jobs\*
- Attend "careers and opportunities" fairs and join a First Time at the Fair tour\*
- Join student groups that align with your interests\*
- Explore career options at <u>What Can I Do With</u> This Major? (click on "Major Exploration")\*
- Learn about specific occupations on O\*Net Online
- Schedule an appointment for Career
- Planning and Major Exploration

**EXPLORE**Pathways for you

**ELEVATE** 

to Your Career

- Meet employers at career fairs and events\*
- Develop a stellar <u>resume</u> and cover letter\*
- Practice interview skills
- Learn how to <u>negotiate your salary</u> and benefits package
- Fine-tune your <u>LinkedIn</u> profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

Refine your personal brand and develop stand-out application materials to achieve your goals

# Participate in experiential (hands-on) learning to refine your interests and goals.

- Seek and apply for internships or part-time jobs on Handshake\*
- Participate in Volunteer Programs\*
- Consider studying abroad or at another US university for a semester or year\*
- Consider an internship abroad\*
- Conduct undergraduate research at UM\*
  - Secure a paid micro-internship
    - Participate in the Griz Career Skills Program
      - Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

#### EXPERIENCE

and Grow

## **EMBRACE**

Your Goals

- Strengthen relationships with faculty and supervisors who can guide and recommend you\*
- Connect with alumni in fields or companies of interest through the Griz Career Network
- Expand your network to gain insights and support through <u>LinkedIn</u>
- Conduct career conversations with professionals in fields of interest
- Gain industry and company-specific skills through free Forage job simulations
- <u>Schedule an appointment</u> to discuss Networking Strategies, LinkedIn, Graduate School Planning

Develop skills and network to help you pursue your goals

#### YOUR CAREER SUPPORT OFFICES AT UM

**Experiential Learning & Career Success (ELCS) is for all UM students!** 

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Career Trailhead professional readiness program
- College of Humanities and Sciences Career Planning Center
- Davidson Honors College Career Development Program
- School of Law Career Development Office
- Missoula College Career Services

