<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>Fall</td>
<td>Fall</td>
<td>Fall</td>
</tr>
<tr>
<td>CHMY 141N/142N - College Chemistry I/II Lab</td>
<td>5</td>
<td>CHMY 221/222 - Organic Chemistry I/II Lab</td>
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<tr>
<td>BIOB 160N - Principles of Living Systems AND BIOL 161N - Principles of Living Systems Lab</td>
<td>4</td>
<td>SOCI 101S - Introduction to Sociology</td>
<td>3</td>
</tr>
<tr>
<td>PSYX 100S - Introduction to Psychology</td>
<td>3</td>
<td><strong>M 162 - Applied Calculus OR</strong></td>
<td>4</td>
</tr>
<tr>
<td>COLS 194 - First Year Seminar</td>
<td>2</td>
<td><strong>M 171 - Calculus I</strong></td>
<td>4</td>
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</tbody>
</table>

Credits: 14

Spring

<table>
<thead>
<tr>
<th>Year 3</th>
</tr>
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<tbody>
<tr>
<td>Select one of the following:</td>
</tr>
<tr>
<td>BCH 380 (if Needed) - Biochemistry OR</td>
</tr>
<tr>
<td>BCH 482 - Advanced Biochemistry II</td>
</tr>
<tr>
<td>PHSX 207N/208N - College Physics II/II Lab</td>
</tr>
<tr>
<td>Major or Additional DDS/DMD Prerequisites</td>
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Credits: 15

Year 2

<table>
<thead>
<tr>
<th>Year 3</th>
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<tbody>
<tr>
<td>Major or Additional DDS/DMD Prerequisites</td>
</tr>
<tr>
<td>^General Education Requirement</td>
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</table>

Credits: 15

Summer

<table>
<thead>
<tr>
<th>Year 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take DAT</td>
</tr>
<tr>
<td>Apply to DDS and DMD Programs</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Credits</th>
<th>Credits</th>
<th>Credits</th>
<th>Credits</th>
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<tbody>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Total Credits</td>
<td>Total Credits</td>
<td>Total Credits</td>
<td>Total Credits</td>
</tr>
<tr>
<td>28</td>
<td>59</td>
<td>90</td>
<td>120</td>
</tr>
</tbody>
</table>

Notes:

* Students may need to take the writing placement exam
** Students may need to take the math placement exam
*** Chose one Biochemistry series depending on program prerequisites - Please see prospective program websites
# Additional classes may be needed to complete prerequisites - Please see prospective program websites
^ All Gen Ed categories must be completed but can be taken in any order
Discover how your strengths, values, and interests relate to career and education pathways.

- Take the Strong Interest Inventory or other career assessments to see what careers may be a good fit for you.*
- Download the Handshake app and activate your account to explore jobs.*
- Attend "careers and opportunities" fairs and join a First Time at the Fair tour.*
- Join student groups that align with your interests.
- Explore career options at What Can I Do With This Major? (click on "Major Exploration").*
- Learn about specific occupations on O*Net Online.
- Schedule an appointment for Career Planning and Major Exploration.

EXPLORE
Pathways for you

EXPLORE
Pathways for you

ELEVATE
to Your Career

EMBRACE
Your Goals

Participate in experiential (hands-on) learning to refine your interests and goals.

- Seek and apply for internships or part-time jobs on Handshake.*
- Participate in Volunteer Programs.*
- Consider studying abroad or at another US university for a semester or year.*
- Consider an internship abroad.*
- Conduct undergraduate research at UM.*
  - Secure a paid micro-internship
  - Participate in the Griz Career Skills Program
- Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To.

EXPLORE
Pathways for you

EXPLORE
Pathways for you

ELEVATE
to Your Career

EMBRACE
Your Goals

EMBRACE
Your Goals

ONS
Develop skills and network to help you pursue your goals

- Strengthen relationships with faculty and supervisors who can guide and recommend you.*
- Connect with alumni in fields or companies of interest through the Griz Career Network.
- Expand your network to gain insights and support through LinkedIn.
- Conduct career conversations with professionals in fields of interest.
- Gain industry and company-specific skills through free Forage job simulations.
- Schedule an appointment to discuss Networking Strategies, LinkedIn, Graduate School Planning.

Reine your personal brand and develop stand-out application materials to achieve your goals.

YOUR CAREER SUPPORT OFFICES AT UM

Experiential Learning & Career Success (ELCS) is for all UM students!

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Davidson Honors College Career Development Program
- Career Trailhead professional readiness program
- School of Law Career Development Office
- College of Humanities and Sciences Career Planning Center
- Missoula College Career Services

The elements of ElevateU can be done in any order. For the best outcomes, we recommend getting started with items marked with an * in your first two years, though most of them can be done at any time.