<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
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<tbody>
<tr>
<td><strong>Fall</strong></td>
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<tr>
<td>CHMY 141N/142N - College Chemistry I/Lab</td>
<td>5</td>
<td>CHMY 221/222 - Organic Chemistry I/Lab</td>
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<tr>
<td>BIOL 160N - Principles of Living Systems AND</td>
<td>4</td>
<td>SOCI 101S - Introduction to Sociology</td>
<td>3</td>
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<tr>
<td>BIOL 161N - Principles of Living Systems Lab</td>
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<td>PSYX 100S - Introduction to Psychology</td>
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<tr>
<td>COLS 194 - First Year Seminar</td>
<td>2</td>
<td>General Education Requirement</td>
<td>3</td>
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**Credits:** 14

**Spring** | **Spring** | **Spring** | **Spring** |
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<tbody>
<tr>
<td>CHMY 143N/144N-College Chemistry II/Lab</td>
<td>5</td>
<td>CHMY 223/224-Organic Chemistry II/Lab</td>
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<tr>
<td>BIOL 170N - Principles of Biological Diversity AND</td>
<td>4</td>
<td>STAT 216 - Introduction to Statistics</td>
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<td>BIOL 171N - Principles of Biological Diversity Lab</td>
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<tr>
<td>WRIT 101 - College Writing</td>
<td>3</td>
<td>Major or Additional DVM Prerequisites</td>
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<tr>
<td>HME140 - PreMedical Sciences 101</td>
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<td>General Education Requirement</td>
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**Credits:** 14

**Summer** | **Summer** | **Summer** | **Summer** |
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**Total Credits:** 28

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Notes:
* Students may need to take the writing placement exam
** Students may need to take the math placement exam
*** Chose one Biochemistry series depending on program prerequisites - Please see prospective program websites
# Additional classes may be needed to complete prerequisites - Please see prospective program websites
* All Gen Ed categories must be completed but can be taken in any order

Rev 6/22
ElevateU Career Readiness Plan
GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

**EXPLORE**
Pathways for you

- Take the Strong Interest Inventory or other career assessments to see what careers may be a good fit for you.*
- Download the Handshake app and activate your account to explore jobs.*
- Attend “careers and opportunities” fairs and join a First Time at the Fair tour.*
- Join student groups that align with your interests.*
- Explore career options at What Can I Do With This Major? (click on “Major Exploration”)*
- Learn about specific occupations on O*Net Online
- Schedule an appointment for Career Planning and Major Exploration

**ELEVATE**
to Your Career

- Meet employers at career fairs and events*
- Develop a stellar resume and cover letter*
- Practice interview skills
- Learn how to negotiate your salary and benefits package
- Fine-tune your LinkedIn profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

**EXPLORE**
Pathways for you

- Discover how your strengths, values, and interests relate to career and education pathways.

**EXPERIENCE**
and Grow

- Participate in experiential (hands-on) learning to refine your interests and goals.
  - Seek and apply for internships or part-time jobs on Handshake*
  - Participate in Volunteer Programs*
  - Consider studying abroad or at another US university for a semester or year*
  - Consider an internship abroad*
  - Conduct undergraduate research at UM*
    - Secure a paid micro-internship
    - Participate in the Griz Career Skills Program
  - Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

**EMBRACE**
Your Goals

- Refine your personal brand and develop stand-out application materials to achieve your goals
- Strengthen relationships with faculty and supervisors who can guide and recommend you*
- Connect with alumni in fields or companies of interest through the Griz Career Network
- Expand your network to gain insights and support through LinkedIn
- Conduct career conversations with professionals in fields of interest
- Gain industry and company-specific skills through free Forage job simulations
- Schedule an appointment to discuss Networking Strategies, LinkedIn, Graduate School Planning

**YOUR CAREER SUPPORT OFFICES AT UM**
Experiential Learning & Career Success (ELCS) is for all UM students!

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Davidson Honors College Career Development Program
- Career Trailhead professional readiness program
- School of Law Career Development Office
- College of Humanities and Sciences Career Planning Center
- Missoula College Career Services

The elements of ElevateU can be done in any order. For the best outcomes, we recommend getting started with items marked with a * in your first two years, though most of them can be done at any time.