



University of Montana - Four-Year Academic Plan 2024-2025

College of Health

Bachelor of Arts (B.A.) Social Work

This is an example of a four year graduation plan for a degree in Social Work.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
SW 100 - Intro to Social Welfare	3	<i>Select on of the following:</i> *ECNS 101S - Economic Way of Thinking *ECNS 201S - Principles of Microeconomics	3	**SW 300 - Human Behavior and Social Environment - Advanced Writing	3	SW 400 - Social Research	3
WRIT 101 - College Writing I	3	~PSYX 230 - Developmental Psych	3	**SW 350 - Social Work Intervention Methods I	3	SW 487 - Advanced Practice I	2
*PSYX 100S - Intro to Psychology	3	Intermediate Writing Course	3	General Education Requirement	3	SW 495 - Field Work Practicum I	5
*PSCI 210S - Intro to American Government	3	Language Elective	4	Elective	6	SW 464 - Cultural Humility in Social Work Practice: Valuing Diversity	3
Math General Education Requirement	3	Elective	2			Upper Division Elective	3
Freshman Seminar	1						
Credits	16	Credits	15	Credits	15	Credit	16
Spring		Spring		Spring		Spring	
<i>Select one of the following:</i> *BIOB 101N - Discovering Biology *PSYX 250N - Fundamentals of Bio Psychology	3	SW 200 - Intro to Social Work Practice	3	**SW 360 - Social Work Intervention Methods II	3	SW 410E - Social Work Ethics	3
*SOCI 101S - Intro to Sociology	3	~PSYX 233 - Fundamentals of Psych of Aging	3	SW 310 - Social Welfare Policy & Services	3	SW 488 - Advanced Practice II	2
General Education Requirement	6	Language Elective	4	General Education Requirement	4	SW 495 - Field Work Practicum II	5
Elective	3	General Education Requirement	6	Elective	3	Upper Division Elective	3
						Elective	2
Credits	15	Credits	16	Credits	13	Credits	15
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
Total Credits	31	Total Credits	62	Total Credits	90	Total Credits	121

Notes:

* Four of the seven extra-departmental courses must be completed with a grade of C- or above to enter Social Work Classes 300 and above. SW 100 and SW 200 also needs to be completed with a cumulative GPA of 3.0.

**Practicum Admission Requirements- Complete SW 100, SW 200, SW 300, SW 350 and SW 360 with combined GPA of 3.0, overall GPA of 2.75 and an approved Practicum Application.

~Development psych classes covering Lifespan, such as PSYX at the Missoula College may satisfy both PSYX 230 and PSYX 233 requirements.

ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

Discover how your strengths, values, and interests relate to career and education pathways.

- Take the Strong Interest Inventory or other career assessments to see what careers may be a good fit for you.*
- Download the Handshake app and activate your account to explore jobs*
- Attend “careers and opportunities” fairs and join a First Time at the Fair tour*
- Join student groups that align with your interests*
- Explore career options at What Can I Do With This Major? (click on “Major Exploration”)*
- Learn about specific occupations on O*Net Online
- Schedule an appointment for Career Planning and Major Exploration

EXPLORE
Pathways for you

Participate in experiential (hands-on) learning to refine your interests and goals.

- Seek and apply for internships or part-time jobs on Handshake*
- Participate in Volunteer Programs*
- Consider studying abroad or at another US university for a semester or year*
- Consider an internship abroad*
- Conduct undergraduate research at UM*
- Secure a paid micro-internship
- Participate in the Griz Career Skills Program
- Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

EXPERIENCE
and Grow

- Meet employers at career fairs and events*
- Develop a stellar resume and cover letter*
- Practice interview skills
- Learn how to negotiate your salary and benefits package
- Fine-tune your LinkedIn profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

Refine your personal brand and develop stand-out application materials to achieve your goals

ELEVATE
to Your Career

EMBRACE
Your Goals

- Strengthen relationships with faculty and supervisors who can guide and recommend you*
- Connect with alumni in fields or companies of interest through the Griz Career Network
- Expand your network to gain insights and support through LinkedIn
- Conduct career conversations with professionals in fields of interest
- Gain industry and company-specific skills through free Forage job simulations
- Schedule an appointment to discuss Networking Strategies, LinkedIn, Graduate School Planning

Develop skills and network to help you pursue your goals

YOUR CAREER SUPPORT OFFICES AT UM

Experiential Learning & Career Success (ELCS) is for all UM students!

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Career Trailhead professional readiness program
- College of Humanities and Sciences Career Planning Center
- Davidson Honors College Career Development Program
- School of Law Career Development Office
- Missoula College Career Services



The elements of ElevateU can be done in any order. For the best outcomes, we recommend getting started with items marked with a * in your first two years, though most of them can be done at any time.