



University of Montana - Four-Year Academic Plan 2019-2020
Phyllis J. Washington College of Education and Human Sciences
Bachelor of Science - Health & Human Performance
Applied Exercise Science

This is an example of a four year graduation plan for a degree in Applied Exercise Science.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1	Year 2	Year 3	Year 4
Fall	Fall	Fall	Fall
*KIN 205 - Foundations Health & Human Performance 3 *KIN 201 - Exercise Prescription CHMY 121N - Intro to General Chemistry 3 COMX 11A - Public Speaking 3 WRIT 101 - College Writing M 121 - College Algebra 3 M 151 - Precalculus BIOH 112 - Human Form and Function I 3 BIOB 160N - Principles of Living Systems	~BIOH 201N/202N - Human Anatomy & Physics/Lab 8 BIOH 365 - Human AP I for Health Professionals WRIT 121 - Intro to Technical Writing 3 WRIT 201 - College Writing II <i>Select one of the following:</i> STAT 216 - Introduction to Statistics 3 PSYX 222 - Psychological Statistics SOCI 202 - Social Statistics EDU 421- Statistical Procedures in Education PSYX 100S - Intro to Psychology 3	PHSX 205/206 - College Physics I/Lab 4 KIN 330 - Motor Learning & Control 4 Health & Human Performance Elective 3 General Elective Requirement 3	ECP 120 - Emergency Medical Responder 3 KIN 447 - Analytic & Com Techniques AHAT 342/343 Rehab of Athletic Injures 3 Health & Human Performance Elective 6 Elective 3
Credits 15	Credits 17	Credits 14	Credits 15
Spring	Spring	Spring	Spring
KIN 205 - Foundations Health & Human Performance 3 KIN 201 - Exercise Prescription CHMY 123/124 - Intro to Organic & Biochemistry /Lab 6 COMX 11A - Public Speaking 3 WRIT 101 - College Writing M 122 (If Needed) - College Trigonometry BIOH 113 (If Needed) - Human Form & Function II	BIOH 211N/212N - Human Anatomy & Physics II 4 BIOH 370 - Human AP II for Health Professionals NUTR 221N - Basic Human Nutrition 3 Health & Human Performance Elective 3 General Education Requirements 6	KIN 320/321 - Exercise Physiology/Lab 4 HTH 475E - Legal Ethical Issues Health Ex Professions 4 Health & Human Performance Elective 3 General Elective Requirement 3 Elective 2	NUTR 411 - Nutrition for Sport & Exercise 3 KIN 425 - Biomechanics 3 KIN 498 - Internship 3 Health & Human Performance Elective 3 Elective 3
Credits 12	Credits 16	Credits 16	Credits 15
Summer	Summer	Summer	Summer
Credits 0	Credits 0	Credits 0	Credits 0
Total Credits 27	Total Credits 60	Total Credits 90	Total Credits 120

Notes:

* If last names starts with A-L take KIN 201, M-Z take KIN 205

* If last names starts with A-L take WRIT 101, M-Z take COMX 111A

~ Held off campus at the Missoula College

** Students must complete at least 18 elective credit hours in addition to the rest of lower and upper division courses above.

*** If student takes BIOH 201-202 or another 200 level Anatomy and Physiology Sequence they will need to take additional credits of upper division courses to meet the University requirement of 39 upper division credits for graduation.

**** Additional classes will be needed for those hoping to complete prerequisites for PT, PA, Med, OT, Chiropractic schools, etc. - see adviser.