



University of Montana - Four-Year Academic Plan 2019-2020
Phyllis J. Washington College of Education and Human Sciences
Bachelor of Science - Health & Human Performance
Exercise Science - Pre-Professional Concentration

This is an example of a four year graduation plan for a degree in Exercise Science, Pre-Professional Concentration.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1	Year 2	Year 3	Year 4
Fall	Fall	Fall	Fall
*KIN 205 - Foundations Health & Human Performance 3 *KIN 201 - Exercise Prescription CHMY 121N - Intro to General Chemistry 3 COMX 11A - Public Speaking WRIT 101 - College Writing 3 M 121 - College Algebra 3 M 151 - Precalculus BIOH 112 - Human Form and Function I BIOB 160N - Principles of Living Systems 3	~BIOH 201N/202N - Human Anatomy & Physics/Lab 8 BIOH 365 - Human AP I for Health Professionals COMX 11A - Public Speaking WRIT 101 - College Writing 3 <i>Select one of the following:</i> STAT 216 - Introduction to Statistics PSYX 222 - Psychological Statistics SOCI 202 - Social Statistics EDU 421- Statistical Procedures in Education PSYX 100S - Intro to Psychology 3	KIN 320/321 - Exercise Physiology/Lab 4 PHSX 205N/206N - College Physics I/Lab 4 General Elective Requirement 3 Elective 3	KIN 498 - Internship 3 KIN 499 - Senior Capstone KIN 460 - ECG Assessment 3 General Education Elective 3 Elective 6
Credits 15	Credits 17	Credits 14	Credits 15
Spring	Spring	Spring	Spring
KIN 205 - Foundations Health & Human Performance 3 KIN 201 - Exercise Prescription CHMY 123/124 - Intro to Organic & Biochemistry /Lab 6 BIOB 170N/171N - Biological Diversity/Lab 4 M 122 (If Needed) - College Trigonometry BIOH 113 (If Needed) - Human Form & Function II	BIOH 211N/212N - Human Anatomy & Physics II/Lab 4 BIOH 370 - Human AP II for Health Professionals NUTR 221N - Basic Human Nutrition 3 KIN 330 - Motor Learning & Control WRIT 121 - Intro to Technical Writing WRIT 201 - College Writing II 3 General Education Requirement 3	ECP 120 - Emergency Medical Responder 4 PHSX 207N/208N - College Physics II/Lab 4 General Elective Requirement 3 Elective 3	KIN 447 - Analytic & Com Techniques 3 AHAT 342 - Rehab of Athletic Injures HTH 475E - Legal Ethical Issues Health Ex Professions 3 KIN 483/484 - Exercise Disease/Lab 4 Elective 6
Credits 13	Credits 16	Credits 14	Credits 16
Summer	Summer	Summer	Summer
Credits 0	Credits 0	Credits 0	Credits 0
Total Credits 28	Total Credits 61	Total Credits 89	Total Credits 120

Notes:

* If last names starts with A-L take KIN 201, M-Z take KIN 205

* If last names starts with A-L take WRIT 101, M-Z take COMX 111A

~ Held off campus at the Missoula College

** Students must complete at least 18 elective credit hours in addition to the rest of lower and upper division courses above.

*** If student takes BIOH 201-202 or another 200 level Anatomy and Physiology Sequence they will need to take additional credits of upper division courses to meet the University requirement of 39 upper division credits for graduation.

**** Additional classes will be needed for those hoping to complete prerequisites for PT, PA, Med, OT, Chiropractic schools, etc. - see adviser.