



**University of Montana - Four-Year Academic Plan 2019-2020**  
**Phyllis J. Washington College of Education and Human Sciences**  
**Bachelor of Science in Health & Human Performance**  
**Public and Community Health**

This is an example of a four year graduation plan for a degree in Health & Human Performance, Public and Community Health.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1	Year 2	Year 3	Year 4
Fall	Fall	Fall	Fall
KIN 205 - Foundations of Health & Human Performance 3 HTH 101 - Personal Health PSYX 100S - Intro to Psychology 3 COMX 111A - Public Speaking 3 WRIT 101 - College Writing I  M 115 - Probability and Linear Math 3  *General Education Requirements 3	BIOH 201N/202N - Human Anatomy and Phys I/Lab 4 WRIT 121 - Intro to Tech Writing 3 WRIT201 - College Writing II 3 ENST 225 - Community & Environment 3  <i>Select one of the following:</i> STAT 216 - Introduction to Statistics 3 PSYX 222 - Psychological Statistics 3 SOCI 202 - Social Statistics 3 EDU 421 - Statistical Procedures in Education 3	CHTH 355 - Theory Practicum Community Health Education 3 HTH 395 - Peer Health Practicum 1 WGSS 263S - Women, Men and Sexuality 3  ANTY 426 - Culture, Health and Healing 3  Elective 3 *General Education Requirement 3	ECP 120 - Emergency Medical Responder 3 HTH 430 - Health & Mind, Body, Spirit 3 HTH 475E - Legal Ethical Issues Health Ex Professions 3  KIN 447 - Analytic & Comm Tech 3 AHAT 342/343 - Therapeutic Mod 3  Elective 3
Credits 15	Credits 13	Credits 16	Credit 15
Spring	Spring	Spring	Spring
KIN 205 - Foundations of Health & Human Performance 3 HTH 101 - Personal Health CHMY 121N - Intro to General Chemistry 3 COMX 111A - Public Speaking 3 WRIT 101 - College Writing I BIOH 113 - Human Form and Function II 3 *General Education Requirement 3	BIOH 211N/212N - Human Anatomy and Phys II/Lab 4 KIN 201 - Basic Exercise Prescription 3 NUTR 221N - Basic Human Nutrition 3 HTH 370 - Peer Health Education 3 *General Education Requirement 3	HTH 465 - Leading HHP Orgs 3 BIOM 250N - Microbiology for Health Sciences 3 SW 423 - Addiction Studies 3 CHTH 485 - Theory of Health Behavior & Counseling 3 Elective 3	CHTH 498 - Internship 4 CHTH 445 - Program Planning of Community Health 4 Elective 7
Credits 15	Credits 16	Credits 15	Credits 15
Summer	Summer	Summer	Summer
Credits 0	Credits 0	Credits 0	Credits 0
<b>Total Credits 30</b>	<b>Total Credits 59</b>	<b>Total Credits 90</b>	<b>Total Credits 120</b>

**Notes:**

See catalog or Advising Office for more details.

Students must complete at least 18 elective credit hours in addition to the list of lower and upper division courses above.

\* Select only from L, H, X or Y attributes.

~ Students who take BIOH 365/370 instead of BIOH 201/202 must take another "NL" course to meet the Natural Science general education requirement. Students who take BIOH 201/202 meet the "N" and "NL" requirement.