<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
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<tbody>
<tr>
<td>Fall</td>
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<tr>
<td>CHMY 121N - Intro to General Chemistry</td>
<td>4</td>
<td>~BIOH 251N/252N - Human Anatomy &amp; Physiology</td>
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<td>BIOH 365/366 - Human AP I for Health Professionals</td>
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<tr>
<td>*COMX 111A - Public Speaking OR**WRIT 101 - College Writing</td>
<td>3</td>
<td>~PSYX 230 - Developmental Psychology OR PSYX 340 - Abnormal Psychology</td>
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<td>PSYX 100S - Introduction to Psychology</td>
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<td>WRIT 201 - College Writing II</td>
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<tr>
<td>BIOH 160N - Principles of Living Systems AND BIOH 161N - Principles of Living Systems Lab</td>
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<td>^General Education Requirement</td>
<td>6</td>
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<tr>
<td>COLS 194 - First Year Seminar</td>
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<tr>
<td>Credits</td>
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<td>Spring</td>
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<tr>
<td>CHMY 123/124 - Intro to Organic &amp; Biochemistry OR Lab</td>
<td>6</td>
<td>~BIOH 211N/212N - Human Anatomy &amp; Physiology</td>
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<td>BIOH 370/371 - Human AP II for Health Professionals</td>
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<tr>
<td>*COMX 111A - Public Speaking OR**WRIT 101 - College Writing</td>
<td>3</td>
<td>***M 151 - Precalculus</td>
<td>4</td>
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<tr>
<td>AHMS 144 - Medical Terminology</td>
<td>3</td>
<td>***M 162 - Applied Calculus</td>
<td>4</td>
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<tr>
<td>^General Education Requirement</td>
<td>3</td>
<td>***M 171 - Calculus or other placement</td>
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<tr>
<td>Credits</td>
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<td>Credits</td>
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<td>Summer</td>
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<td>Take GRE or CASPER as needed</td>
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<td>Apply to Entry-Level MPAS Programs</td>
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</tbody>
</table>

Notes:
- Course offered at the Missoula College
- If last names start with A-L take WRIT 101 first semester, M-Z take COMX 111A first semester
- Students may need to take the writing placement exam
- Students may need to take the math placement exam
- Choose one Microbiology course depending on program prerequisites - Please see prospective program websites
- Choose one Biochemistry series depending on program prerequisites - Please see prospective program websites
- Additional classes may be needed to complete prerequisites - Please see prospective program websites
- All Gen Ed categories must be completed but can be taken in any order

Rev 6/22
## ELEVATE U

**YOUR SIGNATURE CAREER READINESS PROGRAM**
*Focus on the skills you need to succeed*

### FRESHMAN
- Discuss Majors & Career Paths with Your Academic Advisor and a Career Coach
- Create Your Handshake Profile
- Take COLS 194 Freshman Seminar
- Enroll in Four Bear
- Take C&I 160 Learning Strategies
- Attend the Student Employment & Involvement Fair
- Participate in a Micro-Internship
- Take a Career Interest or Personality Assessment
- Participate in Service Saturday
- Create Your LinkedIn Profile
- Participate in ElevateU

### SOPHOMORE
- Discuss Career Readiness Steps with a Career Coach
- Draft & Review Your Résumé with a Career Coach
- Practice Interview Skills
- Explore Internship Options with a Career Coach
- Declare Your Major & Minor
- Consider Work, Service, or Intern Abroad
- Participate in a Service Activity
- Join a Major-Specific Student Club
- Select a Faculty Mentor
- Conduct Faculty-Led Research
- Attend the Student Employment & Involvement Fair

### JUNIOR
- Discuss Graduate & Professional School with a Career Coach
- Update Your Résumé
- Intern and/or Volunteer in Your Field
- Present Research at UMCUR
- Complete an Micro-Credential
- Draft & Review Your Cover Letter with a Career Coach
- Explore Peace Corps, VISTA & AmeriCorps
- Take a Service Learning Course
- Study Away (Domestic or International)
- Practice & Polish Interview Skills with a Career Coach
- Attend a Career Fair

### SENIOR
- Complete a Second Internship
- Finalize Your Résumé
- Finalize Your Cover Letter
- Explore Student Loan Forgiveness
- Ask for Recommendation Letters
- Confirm Professional References
- Review & Order Your Official Transcript
- Apply for Peace Corps, VISTA, or AmeriCorps
- Take the GMAT, LSAT, GRE, PRAXIS, etc.
- Apply for Jobs, Graduate, or Professional School
- Complete the First Destination Survey
- Join UM Alumni Association

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**TODAY’S EMPLOYERS EXPECT THAT CANDIDATES CAN:**

1. Communicate Clearly
2. Work in Teams
3. Manage Time & Stay Organized
4. Think Critically & Solve Problems
5. Be Comfortable with Technology
6. Work with a Diversity of Peers
7. Be Workplace & Civic Leaders
8. Pursue New Skills

**UM classes and experiential learning activities will help you develop and hone these important skills**