**Prerequisites:**

The Department of Counseling does not require specific undergraduate degree for admission. However, the following undergraduate prerequisites are recommended. These can be completed “credit/no credit.”

\_\_\_Developmental psychology or equivalent

\_\_\_Abnormal psychology

\_\_\_Basic statistics and/or educational measurement

**Core Courses: Required**

\_\_\_\_COUN 510 Introduction to the Counseling Profession 1 credit

\_\_\_\_COUN 511 Theories and Techniques of Counseling 3 credits

\_\_\_\_COUN 512 Fundamentals of Counseling 3 credits

\_\_\_\_COUN 520 Group Counseling Theory 3 credits

\_\_\_\_COUN 530 Applied Counseling Skills (AKA: Practicum) 3 credits

\_\_\_\_COUN 540 Individual Appraisal 3 credits

\_\_\_\_COUN 545 Counseling Research and Program Evaluation 3 credits

\_\_\_\_COUN 550 Introduction to Family Counseling 3 credits

\_\_\_\_COUN 555 Risk and Resiliency 3 credits

\_\_\_\_COUN 560 Lifespan Developmental Counseling 3 credits

\_\_\_\_COUN 570 Career Counseling 3 credits

\_\_\_\_COUN 575 Multicultural Counseling 3 credits

\_\_\_\_COUN 580 (495) Substance-related and Addictive Disorders and Recovery 3 credits (or similar course from another department with advisor approval)

\_\_\_\_COUN 589 Comprehensive Exam 1 credit

\_\_\_\_COUN 595 Psychopharmacology 1 credit

\_\_\_\_COUN 610 Professional Ethics and Orientation 3 credits

**Mental Health Counseling Track: Required**

\_\_\_\_COUN 585 Counseling Methods: Agency (AKA: Internship) 6 credits

\_\_\_\_COUN 615 Diagnosis and Treatment Planning 3 credits

\_\_\_\_COUN 625 Intro to Mental Health Systems 3 credits

**Electives**

6 credits of graduate level electives are required. When applicable to our course load, the Department will offer Counseling Electives focused on a particular area of study. Students intending to pursue LAC or LMFT must take COUN 580 and/or COUN 550, respectively, before enrolling in advanced elective courses. Students may also consult with their faculty advisor for additional graduate course offering appropriate to their major. Students may wish to complete additional internship credits as part of their elective requirement. Please work with your advisor.

**Total minimum graduate credits, Clinical Mental Health Counseling Track: 60**

**Mental Health Counseling Sample 2-Year Course Planning**

Note: This is a general 2-year plus Summer plan. Always consult with your advisor about your personal situation, especially if you want to proceed more slowly. We almost always recommend proceeding more slowly than this for the CMHC Masters degree.

**Summer courses –** Consult with your advisor (12 credits over two or three summers)

3 – COUN 540 – Individual Appraisal

3 – COUN 560 – Lifespan Development

3 – COUN 570 – Career Counseling

3 – COUN 580 (495) – Substance-related and Addictive Disorders and Recovery [This may also be in SW or PSYX. Consult with advisor]

**First Fall** **(13 credits; If you can only take 10 credits, take the top 4 courses)**

1 – COUN 510 – Introduction to the Counseling Profession

3 – COUN 511 – Theories and Techniques of Counseling

3 – COUN 512 – Counseling Fundamentals [Skills Gate]

3 – COUN 610 – Ethics and Professional Orientation [Conceptual Gate]

3 – COUN 550 – Intro to Family Counseling

**First Spring** (13-17 credits)

3 – COUN 520 – Group Counseling

3 – COUN 530 – Applied Counseling Skills – Clinical Mental Health

3 – COUN 615 – Diagnosis and Treatment Planning in Counseling

3 – COUN 575 – Multicultural Counseling

3 – Elective (consult with advisor)

1 – COUN 595 – Psychopharmacology workshop

**Second Fall** (9 credits)

3 – COUN 585 – Counseling Methods, Mental Health

3 – COUN 545 – Counseling Research and Program Evaluation

3 – COUN 555 – Risk and Resiliency (if you didn’t take this your first spring)

**Second Spring** (7-13 credits, depending on previous courses)

3 – COUN 585 – Counseling Methods, Mental Health

1 – COUN 589 – Comprehensive Examination

3 – COUN 625 – Mental Health Systems

3 – Elective

**Second or Third Summer**

3 –COUN 560 – Lifespan Development

3 – COUN 540 – Appraisal

OR COUN 570 – Careers and COUN 595 – Addictions (if you didn’t already take these courses another summer)

\*You might take 1 or 2 credits of COUN 585 – Counseling Methods, Mental Health

\*Consult with your advisor or COUN 585 instructor for guidance on planning internship hours/credits.

**Basic Rules**:

(1) You need 60 graduate level semester credits to graduate; (2) COUN 530 (Practicum) prereqs are COUN 510, 511, 512, 610; COUN 530 co-reqs are COUN 520 and 615; (3) You must complete 100 COUN 530 hours before counting COUN 585 hours. You need 6 credits (600 hours) of COUN 585 (Internship); (4) Consult with an advisor on electives. If you plan to pursue LAC or LMFT, COUN 580 – Addictions, and/or COUN 550 – Families are prerequisites.

**II. Program of Study Planning Form**

Advisee Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| 1st Summer | 1st Fall | 1st Spring |
|  |  |  |
| 2nd Summer | 2nd Fall | 2nd Spring |
|  |  |  |
| 3rd Summer | 3rd Fall | 3rd Spring |
|  |  |  |
| 4th Summer | 4th Fall | 4th Spring |
|  |  |  |