Physical Activity/ Skills Courses are courses with the ACT rubric numbered 100-287 or courses with the ACTV rubric used for varsity athletes. Military Science has two physical education/skills courses (MSL 106 and 203). Only 4 physical activity/skills course credits count toward a baccalaureate degree.

Physical Activity /Skills Courses are not subject to standard review by ASCRC. Activity courses can be requested by departments through the catalog review process. The department must provide the course description, prereq/coreq, restrictions, credits, repeatability, etc.

Prior to Common Course numbering physical education courses had the HHP rubric and were numbered 100-179.