



GEARZZLIES' GAZETTE

ENGAGE

BELONG

THRIVE

UM GEAR UP NEWSLETTER
AUGUST 2023



Welcome To University of MONTANA!

Watch a greeting from President Bodnar

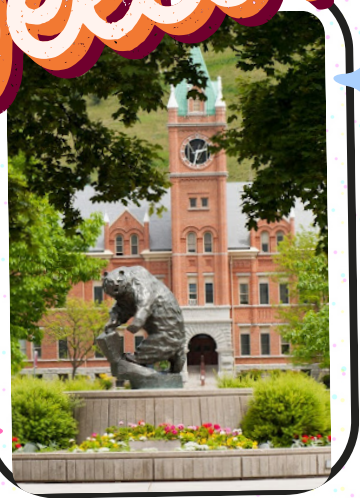
<https://youtu.be/jytVg0Y87gE>



What's In This Month's Issue?

- President Bodnar Greeting
- UM GEAR UP contact info
- Orientation
- Option for Classes
- Helpful Apps
- Get to Know YOU!
- Move-in Day
- Orientation Schedule
- Packing Lists
 - Student
 - Parent

Welcome



CHECK OUT GEAR UP WEBSITE!

Your UM GEAR UP Connection



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ENTER RAFFLE TO WIN:

GRIZ LUNCH TOTE:
Send a photo of your favorite summer fun!



HERE TO HELP!

RESOURCE MOVING CAMP--8/22-12-2P @ PFNAC

Orientation



WELCOME TO THE UM FAMILY!

The Big Sky Experience is Aug. 21 - 25, 2023

Students will be placed into small groups when they check-in for the Big Sky Experience and all sessions are mandatory unless otherwise noted by their UM Advocate leader. If you have any conflicts or concerns with the schedule please contact **Devin Carpenter at 406-243-2332.**

Families and guests are encouraged to attend programming on Monday and Tuesday, August 21 and 22, 2023 for any session marked with an asterisk (*).

INDIGENOUS FIRST-YEAR EXPERIENCE

The program includes:

- Indigenous community building
- advising + mentoring
- tutoring
- financial support

Subject: College Success (COLS)
Course Number: 194
Section: 16
Course Title: Indigenous First Yr Experience Seminar



SCAN TO APPLY

TRIO Student Success Seminar

STUDENT SUPPORT SERVICES

COLS 194 Section 12
2 credits

Instructor: Erin O'Reilly

Get to know fellow freshman who are enrolled in TRIO too!

GEAR UP for Classes

Helpful Websites/Apps

- UMontana App
- My UM
- GEAR UP Website
- Instagram
- Facebook
- Navigate
- Zeemee

Click the link

Let's Get to Know You

Scan the QR code or click on the link to access a **GEAR UP Lookbook for Fall 2023.** Answer a few questions, then check back once in a while to see who has posted to our group. It would be great to meet you before you arrive!



https://docs.google.com/presentation/d/1EnbcV5JuPdtqgmmHNCBHPByF0vjR3qAYUgvi0iQ_w/edit#slide=id.p

Move-in Day

Students will move into the residence halls at their **scheduled move-in time** on **August 21**. In late June, students will receive an email at their UM student email account with directions to **sign up for a move-in time.**

??- Michael Burk-Boggs: 406-243-4243

ORIENTATION SCHEDULE



Monday, August 21, 2023

- RESIDENCE HALL MOVE-IN DAY*
- DINING PLANS BEGIN
- 8 A.M. - 5 P.M. - GET YOUR GRIZ STUDENT ID CARD*
- 1 - 6 P.M. - CHECK-IN FOR YOUR BIG SKY EXPERIENCE (MANSFIELD MALL)*
- 4 - 6 P.M. - BEAR FAIR (THE OVAL)*
- 5 - 6:30 P.M. - FIRST MEAL (THE OVAL)*
- 6 P.M. - GRIZ WELCOME, WOMEN'S VOLLEYBALL*

Thursday, August 24, 2023

- 7 - 8:30 A.M. - BREAKFAST ON YOUR OWN
- 8:15 - 8:30 A.M. - MEET UP WITH YOUR SMALL GROUP
- 8:30 A.M. - 12:30 P.M. - DAY 2 SITE ACTIVITIES FOR YOUR BIG SKY EXPERIENCE
- 12 - 1:30 P.M. - LUNCH ON YOUR OWN
- 2 - 2:30 P.M. - GRAY GROUPS, OUR COMMUNITY OF RESPECT
- 2 - 2:45 P.M. - MAROON GROUPS, SETTING YOU UP FOR SUCCESS
- 2:30 - 3:30 P.M. - GRAY GROUPS, LET'S TALK ABOUT OUR COMMUNITY OF RESPECT
- 2:45 - 3:30 P.M. - MAROON GROUPS, LET'S TALK ABOUT SETTING YOU UP FOR SUCCESS
- 3:30 - 5 P.M. - FREE TIME
- 5 - 6:30 P.M. - DINNER ON YOUR OWN
- 5:30 - 8:30 P.M. - DINNER AT DOWNTOWN TONIGHT WITH GRIZ ATHLETICS
- 7:30 - 10 P.M. - GRIZ WELCOME, LATE NIGHT KARAOKE

Tuesday, August 22, 2023

- 7 - 9 A.M. - BREAKFAST ON YOUR OWN
- 8:30 - 10 A.M. - LATE BIG SKY EXPERIENCE CHECK-IN (THE OVAL)*
- 8:30 A.M. - 4:30 P.M. - GET YOUR GRIZ STUDENT ID CARD*
- 10:30 - 11 A.M. - WELCOME TO THE UM FAMILY (THE OVAL)*
- 11 A.M. - NOON - FAMILY SEND OFF (DAVIDSON HONORS COLLEGE)*
- 11 - 11:30 A.M. - INCOMING CLASS PHOTO (THE OVAL)
- 11:30 A.M. - 12:30 P.M. - SMALL GROUP - MEET YOUR UM ADVOCATE
- 12:30 - 1:30 P.M. - LUNCH ON YOUR OWN
- 12:30 - 2 P.M. - MOVING CAMP, AMERICAN INDIAN STUDENT SERVICES (AISS) (PFNAC ROTUNDA)*
- 2 - 5 P.M. - COLLEGE AFTERNOONS
- 3:30 - 6 P.M. - MISSOULA COLLEGE AFTERNOON AND WELCOME DINNER*
- 5 - 6:30 P.M. - DINNER ON YOUR OWN
- 8 - 10 P.M. - GRIZ WELCOME, BINGO

Check out our
GEAR Up Website:
<https://www.umt.edu/gear-up/>



Wednesday, August 23, 2023

- 7 - 8:30 A.M. - BREAKFAST ON YOUR OWN
- 8:15 - 8:30 A.M. - MEET UP WITH YOUR SMALL GROUP
- 8:30 A.M. - 12:30 P.M. - DAY 1 SITE ACTIVITIES FOR YOUR BIG SKY EXPERIENCE
- 12 - 1:30 P.M. - LUNCH ON YOUR OWN
- 2 - 2:30 P.M. - MAROON GROUPS, OUR COMMUNITY OF RESPECT
- 2 - 2:45 P.M. - GRAY GROUPS, SETTING YOU UP FOR SUCCESS
- 2:30 - 3:30 P.M. - MAROON GROUPS, LET'S TALK ABOUT OUR COMMUNITY OF RESPECT
- 2:45 - 3:30 P.M. - GRAY GROUPS, LET'S TALK ABOUT SETTING YOU UP FOR SUCCESS
- 3:30 - 5 P.M. - DAVIDSON HONORS COLLEGE OPEN HOUSE
- 3:30 - 5 P.M. - FREE TIME
- 5 - 6:30 P.M. - DINNER ON YOUR OWN
- 7 - 10 P.M. - GRIZ WELCOME, NIGHT AT THE UC

Friday, August 25, 2023

- 7 - 8:30 A.M. - BREAKFAST ON YOUR OWN
- 8:15 - 8:30 A.M. - MAROON GROUPS, MEET UP WITH YOUR SMALL GROUP
- 8:30 - 10 A.M. - MAROON GROUPS, ADVOCATE PRODUCTION
- 10 - 10:45 A.M. - MAROON GROUPS, LET'S TALK ABOUT THE BOTTOM LINES
- 10:45 - 11 A.M. - GRAY GROUPS, MEET UP WITH YOUR SMALL GROUP
- 11 A.M. - 12:30 P.M. - GRAY GROUPS, ADVOCATE PRODUCTION
- NOON - 2 P.M. - LUNCH ON YOUR OWN (EXTENDED HOURS)
- 12:30 - 1:15 P.M. - GRAY GROUPS, LET'S TALK ABOUT THE BOTTOM LINES
- 12:30 P.M. (LAST SHUTTLE 3:30 P.M.) - FRESHMAN FLOAT AND RIVERBOWL PARTY
- 6 - 10:15 P.M. - GRIZ WELCOME, MOVIES ON THE OVAL

Questions? Look at orientation website

TOILETRIES

- Antacid
- Aspirin or other pain relievers
- Vitamins
- Antidiarrheal medicine
- Adhesive bandages, antibiotic ointment
- Cough drops
- Shower caddy
- Shower shoes (flip-flops)
- Shampoo and conditioner
- Hairstyling products
- Soap
- Dental floss/Toothbrush/Toothpaste
- Comb/brush
- Nail clippers/Tweezers
- Hair dryer/straightener/curling iron
- Razor and shaving cream
- Lotion and/or facial moisturizer
- Cotton swabs

WHAT CAN'T I BRING FOR MY ROOM?

- The following items are not allowed in the Residence Halls:
- Electrical appliances for cooking are not allowed in any of the buildings. This includes electric burners, George Foreman Grills, toasters, toaster ovens, etc. Exceptions are made for hot air poppers, coffee pots, hot pots, and microwaves.
- Anything with an open element
- Candles and incense
- Flammable liquids
- Halogen lamps
- Pets (other than fish in a tank 10 gallons or less)
- Hoverboards, Swagways, IO Hawks, and Skywalkers



CLOTHING

- Underwear
- Socks
- Pants/jeans
- Shirts/blouses
- Sweats
- Pajamas
- Slippers and/or flip-flops
- Sweaters
- Light/heavy jackets
- Gloves/scarf/hat (and other foul-weather gear as needed)
- 1 pair of boots
- 2 pairs of sneakers or comfortable/walking shoes
- 1 set of business-casual clothes
- 1 pair of dress shoes
- 1 swimsuit

SHARED ITEMS W/ ROOMMATE

- Audio equipment
- TV and DVD player
- Coffeemaker/hot pot/microwave, if allowed
- Small refrigerator (if one isn't provided)
- Area rug
- Posters/art

Notes:



Need Help? Contact:

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Parents **GEAR UP** for Going to College

ITEMS TO INCLUDE IN YOUR PARENT SURVIVAL KIT FOR COLLEGE DROP OFF

1. Before you begin packing, remove everything from its packaging.
2. Plastic storage bins are an easy way to pack necessities for move-in day and use for storage.
3. Pack like items together to make unpacking easier.
4. Leave clothes on hangers when moving. Just put them in a trash bag and tie the handles around the base of the hanger to keep the clothes clean! as you move the clothes in, you can hang them on a broom and you'll put the broom to use once you're in the room too.
5. Pack anything that can spill into a container with a seal lid, like cleaning supplies, shampoo, etc. Put all the cleaning products and tools in a bucket or a bin and pack it in the car somewhere that it can be one of the first things you move in.
6. Be sure to tape the lids onto your storage bins, or any drawers, before leaving home.
7. As you pack each bin, box, tub, etc., make sure you add a label with your name, dorm name, and room/suite number. 2-inch painter's tape and a permanent marker work great.
8. A wheeled ice chest with some cold drinks and snacks.
9. Bring a variety of command hook styles. Make sure you bring a bottle of rubbing alcohol, some cotton balls & alcohol, or a stack of alcohol prep pads, and a hair dryer to prep the wall surface for command hooks!
10. A door stop to prop the dorm door open while moving in or to keep the room from being too stuffy. Bring a fan to keep the room cool.
11. A few tools (electric screwdriver/drill, rubber mallet, hammer) for assembling shelves and drawer units. Assorted sizes of zip ties and scissors. Zip ties are fantastic for bundling up cords, attaching cords to bunks, etc.
12. Pen and Paper to make a list of items to go buy once you arrive.
13. Tape Measure. If you need to go buy shelves or drawer units, it will help to know the space available.
14. Kleenex (a few for your pocket and a box for the car).

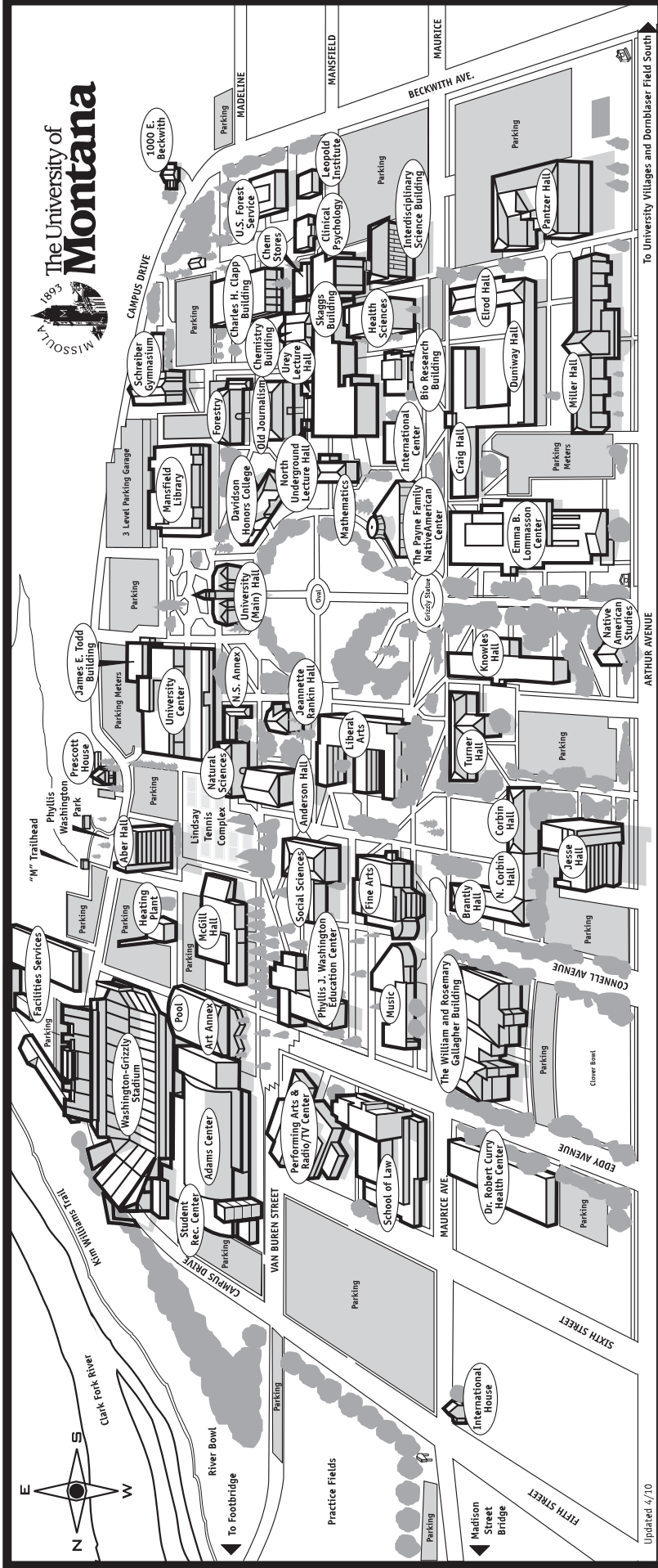


A FEW MORE COLLEGE MOVE IN DAY TIPS

1. Expect chaos and be ready to be patient and malleable to the situation.
2. Don't plan to give advice to your child about room setup or anything else. This is not the time. It is their room and they need the freedom to decide where the bed goes, what drawer they want their underwear in, and whether they want you to unpack everything.
3. Take pictures of any existing damage to walls, floors, doors, and furniture in case it is an issue at move-out.
4. Plan a shopping trip. After you arrive and get the basic unpacking done, take a survey of the room and make a list of items to go buy. These may be items that were too big to bring with you or just some snacks and laundry detergent. A shopping trip gets you out of the dorm for a while and lets you and your child pick out a few last things together.
5. Make your student's bed so after a long day at their Big Sky Experience, they can come back and hit the sack!
6. Find a place other than the dorm for your good-byes – some place calmer and more private. Take your child out to dinner or for ice cream as your last activity and say good bye there. Parents may be feeling sad and students are both anxious and excited. We've heard from many parents the number 1 tip is to say your goodbyes at home. Then when you leave your teen at school you can just say a quick goodbye. Take a picture at the Griz statue.

Get to know the abbreviations for campus buildings

1 2 3 4 5 6 7 8 9 10



Updated 4/10

- Aber Hall, DABE . . . F5
- Adams Center, AC . . . E3
- Admissions & New Student Svcs./Lommasson Ctr . . . B7
- Alumni Association/Brantly . . . C4/5
- Art Annex, AA . . . E4
- Bio Research Building, . . . C8
- Bookstore/UC . . . F6
- Brantly Hall, BRAN . . . C4/5
- Business Services/Lommasson Ctr . . . B7
- Center Services/Lommasson Ctr . . . B7
- Center for Ethics/1000 E. Beckwith. . . F9
- Charles H. Clapp Building, CHCB . . . E9
- Chemistry Building, CHEM . . . E8
- Chem Stores, CS . . . E8
- Clinical Psychology Center, CPC . . . E9
- Continuing Education/Todd Bldg, CEC/TODD . . . F6
- Corbin Hall, COR . . . B5
- Craig Hall, DCRA . . . C7/8
- Curry Health Center, CUR . . . B/C2/3
- Dahlberg Arena/Adams Center, ADAM . . . E3
- Davidson Honors College, DHC . . . E7
- Don Anderson Hall, DAH . . . E5
- Duniway Hall, DDUN . . . B8/9
- Elrod Hall, DELR . . . B/C9
- Emma B. Lommasson Center, LO . . . A/B/C7
- Ethics Center/1000 E. Beckwith, EC . . . F9
- Facilities Services, FS . . . G4
- Financial Aid/Lommasson Ctr, LO . . . B7
- Fine Arts, FA . . . C/D4/5
- Foreign Student & Scholar Svcs./Lommasson Ctr, LO, B7
- Forestry, FOR . . . E8
- Foundation/Brantly Hall . . . C4/5
- Gallagher Building, The William & Rosemary, GBB C3/4
- Grizzly Pool, POOL . . . F4
- Griz Central/Lommasson Ctr . . . B7
- Harold C. Urey Lecture Hall, ULH . . . E8
- Health Sciences, HS . . . C/D8/9
- Heating Plant, HEAT . . . F4
- Hoyt Athletic Complex, HAC . . . E3
- Human Resource Services/Lommasson Ctr, LO . . . B7
- Interdisciplinary Science Building, ISB . . . D9
- International Center, IC . . . C/D8
- International House, INTH . . . C1
- Jeannette Rankin Hall, JRH . . . E6
- Jesse Hall, DJES . . . A5
- Old Journalism, JOUR . . . E8
- Knowles Hall, DKNO . . . B/C6
- KUFM Radio-TV . . . C5
- Law School, LAW . . . C/D2/3
- Leopold Institute, LEOL . . . E9
- Liberal Arts, LA . . . D5/6
- Lindsay Tennis Complex . . . E5
- Lodge (Lommasson Center), LO . . . A/B7
- Main Hall (Univ. Hall), UH . . . E6/7
- Mansfield Library, MLIB . . . F7
- Mathematics, MATH . . . D7
- McGill Hall, MCG . . . E4
- Miller Hall, DMIL . . . A8/9
- Montana Theatre/PARTV . . . D3
- Music, MUS . . . C/D4
- Native American Studies, NAS . . . A6
- Natural Sciences, NS . . . E5
- N.S. Annex, . . . E6
- North Corbin, NCOR . . . B5
- N. Undergrad Lecture Hall, NULH . . . E8
- Pantzer Hall, DPAN . . . A/B9
- The Payne Family Native American Center, PFNAC . . C7
- Performing Arts & RadioTV Center, PART . . . D/E2
- Pharmacy-Psychology/Skaggs Building, SB . . . D8
- Phyllis J. Washington Education Center, ED . . . F5
- Prescott House, PH . . . F5
- President's Office/Univ. Hall, UH . . . E6/7
- Printing & Graphics/Todd Building . . . F6
- Radio-TV Dept./Don Anderson Hall, DAH . . . D3
- Registrar/Lommasson Ctr, LO . . . C5/6
- Residence Life/Turner . . . C5/6
- Riverbowl, RB . . . E1
- Schreiber Gym, SG . . . F8
- Skaggs Building, SB . . . D8
- Social Sciences, SS . . . D/E5
- Student Recreation Center, SRC . . . E2
- Tennis Courts, TC . . . E5
- Todd Building, TODD . . . F6
- Turner Hall, DTUR . . . C5/6
- University Center, UC . . . F6
- University Relations/Brantly . . . C4/5
- University Hall, UH . . . E6/7
- University Theatre, UT . . . C/5
- Urey Lecture Hall, ULH . . . E8
- U.S. Forest Service, USFS . . . E9
- Washington-Grizzly Stadium, WGS . . . F3/4
- Work-Based Learning/Lommasson Ctr . . . B7