



Channa Masala Grocery Shopping List

- 2x 15oz Garbanzo beans
- 1x 15oz Diced Tomato's
- 2 tbs Oil
- 1-2 Serrano chili's, minced
- 3 Garlic cloves, minced
- 1-2" piece of Ginger root, minced
- 1/2 tsp Asafoetida
- 1 tbs black mustard seed
- 1/2 tbs ground cumin
- 1/2 tbs ground coriander seed
- 1/2 tsp ground turmeric
- 1 tsp salt
- 1/2 cup fresh Cilantro leaves



When you have all these ingredients ready, please watch the video [“Cooking Channa Masala with Sarj Patel”](#).