



University of Montana - Four-Year Academic Plan 2022-2023

College of Health

Bachelor of Science - Integrative Physiology

Applied Human Physiology Concentration

This is an example of a four year graduation plan for a degree in Applied Human Physiology Concentration.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
HTH 110 - Personal Health and Wellness	3	KIN 201 - Basic Exercise Prescription	3	Human Anatomy & Physiology I + Lab	4	KIN 498 - Internship OR KIN 499 - Senior Capstone	3
CHMY 121N - Intro to General Chemistry	4	BIOH 112 - Human Form and Function I BIOB 160N - Principles of Living Systems	3	AHMS 144 - Medical Terminology	3	KIN 460 - ECG Assessment	2
*COMX 111A - Public Speaking OR *WRIT 101 - College Writing	3	Select on of the following: 115 - Probability & Linear Mathematics M M121 - College Algebra M 151 - Precalculus M 162 - Applied Calculus M 171 - Calculus or other placement	3	Electives	6	Electives	6
PSYX 100S - Introduction to Psychology	3	-WRIT 121 - Intro to Technical Writing OR WRIT 201 - College Writing II	3	General Education Requirement (L or Y)	3	HTH 475E - Legal and Ethical Issues	3
		Elective	3				
Credits	13	Credits	15	Credits	16	Credit	14
Spring		Spring		Spring		Spring	
KIN 205 - Foundations Health & Human Performance	3	NUTR 221N - Basic Human Nutrition	3	Human Anatomy & Physiology II + Lab	4	Advanced College Writing	3
CHMY 123/124 - Intro to Organic & Biochemistry /Lab	6	Statistics	3	KIN 330 - Motor Learning & Control	3	KIN 483/484 - Exercise, Disease, and Aging/Lab	4
COMX 111A - Public Speaking OR WRIT 101 - College Writing	3	PSYX 230 - Developmental Psychology OR PSYX 340 - Abnormal Psychology	3	Microbiology	4	Electives	9
General Education Requirement (L or Y)	3	ANTY 101H - Introduction to Anthropology OR NASX 105H - Introduction to Native American Studies	3	Elective	3		
		Elective	3				
		BIOH 113 (If Needed) - Human Form & Function II					
Credits	15	Credits	15	Credits	14	Credits	16
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
Total Credits	28	Total Credits	58	Total Credits	88	Total Credits	118

Notes:

* If last names starts with A-L take WRIT 101, M-Z take COMX 111A

- Held off campus at the Missoula College

** Students must complete at least 18 elective credit hours in addition to the required courses above.

*** If student takes BIOH 201N-211N or another 200 level Anatomy and Physiology Sequence they will need to take additional upper division credits to meet the University requirement of 39 upper division credits for graduation.

**** Additional classes will be needed for those hoping to complete prerequisites for PA, Nursing, OT, and Cardiac Rehab, etc. - see advisor.

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