



University of Montana - Four-Year Academic Plan 2022-2023

College of Health

**Bachelor of Science - Integrative Physiology
Exercise Science, Pre-Professional Concentration**

This is an example of a four year graduation plan for a degree in Exercise Science, Pre-Professional Concentration.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
KIN 201 - Basic Exercise Prescription	3	Human Anatomy & Physiology I + Lab	4	KIN 320/321 - Exercise Physiology/Lab	4	KIN 498 - Internship OR KIN 499 - Senior Capstone	3
CHMY 121N - Intro to General Chemistry	4	NUTR 221N - Basic Human Nutrition	3	PHSX 205N/206N - College Physics I/Lab	5	KIN 460 - ECG Assessment	2
*COMX 111A - Public Speaking	3	M 121 - College Algebra OR M 151 - Precalculus	3	STAT 216 - Introduction to Statistics	3	Electives	9
BIOH 112 - Human Form and Function I (or) BIOB 160N - Principles of Living Systems	3	General Education Requirement (L, H, X or Y)	3	General Education Requirement (L, H, X or Y)	3		
Credits	13	Credits	13	Credits	15	Credit	14
Spring		Spring		Spring		Spring	
KIN 205 - Foundations Health & Human Performance	3	Human Anatomy & Physiology II + Lab	4	HTH 475E - Legal Ethical Issues Health Ex Professions	3	Advanced College Writing	3
CHMY 123/124 - Intro to Organic & Biochemistry /Lab	6	KIN 330 - Motor Learning & Control	3	PHSX 207N/208N - College Physics II/Lab	5	KIN 483/484 - Exercise, Disease, and Aging/Lab	4
WRIT 101 - College Writing	3	M 122 (If Needed) - College Trigonometry -WRIT 121 - Intro to Technical Writing OR WRIT 201 - College Writing II	3	BIOB 170N/171N - Biological Diversity/Lab	5	Electives	9
PSYX 100S - Intro to Psychology	3			General Education Requirement (L, H, X or Y)	3		
BIOH 113 (If Needed) - Human Form & Function II		Elective	3				
		General Education Requirement (L, H, X or Y)	3				
Credits	15	Credits	16	Credits	16	Credits	16
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
Total Credits	28	Total Credits	57	Total Credits	88	Total Credits	118

Notes:

* If last names starts with A-L take WRIT 101, M-Z take COMX 111A

-- Held off campus at the Missoula College

** Students must complete at least 18 elective credit hours in addition to the required courses above.

*** If student takes BIOH 201N-211N or another 200 level Anatomy and Physiology Sequence they will need to take additional upper division credits to meet the University requirement of 39 upper division credits for graduation.

**** Additional classes will be needed for those hoping to complete prerequisites for PT, PA, Med, OT, Chiropractic schools, etc. - see advisor.

Rev 9/21