UMSL CHINA PROGRAM - Essential In-Country Information

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CHINA PROGRAM - PRACTICAL TRAVEL INFORMATION

Water generally cannot and should not be drunk out of the tap, so bottled water will be provided at the hotels for all uses and boiling water is always strongly recommended.

Coffee is generally not available at Chinese universities so those wanting coffee should bring instant coffee. Water can be boiled at the hotels.

Food in China is generally good and poses few health problems for most people. Bringing Imodium or something similar is nonetheless a good idea. Weather in China this time of the year will be hot and humid, so dress accordingly. Casual clothes are generally fine, although everyone should bring a lightweight semi-dress outfit for special social occasions.
What to bring: Tylenol, Alka-seltzer, Wipes, Kleenex packets, a small soap bar, washrag, towel.

Laptops & cell phones may be brought to China and those bringing cell phones should consult their service providers about what is needed to have service and how much it will cost.

Currency exchanges are not common in China, so participants should plan on exchanging their money in the airports when they arrive. ATM Cards generally work fine all over China, although participants should let their banks know before they travel that ATM cards will be used.

**Travel Alarm Clock – Bring one**

Travel & Country Information: Participants should read carefully the U.S. State Department description of China which may be found at:
- [http://www.state.gov/r/pa/ei/bgn/18902.htm](http://www.state.gov/r/pa/ei/bgn/18902.htm) (country information)

Also note:
- [http://www.kentlaw.edu/international/jd/studyabroad/swupl/InternationalStudentGuide.pdf](http://www.kentlaw.edu/international/jd/studyabroad/swupl/InternationalStudentGuide.pdf) (Great SWUPL Site for International Students in Chongqing)
The University of Montana School of Law presents the Study Abroad Program in China