

**Montana Geriatric Education Center
Online Geriatric Health Courses
Course Description**

DEMENTIA CARE: WHAT MATTERS*

The **Dementia Care: What Matters** course is a compilation of the following recorded presentations from the Montana Geriatric Education Center's 2021 Annual Fall Conference. The course identifies strategies that participants can use to address what matters most to individuals living with dementia and their caregivers.

Course Content:

What Matters in Dementia by Lee A. Jennings, MD, MSHS, University of Oklahoma Health Sciences Center, Oklahoma City, OK

Dr. Jennings, an Associate Professor and Chief, Division of Geriatric Medicine at the University of Oklahoma Health Sciences Center, is a geriatrician and health services researcher whose work focuses on improving models of care delivery for dementia and aligning care received with patient health goals. She is the Director of the Oklahoma Geriatric Workforce Enhancement Program, PI for the ACL-funded Oklahoma Falls Prevention Program, and a multi-PI for an AHRQ-funded grant to reduce opiate use disorder and improve chronic pain management in Oklahoma primary care practices. She is a co-investigator on research funded by PCORI, NIA, and the Hartford Foundation and co-chairs the AGS Women in Geriatrics Section.

Module Purpose: Apply the 4Ms of age-friendly care to dementia (mobility, mentation, medications & what matters most) and discuss approaches to goal-directed care in dementia, including end-of-life management.

Learning objectives:

1. Describe how the 4Ms apply to dementia
2. Gain an understanding of what is meant by goal directed care in dementia
3. Identify strategies for end-of-life care management in dementia

Credit Hours: 1.5

Caring for the Caregivers: Addressing Their Evolving Needs by Eve Escalante, MSW, LCSW, Rush University Health Center, Chicago, IL

Eve Escalante is Manager of Program Innovation, Clinical Social Worker and Instructor in the Department of Social Work and Community Health at Rush University Health Center. Her principal duties include development of innovative programming that supports underserved communities, clinical and administrative supervision, participation in trauma-informed care transformation efforts, aging and social work curriculum development, expansion of care management efforts into communities most impacted by COVID-19 pandemic, and development/training of community health worker workforce. She has presented and published on the social determinants of health, including social isolation and loneliness.

Module Purpose: Review the current landscape of caregivers in the US; Describe common reasons why a caregiver may engage in mental health services and discuss how to engage caregivers; Identify common challenges those caring for individuals living with dementia may encounter.

Learning Objectives:

1. Become familiar with caregiver demographics in the US
2. Identify common challenges for the caregivers of individuals living with dementia
3. Recognize indications for caregivers to receive mental health services
4. Identify how to screen caregivers' mental health

Credit Hours: 1

Safety and Health: The Bottom Line for Persons with Dementia by Mary Lou Donovan, PhD, OTR/L, CEO of Positive Dementia Paths, Duluth, MN

Dr. Donovan, owner and CEO of Positive Dementia Paths, and a Registered Occupational Therapist, has expertise in working with older adults, people who have dementia, and their personal or professional caregivers. Since 1978, Dr. Donovan has practiced occupational therapy in acute and subacute rehabilitation units, skilled nursing facilities, memory care units, as well as home care and hospice organizations. For 20 years, she taught at the College of St. Scholastica in a Masters level Occupational Therapy program and has published work in peer-reviewed journals on dementia caregiving and college level interdisciplinary work.

Module Purpose: Identify key areas of safety concerns for individuals living with dementia and become familiar with resources for caregivers to promote a more safe environment for individuals living with dementia.

Learning Objectives:

1. Identify key areas of safety concerns for individuals living with dementia
2. Become familiar with resources for caregivers to promote a safer environment for individuals living with dementia

Credit Hours: 1

Legal and Financial Concerns of Caregivers and Individuals Living with Dementia by
Marsha Goetting, PhD, CFP, CFCS, Montana State University, Bozeman, MT

Dr. Goetting is a Professor and Extension Family Economics Specialist, Agricultural Economics and Economics Department, Montana State University. In her position she provides statewide estate planning and family financial education to Montana citizens that will enable them to improve their quality of life. She has published numerous journal articles, book chapters, and extension publications on estate planning and financial management. Since 2005, she has presented almost 1,000 programs about estate planning, finances, investments, and financial decision-making to almost 30,000 participants.

Module Purpose: Become familiar with financial and legal resources available for providers and caregivers when working with individuals with dementia and develop strategies and a timeline for addressing common legal and financial issues faced by caregivers and individuals living with dementia.

Learning Objectives:

1. Become familiar with financial and legal resources available for providers and caregivers when working with individuals with dementia
2. Identify strategies and a timeline for addressing common legal and financial issues faced by caregivers and individuals living with dementia

Credit Hours: 1

Recent Advances in Alzheimer's: Early Detection and Treatment Pipeline by Heather M. Snyder, PhD, Alzheimer's Association, Chicago, IL

Dr. Snyder is the VP of Medical and Scientific Relations at the Alzheimer's Association. She oversees Association initiatives that accelerate Alzheimer's research and provide opportunities for the global dementia community. She leads the Association's International Research Grant Program, through which the Association funds investigations that advance understanding of Alzheimer's and moves the field toward solutions for the global Alzheimer's crisis. She also serves on the executive team for the U.S. Study to Protect Brain Health Through Lifestyle Intervention to Reduce Risk (U.S. POINTER).

Module Purpose: Describe the diversity in therapeutic approaches currently under investigation and identify risk factors for Alzheimer's disease; become familiar with the indications for, side effects, and limitations of the new Alzheimer's disease agent aducanumab.

Learning Objectives:

1. Identify resources available to learn more about Alzheimer's Disease
2. Become familiar with recent advances in clinical trials and interventions for individuals with dementia
3. Identify risk factors for Alzheimer's Disease

Credit Hours: 1

St. Vincent Healthcare is approved as a provider of nursing continuing professional development by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation

NOTE: CE Credit will not be available for this course after December 31, 2023

For continuing nursing education, it is required that courses be reviewed periodically to ensure that content is reflective of best available evidence. Current courses will not be valid for MNA credit after the published expiration date.

***There is no conflict of interest for anyone with the ability to control the content of this activity.**