



**University of Montana - Four-Year Academic Plan 2023-2024**  
College of the Arts and Media

**Bachelor of Arts (BA) in Dance, Concentration in Pre-Dance Therapy**

This is an example of a four-year graduation plan for a degree in Dance.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
<b>Fall</b>		<b>Fall</b>		<b>Fall</b>		<b>Fall</b>	
DANC 194-Freshman Seminar	1	DANC 295-Student Teaching: Children's Dance	1	DANC 399-Jr. Creative/Research Project	1	DANC 334-Dance History	3
DANC x00-Modern by advisement	2-3	DANC x00-Modern by advisement	2-3	DANC Elective by advisement	1-3	DANC Elective by advisement	2-3
DAN 220-Creative Practice I	2	DANC xx5-required technique	2-3	PSYX 330-Child Development	3	General Education Requirement (IX. recommended)	3
DANC x10-Ballet by advisement	2-3	PSYX 120/233/250N/360/362	3	General Education Requirement (VIII. recommended)	3	Upper-Division Electives	6
DANC xx5-required technique	2-3	General Education Requirement (III.a. recommended)	3	Upper-Division Electives	6	Cultural/Social/Behavioral Competency Course by advisement	3
PSYX 100S-Intro to Psychology (VII.)	3	General Education Requirement (VI. recommended)	3	UM Elective	3		
WRIT 101-College Writing I (alpha A-L) (I.a.)	3 (0)						
UM Elective (alpha M-Z)	3 (0)						
Credits	15-18	Credits	14-16	Credits	17-19	Credits	17-18
<b>Spring</b>		<b>Spring</b>		<b>Spring</b>		<b>Spring</b>	
DANC x00-Modern by advisement	2-3	DANC x00-Modern by advisement	2-3	DANC 360L-World Dance (V. and X.)	3	DANC 380-Science of Dance Movement	3
DANC x10-Ballet by advisement	2	DANC 345-New Visions Dance	1	DANC 406-Dance as a Healing Art	2	DANC 494-Jr./Sr. Seminar (I.c.)	3
DANC xx5-required technique	2-3	General Education Requirement (III.a. recommended)	3	PSYX 340-Abnormal Psychology	3	DANC 499-Sr. Thesis/Creative Project	1
DANC Elective by advisement	1-3	General Education Requirement (XI. recommended)	3	Cultural/Social/Behavioral Competency Course by advisement	3	Upper-Division Electives	6
WRIT 101-College Writing I (alpha M-Z) (I.a.)	3 (0)	General Education Requirement (I.b. recommended)	3	General Education Requirement (XI. w/lab recommended)	3	UM Elective	3
UM Elective (alpha A-L)	3 (0)	UM Elective	3				
General Education Requirement (II. recommended)	3						
Credits	13-17	Credits	15-16	Credits	14	Credits	16
<b>Total Credits</b>	<b>28-35</b>	<b>Total Credits</b>	<b>57-67</b>	<b>Total Credits</b>	<b>88-100</b>	<b>Total Credits</b>	<b>121-134</b>

**Notes:**

See catalog or dance faculty advisor for more details.

# ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

**Discover how your strengths, values, and interests relate to career and education pathways.**

- Take the [Strong Interest Inventory](#) or other [career assessments](#) to see what careers may be a good fit for you.\*
- Download the [Handshake](#) app and activate your account to explore jobs\*
- Attend “[careers and opportunities](#)” fairs and join a [First Time at the Fair](#) tour\*
- Join student groups that align with your interests\*
- Explore career options at [What Can I Do With This Major?](#) (click on “Major Exploration”)\*
- Learn about specific occupations on [O\\*Net Online](#)
- [Schedule an appointment](#) for Career Planning and Major Exploration

**EXPLORE**  
*Pathways for you*

**Participate in experiential (hands-on) learning to refine your interests and goals.**

- Seek and apply for internships or part-time jobs on [Handshake](#)\*
- Participate in [Volunteer Programs](#)\*
- Consider [studying abroad](#) or at [another US university](#) for a semester or year\*
- Consider an [internship abroad](#)\*
- Conduct [undergraduate research](#) at UM\*
  - Secure a paid [micro-internship](#)
  - Participate in the [Griz Career Skills Program](#)
  - [Schedule an appointment](#) for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

**EXPERIENCE**  
*and Grow*

- Meet employers at [career fairs and events](#)\*
- Develop a stellar [resume](#) and [cover letter](#)\*
- Practice [interview skills](#)
- Learn how to [negotiate your salary](#) and benefits package
- Fine-tune your [LinkedIn](#) profile
- Apply for jobs, graduate/professional school, or national service
- [Schedule an appointment](#) for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

**ELEVATE**  
*to Your Career*

**Refine your personal brand and develop stand-out application materials to achieve your goals**

**EMBRACE**  
*Your Goals*

- Strengthen relationships with faculty and supervisors who can guide and recommend you\*
  - Connect with alumni in fields or companies of interest through the [Griz Career Network](#)
  - Expand your network to gain insights and support through [LinkedIn](#)
  - Conduct [career conversations](#) with professionals in fields of interest
  - Gain industry and company-specific skills through free [Forage](#) job simulations
  - [Schedule an appointment](#) to discuss Networking Strategies, LinkedIn, Graduate School Planning
- Develop skills and network to help you pursue your goals**

## YOUR CAREER SUPPORT OFFICES AT UM

**[Experiential Learning & Career Success \(ELCS\)](#) is for all UM students!**

**Students in the following Schools and Colleges have additional access to the following career services:**

- [College of Business Career Development Center](#)
- [Career Trailhead professional readiness program](#)
- [College of Humanities and Sciences Career Planning Center](#)
- [Davidson Honors College Career Development Program](#)
- [School of Law Career Development Office](#)
- [Missoula College Career Services](#)

