

	0	University of Montana - F	Four-Y	ear Academic Plan 2023-2024				
		College of H		ties and Sciences				
		Bachelor of Arts (B.A.) in W	/omen'	's Gender and Sexuality Studies				
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Year 1	This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.Year 2Year 3Year 4							
Fall		Fall	_	Fall			Fall	
			_			1 0		
WGSS 163L: Hist/Lit Perspectives of Women	3	WGSS 263S: Social and Political Perspectives	3	WGSS 398: Internship	3		WGSS Humanities Elective UD	3
Elective course	3	WGSS Humanities elective	3	WGSS Humanities elective UD	3		Elective coures UD	6
Foreign Language 101-level	4	General Education Requirements	6	Elective course UD	6		Elective course	6
WRIT 101: College Writing	3	Elective Course	3	Elective course	3			
General Education Requirements	3							
Credits	16	Credits	15	Credits	15	5 Cr	redits	15
Spring		Spring		Spring		Sp	oring	
						Г		
WGSS Social Science Elective course	3	WGSS Social Science Elective Course UD	3	WGSS 363: Fem. Theory and Methods	3		WGSS 463: Capstone	3
Elective course	3	Elective course	3	Elective Courses UD	9		WGSS Social Science Elective UD	3
Foreign Language 102-level	4	General Education Requirements	9	Elective Course	3		Elective courses UD	9
General Education Requirements	6					_		
						-		
Credits	16	Credits	15	Credits	15	5 Cr	edits	15
Summer		Summer		Summer		Sι	ummer	
Credits		Credits	0	Credits			redits	0
Total Credits	32	Total Credits	62	Total Credits	92	2 To	otal Credits	122
Notes:								
•	•	ments that are fulfilled through major requirements.						
See Catalog or H&S Advising office for more det		-						
Students are highly encouraged to double majo For the most up-to-date list of electives for majo		-					Revised 1	/22
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ElevateU Career Readiness Plan GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM

 Discover how your strengths, values, and interests relate to career and education pathways. Take the Strong Interest Inventory or other career assessments to see what careers may be a good fit for you.* Download the Handshake app and activate your account to explore jobs* Attend "careers and opportunities" fairs and join a First Time at the Fair tour* Join student groups that align with your interests* Explore career options at <u>What Can I Do With This Major</u>? (click on "Major Exploration")* Learn about specific occupations on O*Net Online Schedule an appointment for Career Planning and Major Exploration 	 Participate in experiential (hands-on) learning to refine your interests and goals. Seek and apply for internships or part-time jobs on <u>Handshake</u>* Participate in <u>Volunteer</u> Programs* Consider studying abroad or at another US university for a semester or year* Consider an internship abroad* Conduct <u>undergraduate research</u> at UM* Secure a paid <u>micro-internship</u> Participate in the <u>Griz Career Skills Program</u> Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To
 Meet employers at c<u>areer fairs and events</u>* Develop a stellar <u>resume</u> and <u>cover letter</u>* Practice <u>interview skills</u> Learn how to <u>negotiate your salary</u> and benefits package Fine-tune your <u>LinkedIn profile</u> Apply for jobs, graduate/professional school, or national service Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning Refine your personal brand and develop stand-out application materials to achieve your goals 	 Strengthen relationships with faculty and supervisors who can guide and recommend you* Connect with alumni in fields or companies of interest through the <u>Griz Career Network</u> Expand your network to gain insights and support through <u>LinkedIn</u> Conduct <u>career conversations</u> with professionals in fields of interest Gain industry and company-specific skills through free <u>Forage job simulations</u> Schedule an appointment to discuss Networking Strategies, LinkedIn, Graduate School Planning Develop skills and network to help you pursue your goals

YOUR CAREER SUPPORT OFFICES AT UM **Experiential Learning & Career Success (ELCS)** is for all UM students!

- Students in the following Schools and Colleges have additional access to the following career services:

 College of Business Career Development Center
 Davidson Honors College Career Development Program

 College of Humanities and Sciences Career Planning Center
 Davidson Honors College Career Development Office

 College of Humanities and Sciences Career Planning Center
 Missoula College Career Services
- Davidson Honors College Career Development Program
 School of Law Career Development Office



The elements of ElevateU can be done in any order. For the best outcomes, we recommend getting started with items marked with a * in your first two years, though most of them can be done at any time.