

University of Montana - Four-Year Academic Plan 2023-2024

College of Health

Bachelor of Science in Public Health, Community Health Concentration

		This is an example of a four year graduation	n plan	for a degree in Public Health, Community Health.			
	This	is is a sample academic plan. Students should meet with	n an ac		heir (
Year 1		Year 2	Year 3		Year 4		
Fall		Fall		Fall		Fall	
PUBH 101S - Intro to Public Health	3	CHTH 355 - Theory and Practice of Community Health Education	3	HTH 395 - Peer Health Practicum	2	CHTH 440 - Principles of Epidemiology	3
Writing 101 - College Writing	3	Community Health elective, 100-200 leve	el 3	Community Health elective, 200-300 level	3	Community Health elective, any level	3
Community Health elective, 100-200 level	3	General Education, language 101	4	Any level elective	3	300-400 level elective	3
General Education course	3	General Education course	3	General Education, intermediate writing course	3	Any level elective	3
General Education course	3	General Education course	3	General Education course	3	Any level elective	3
Credits	15	5 Credits	16	Credits	14	Credit	15
Spring		Spring		Spring		Spring	
Select on of the following: 115 - Probability & Linear Mathematics M121 - College Algebra 151 - Precalculus M 162 - Applied Calculus M 171 - Calculus or other placement	3	PUBH 325 - Environmental and Occupational Health	3	CHTH 485 - Theories of Health Behavior and Counseling	3	CHTH 445 - Program Planning	3
PUBH 225 - Public Health Policy	3	HTH 370 - Peer Health Education	1	PUBH 380 - Public Health Nurtition	3	PUBH 475E - Issues in Medical and Public Health Ethics	3
Community Health elective, 100-200 level	3	Community Health elective, 200-300 leve	el 5	Community Health elective, 300-400 level	3	PUBH 498 - Internship	3
General Education course	3	General Education, language 102	4	300-400 level elective	3	Community Health elective, any level	5
General Education course	3	General Education course	3	300-400 level elective	3		
Credits	15	5 Credits	16	Credits	15	Credits	14
Summer		Summer		Summer		Summer	
Credits	0	0 Credits	0	Credits	0	Credits	0
Total Credits	30	Total Credits	62	Total Credits	91	Total Credits	120
Notes:							
See catalog or Public Health Advising for more deta	ils						_
							Rev 9/21

ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

Discover how your strengths, values, and interests relate to career and education pathways.

- Take the <u>Strong Interest Inventory</u> or other <u>career assessments</u> to see what careers may be a good fit for you.*
- Download the <u>Handshake</u> app and <u>activate your account</u> to explore jobs*
- Attend "careers and opportunities" fairs and join a First Time at the Fair tour*
- Join student groups that align with your interests*
- Explore career options at <u>What Can I Do With</u> This Major? (click on "Major Exploration")*
- Learn about specific occupations on O*Net Online
- Schedule an appointment for Career
- Planning and Major Exploration

EXPLOREPathways for you

ELEVATE

to Your Career

- Meet employers at career fairs and events*
- Develop a stellar <u>resume</u> and cover letter*
- Practice interview skills
- Learn how to <u>negotiate your salary</u> and benefits package
- Fine-tune your <u>LinkedIn</u> profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

Refine your personal brand and develop stand-out application materials to achieve your goals

Participate in experiential (hands-on) learning to refine your interests and goals.

- Seek and apply for internships or part-time jobs on Handshake*
- Participate in Volunteer Programs*
- Consider studying abroad or at another US university for a semester or year*
- Consider an internship abroad*
- Conduct undergraduate research at UM*
 - Secure a paid micro-internship
 - Participate in the Griz Career Skills Program
 - Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

EXPERIENCE

and Grow

EMBRACE

Your Goals

- Strengthen relationships with faculty and supervisors who can guide and recommend you*
- Connect with alumni in fields or companies of interest through the Griz Career Network
- Expand your network to gain insights and support through <u>LinkedIn</u>
- Conduct career conversations with professionals in fields of interest
- Gain industry and company-specific skills through free Forage job simulations
- <u>Schedule an appointment</u> to discuss Networking Strategies, LinkedIn, Graduate School Planning

Develop skills and network to help you pursue your goals

YOUR CAREER SUPPORT OFFICES AT UM

Experiential Learning & Career Success (ELCS) is for all UM students!

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Career Trailhead professional readiness program
- College of Humanities and Sciences Career Planning Center
- Davidson Honors College Career Development Program
- School of Law Career Development Office
- Missoula College Career Services

