



University of Montana - Four-Year Academic Plan 2023-2024

College of Health

Bachelor of Science in Public Health, Global Health Concentration

This is an example of a four year graduation plan for a degree in Public Health, Global Health.

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
PUBH 101S - Intro to Public Health	3	PUBH 155 - Reimagining Global Health	3	CHTH 355 - Theory and Practice of Community Health Education	1	CHTH 440 - Principles of Epidemiology	3
Writing 101 - College Writing	3	ANTY 220S - Culture and Society	3	CHTH 414 - Health and Culture	3	Global Health elective, any level	3
Global Health elective, 100-200 level	3	Global Health elective, 100-200 level	3	Global Health elective, 200-300 level	3	Global Health elective, any level	3
General Education course	3	General Education, language 101	4	General Education, intermediate writing course	3	300-400 level elective	3
General Education course	3	General Education course	3	General Education course	3	Any level elective	3
Credits	15	Credits	16	Credits	13	Credit	15
Spring		Spring		Spring		Spring	
<i>Select on of the following:</i> 115 - Probability & Linear Mathematics M121 - College Algebra 151 - Precalculus 162 - Applied Calculus 171 - Calculus or other placement	M M M M 3	PUBH 325 - Environmental and Occupational Health	3	IDS 497 - Social and Behavioral Change Communication	3	PUBH 475E - Issues in Medical and Public Health Ethics	3
PUBH 225 - Public Health Policy	3	IDS 497 - Monitoring and Evaluation	1	Global Health elective, 300-400 level	3	PUBH 498 or 499 - Internship or Capstone	3
Global Health elective, 100-200 level	3	Global Health elective, 200-300 level	5	300-400 level elective	3	Global Health elective, any level	6
General Education course	3	General Education, language 102	4	300-400 level elective	3	Any level elective	3
General Education course	3	General Education course	3	300-400 level elective	3		
Credits	15	Credits	16	Credits	15	Credits	15
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
<b>Total Credits</b>	<b>30</b>	<b>Total Credits</b>	<b>62</b>	<b>Total Credits</b>	<b>90</b>	<b>Total Credits</b>	<b>120</b>

**Notes:**  
 See catalog or Public Health Advising Office for more details.

# ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

**Discover how your strengths, values, and interests relate to career and education pathways.**

- Take the Strong Interest Inventory or other career assessments to see what careers may be a good fit for you.\*
- Download the Handshake app and activate your account to explore jobs\*
- Attend “careers and opportunities” fairs and join a First Time at the Fair tour\*
- Join student groups that align with your interests\*
- Explore career options at What Can I Do With This Major? (click on “Major Exploration”)\*
- Learn about specific occupations on O\*Net Online
- Schedule an appointment for Career Planning and Major Exploration

**EXPLORE**  
*Pathways for you*

**Participate in experiential (hands-on) learning to refine your interests and goals.**

- Seek and apply for internships or part-time jobs on Handshake\*
- Participate in Volunteer Programs\*
- Consider studying abroad or at another US university for a semester or year\*
- Consider an internship abroad\*
- Conduct undergraduate research at UM\*
  - Secure a paid micro-internship
  - Participate in the Griz Career Skills Program
  - Schedule an appointment for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

**EXPERIENCE**  
*and Grow*

- Meet employers at career fairs and events\*
- Develop a stellar resume and cover letter\*
- Practice interview skills
- Learn how to negotiate your salary and benefits package
- Fine-tune your LinkedIn profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

**ELEVATE**  
*to Your Career*

**Refine your personal brand and develop stand-out application materials to achieve your goals**

**EMBRACE**  
*Your Goals*

- Strengthen relationships with faculty and supervisors who can guide and recommend you\*
  - Connect with alumni in fields or companies of interest through the Griz Career Network
  - Expand your network to gain insights and support through LinkedIn
  - Conduct career conversations with professionals in fields of interest
  - Gain industry and company-specific skills through free Forage job simulations
  - Schedule an appointment to discuss Networking Strategies, LinkedIn, Graduate School Planning
- Develop skills and network to help you pursue your goals**

## YOUR CAREER SUPPORT OFFICES AT UM

**Experiential Learning & Career Success (ELCS) is for all UM students!**

**Students in the following Schools and Colleges have additional access to the following career services:**

- College of Business Career Development Center
- Career Trailhead professional readiness program
- College of Humanities and Sciences Career Planning Center
- Davidson Honors College Career Development Program
- School of Law Career Development Office
- Missoula College Career Services

