

### University of Montana - Four-Year Academic Plan 2023-2024

#### **College of Humanities and Sciences**

### **Bachelor of Science in Biology**

### Cellular & Molecular Biology Concentration

	т	This is a sample academic plan. Students should meet with	h an	academic advisor prior to registration to formulate the	oir ow	wa nion
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Year 1		Year 2		Year 3		Year 4
Fall		Fall		Fall		Fall
BIOB 160N/161N - Principles Living Systems/Lab	4	BIOB 260 - Cell & Molecular Biology	4	BCH 480 - Advanced Biochemistry I	3	Major Elective (Disease) Advanced Writing
CHMY 141N/142N - College Chemistry I/Lab	5	CHMY 221/222 - Organic Chemistry I/Lab	5	BIOB 301 - Developmental Biology	3	Major Elective (laboratory/research)
M 162 - Applied Calculus (or M 171 - Calculus I)	4	BIOM 360/361 - General Microbiology/Lab	5	PHSX 205N/206N - College Physics I/Lab	5	Chemistry Depth
Elective	1	Elective	1	Elective	4	General Education Requirement
						Upper Division Elective
Credits	14	Credits	15	Credits	15	5 Credit 1
Spring		Spring		Spring		Spring
BIOB 170N/171N - Principles of Biological Diversity/Lab	5	BIOB 272 - Genetics & Evolution	4	BCH 482 - Advanced Biochemistry II	3	
CHMY 143N/144N - College Chemistry II/Lab	5	CHMY 223/224 - Organic Chemistry II/Lab	5	BIOB 375 - General Genetics	3	Major Elective (Depth)
WRIT 101 - College Writing I	3	Intermediate Writing Course	3	PHSX 207N/208N - College Physics II/Lab	5	Major Elective (laboratory/research)
General Education Requirement	3	General Education Requirement	3	General Education Requirement	3	- I
			_			Upper Division Elective
Credits	16	Credits	15	Credits	14	Credits 1
Summer		Summer	$\neg$	Summer		Summer
			-			
Credits	0	Credits 0		Credits	0	Credits
Total Credits	30	Total Credits	60	Total Credits	89	Total Credits 1.
						01010
						9/18/2

### ElevateU Career Readiness Plan

GRADUATE CAREER-READY BY GETTING INVOLVED IN THE BELOW ACTIVITIES WHILE AT UM.

# Discover how your strengths, values, and interests relate to career and education pathways.

- Take the <u>Strong Interest Inventory</u> or other <u>career assessments</u> to see what careers may be a good fit for you.\*
- Download the <u>Handshake</u> app and <u>activate your account</u> to explore jobs\*
- Attend "careers and opportunities" fairs and join a First Time at the Fair tour\*
- Join student groups that align with your interests\*
- Explore career options at <u>What Can I Do With</u> <u>This Major?</u> (click on "Major Exploration")\*
- Learn about specific occupations on O\*Net Online
- Schedule an appointment for Career
- Planning and Major Exploration

**EXPLORE**Pathways for you

**ELEVATE** 

to Your Career

- Meet employers at career fairs and events\*
- Develop a stellar <u>resume</u> and cover letter\*
- Practice interview skills
- Learn how to <u>negotiate</u> your salary and benefits package
- Fine-tune your <u>LinkedIn</u> profile
- Apply for jobs, graduate/professional school, or national service
- Schedule an appointment for Resume, Cover letter, Interview Prep, Personal Statement, LinkedIn, Graduate School Planning

Refine your personal brand and develop stand-out application materials to achieve your goals

## Participate in experiential (hands-on) learning to refine your interests and goals.

- Seek and apply for internships or part-time jobs on Handshake\*
- Participate in Volunteer Programs\*
- Consider studying abroad or at another US university for a semester or year\*
- Consider an internship abroad\*
- Conduct undergraduate research at UM\*
  - Secure a paid micro-internship
    - Participate in the <u>Griz Career Skills Program</u>
      - <u>Schedule an appointment</u> for Internship Search, International Internship Search, National Student Exchange, Job Search Strategies, and Handshake How-To

### **EXPERIENCE**

and Grow

## **EMBRACE**

Your Goals

- Strengthen relationships with faculty and supervisors who can guide and recommend you\*
- Connect with alumni in fields or companies of interest through the Griz Career Network
- Expand your network to gain insights and support through <u>LinkedIn</u>
- Conduct career conversations with professionals in fields of interest
- Gain industry and company-specific skills through free Forage job simulations
- <u>Schedule an appointment</u> to discuss Networking Strategies, LinkedIn, Graduate School Planning

Develop skills and network to help you pursue your goals

### YOUR CAREER SUPPORT OFFICES AT UM

**Experiential Learning & Career Success (ELCS) is for all UM students!** 

Students in the following Schools and Colleges have additional access to the following career services:

- College of Business Career Development Center
- Career Trailhead professional readiness program
- College of Humanities and Sciences Career Planning Center
- Davidson Honors College Career Development Program
- School of Law Career Development Office
- Missoula College Career Services

