Indoor/ambient residential air toxics results in rural western Montana

Tony J. Ward • Heidi Underberg • David Jones • Raymond F. Hamilton Jr. • Earle Adams

Received: 16 August 2007 / Accepted: 14 April 2008 © Springer Science + Business Media B.V. 2008

Abstract Indoor and ambient concentrations of 21 volatile organic compounds (including 14 hazardous air pollutants) were measured in the homes of nearly 80 western Montana (Missoula) high school students as part of the 'Air Toxics Under the Big Sky' program during the 2004/2005 and 2005/2006 school years. Target analytes were measured using low flow air sampling pumps and sorbent tubes, with analysis of the exposed samples by thermal desorption/gas chromatography/mass spectrometry (TD/GC/MS). The results reported here present the findings of the first indoor/ambient air toxics monitoring program conducted in a semi-rural valley location located in the Northern Rocky Mountain/Western Montana region. Of all of the air toxics quantified in this study, toluene was found to be the most abundant compound in both the indoor and ambient environments during each of the two school years. Indoor

T. J. Ward (⊠) · R. F. Hamilton Jr. Center for Environmental Health Sciences, The University of Montana, Missoula, MT, USA e-mail: tony.ward@umontana.edu

H. Underberg · E. Adams Department of Chemistry, The University of Montana, Missoula, MT, USA

D. Jones Big Sky High School, Missoula, MT, USA log-transformed mean concentrations were found to be higher when compared with ambient log-transformed mean concentrations at P < 0.001 for the majority of the compounds, supporting the results of previous studies conducted in urban areas. For the air toxics consistently measured throughout this program, concentrations were approximately six times higher inside the student's homes compared to those simultaneously measured directly outside their homes. For the majority of the compounds, there were no significant correlations between indoor and ambient concentrations.

Keywords Air pollution · GC/MS · Northern Rockies · Thermal desorption · Volatile organic compounds

Introduction

Under Title III, Section 112.b.1 of the 1990 Clean Air Act, the United States Environmental Protection Agency (EPA) identified 189 hazardous air pollutants (HAPs), of which 97 are volatile organic compounds (VOCs). These include many toxic air pollutants that are known or suspected to cause adverse health effects. People exposed to toxic air pollutants at sufficient concentrations and durations may have an increased chance of getting cancer or experiencing other serious health effects, such as damage to the respiratory, neurological, developmental, immune, reproductive, and other systems.

Today, air toxics are routinely measured in urban ambient environments not only in the United States, but in other urban areas throughout the world. Sampling programs measuring indoor air toxics concentrations in nonoccupational environments (residences) are much less common. This is important, as most people spend the majority of their time indoors (Fishbein and Henry 1991; Jenkins et al. 1992; Robinson and Nelson 1995), as much as 95% in some areas. Several studies have been conducted that have simultaneously measured air toxics concentrations in the indoor, ambient, and personal breathing zone environments. Many of these studies report that a consistent pattern of personal>indoor>ambient air toxics concentrations exists (Kim et al. 2002; Kinney et al. 2002; Weisel 2002; Adgate et al. 2004; Payne-Sturges et al. 2004; Sexton et al. 2004b). Some of these studies also indicate that ambient air toxics measurements at central monitoring sites can seriously underestimate actual exposures for urban residents, suggesting that people typically encounter substantially higher air toxics concentrations during their normal daily activities compared to ambient air toxics levels recorded at central monitoring sites.

Since air toxics are perceived to be an urban airshed pollution issue, much less research has been conducted on measuring the concentrations and health effects of these compounds in rural, less populated areas. This is especially true of residential indoor environments within these rural areas. A currently under-studied area of the country includes communities in valley locations throughout the northern Rocky Mountains. These communities and airsheds are impacted by temperature inversions formed during the winter months which trap pollutants in the valley for extended periods of times. Ambient concentrations of VOCs (including air toxics) have been shown to dramatically increase during periods of inversions formed in these mountainous communities throughout the winter months compared to the warmer summer months (Ward et al. 2005). Little is known about indoor concentrations of air toxics in these valley locations during these colder seasonal periods.

This research paper presents the results of a 2-year air toxics monitoring program conducted in a semirural valley community in western Montana. More significantly, this paper presents the concentrations of air toxics measured simultaneously inside and outside the homes of nearly 80 high school students, providing the first information on indoor/ambient concentrations of air toxics in this region.

Experimental

In this research project, air samples were collected using high school students as part of a program in western Montana called 'Air Toxics Under the Big Sky' (Adams et al. 2008). The existing program, which began in 2003 as a collaboration between researchers at The University of Montana (UM) and a chemistry teacher at Big Sky High School (Missoula, MT), involves junior and senior level (primarily upper-level chemistry) high school students that collect air samples inside and outside (simultaneously) their homes. This program not only incorporates real-world science into the high school chemistry course curriculum, but allows UM researchers to measure and evaluate concentrations of air toxics in the indoor and ambient environments of high school students throughout western Montana. This program is also unique in that it enables the collection of an expanded amount of samples at multiple locations throughout an airshed, compared to a single fixed central location.

The primary study area for this program was Missoula, Montana. Missoula (population ~70,000) is located in western Montana in a high mountain valley. During the 2004/2005 and 2005/2006 school years, over 80 students participated in the 'Air Toxics Under the Big Sky' program at Big Sky High School (HS). The goal was for each student to sample at least two times at their homes throughout the school year. During 2004/2005, 35 successful paired ambient and indoor samples were collected, while during the 2005/ 2006 school year, 51 successful paired ambient and indoor samples were taken. Samples were collected from October through February during both the 2004/ 2005 and 2005/2006 school years. For the 2004/2005 school year, the number of successful paired (indoor/ ambient) sampling events per month was as follows: October (2), November (11), December (11), January (0), and February (11). For the 2005/2006 school year, the amount of successful paired samples was: October (11), November (21), December (0), January (5), and February (14). The majority of the samples were collected in a 10-mile radius surrounding the high school, at elevations of approximately 3,200 ft above sea level.

At the beginning of the 2004/2005 and 2005/2006 school years, respectively, students were initially trained within the classroom by UM researchers on how to collect air samples both within and outside of their homes. Prior to sampling, students were provided with two sampling kits (consisting of pump and sorbent tube) to take home, with one kit used to collect ambient samples and the other used for indoor sampling. VOCs were measured using low flow (Model Number 222-3) air sampling pumps (SKC, Eighty Four, PA) and Carbotrap 300 sorbent tubes (Sigma-Aldrich, St. Louis, MO). Before sampling, each sorbent tube was conditioned at UM for initial use by flushing the tube with approximately 200 ml/ min of purified nitrogen gas and heating for 20 min at 350°C to remove oxygen, moisture and organic contaminants. These pre-cleaned tubes were then delivered to the schools prior to sampling.

In an effort to minimize the variability in error associated with different students conducting flow measurements, the personal pumps were calibrated using a BIOS DryCal primary flow meter (Bios, Butler, NJ) within the classroom prior to each sampling event by a single point student in each class. During sampling, ambient air was drawn through sorbent tubes at a flow rate of 100 ± 5 ml/min for 12 h (7 AM to 7 PM) to collect a total volume of ~72 l. The optimum flow rate was chosen based on a series of preliminary field experiments (Woolfenden 1997; Wrobel 2000; Ward 2001). This flow rate was high enough to meet the minimum detection limits of the target analytes while low enough to not have breakthrough (when more than 5% of one or more of the target analytes is observed) through the sorbent tube. Separated by small plugs of silanized glass wool, each sorbent sample tube was composed of three different carbon sorbents: 20/40 mesh Carbotrap C, 20/40 Carbotrap B, and 60/80 Carbosieve S-III. For low level, low polarity, volatile contaminants, this combination of adsorbents/absorbents has been found to be extremely effective (Helmig and Greenburg 1994).

Before sampling, the students were instructed to collect indoor samples in a common area of their home (living room), while samplers for the ambient location were to be placed in a secure location at least 10 ft away from their house. All samplers were to be placed 3 to 5 ft off the ground, and away from any obvious sources of air toxics that might bias the sample results.

Final flow rates were measured and recorded in the classroom by the point student after the students returned the pumps back to the classroom. The exposed sample tubes were kept refrigerated at Big Sky HS until they were returned to UM where they were analyzed using a Hewlett Packard 6890 series Gas Chromatograph (GC) with a 5973 Mass Spectrum Detector (MSD). A Dynatherm MTDU Model 910 thermal desorption unit and Model 900 ACEM sample concentrator were used in conjunction with the GC/MS during the VOC analyses, with analyte separations on a Restek RTX502.2 capillary column (60 m, 0.32 mm ID).

A standard suite of 10 VOCs were originally quantified during the 2004/2005 school year, with the list expanded to 21 compounds for the 2005/2006 school year. Before analysis, 1 μ l of a 100 ng/ μ l internal standard solution (fluorobenzene, 1,2-dichlorobenzene-D4, and 4-bromofluorobenzene) was injected onto the sorbent tubes. Using a deactivated quartz "tee", both the internal standard and standards solution (consisting of target analytes) were flash volatized at 125°C within the quartz tee (Wrobel 2000). The compounds were then swept onto a sorbent tube at room temperature with purified nitrogen gas at a flow rate of 55 to 60 ml/min for 5 min.

Several measures were built into the sampling/ analytical program to ensure that the data collected were of high quality. To address artifact contamination, field blanks were used throughout the VOC sampling program. System blanks (glass sorbent tubes without carbon sorbent) were also used to monitor for instrument artifact contamination during the VOC analyses. Quality control measures for the GC/MS included the analysis of bromofluorobenzene (25 ng/µl BFB) each day prior to sample analyses as a system check. Mid range standards (200 ng/µl spiked onto the sorbent tubes using the deactivated quartz "tee") were periodically analyzed throughout the analysis to verify initial calibrations.

Minimum detection limits (MDL) were calculated for all of the reported parameters by the following formula: blank mean+(blank standard deviation× critical value of *t*), with these values presented in Tables 1 and 2. The critical value of *t* was the onetailed probability at 0.01 with (n-1) degrees of freedom. Any value in the data set that was below MDL was replaced with the one half MDL value for that variable.

| Table 1 | 2004/2005 | Big | Sky | HS | air | toxics | results | $(\mu g/m^3)$ |) |
|---------|-----------|-----|-----|----|-----|--------|---------|---------------|---|
|---------|-----------|-----|-----|----|-----|--------|---------|---------------|---|

| Compound | Indoor median | Indoor (max, min) | Ambient median | Ambient (max, min) | Indoor vs. ambient (P value) | MDL |
|-----------------------------------|------------------|----------------------|-------------------|-----------------------|------------------------------|------------------|
| Benzene ^a | 1.8 | 34.3, <0.1 | 0.5 | 6.2, <0.1 | < 0.001 | 0.2 |
| 1,4-Dimethylbenzene (p xylene) | 2.6 | 34.0, 0.4 | 0.5 | 3.8, <0.02 | < 0.001 | 0.04 |
| 1,2-Dimethylbenzene (o xylene) | 2.0 | 22.0, 0.4 | 0.5 | 2.7, 0.1 | < 0.001 | 0.05 |
| Ethylbenzene ^a | 2.0 | 20.6, | 0.4 | 3.3, 0.01 | < 0.001 | 0.003 |
| Isopropylbenzene | 0.1 | 1.7, <0.04 | < 0.04 | 0.1, <0.04 | < 0.001 | 0.1 |
| Propylbenzene | 0.2 | 10.7, <0.1 | < 0.1 | 0.7, <0.1 | < 0.001 | 0.2 |
| Carbon tetrachloride ^a | 0.8 | 1.6, N.D. | 0.6 | 1.4, N.D. | < 0.01 | 0.1 ^b |
| Toluene ^a | 7.9 | 57.6, 1.7 | 0.9 | 4.3, 0.3 | < 0.001 | 0.04 |
| 1,3,5-Trimethylbenzene | 0.5 | 15.3, <0.1 | < 0.1 | 1.0, <0.1 | < 0.001 | 0.2 |
| 1,2,4-Trimethylbenzene | 1.6 | 23.9, 0.6 | 0.6 | 4.6, <0.1 | < 0.001 | 0.2 |

For the 2004/2005 program, sample size (n) was 35 paired observations

^aClean Air Act Hazardous Air Pollutant

^bNo measurable blanks for these compounds, values estimated using method from Principles Of Instrumental Analysis (Skoog et al. 1998)

Table 2 2005/2006 Big Sky HS air toxics results (ng/m³)

| Compound | Indoor median | Indoor (max, min) | Ambient median | Ambient (max, min) | Indoor vs. ambient | MDL |
|--|------------------|----------------------|-------------------|-----------------------|-----------------------|--------------------|
| Benzene ^a | 1.2 | 21.6, <0.1 | 0.3 | 8.7, <0.1 | < 0.001 | 0.2 |
| Bromoform ^a | b | 0.3, N.D. | b | 0.3, N.D. | N/A | 0.1 ^c |
| Chlorobenzene ^a | b | 0.04, N.D. | b | <0.004, N.D. | < 0.001 | 0.01 ^c |
| Chloroform ^a | 0.1 | 3.1, <0.003 | < 0.003 | 1.0, <0.003 | < 0.001 | 0.01 |
| Cis-1,3-dichloropropene | b | 0.4, N.D. | b | N.D., N.D. | N/A | 0.001 ^c |
| 1,2-Dibromo-3-chloropropane ^a | b | N.D., N.D. | b | 0.05, N.D. | N/A | 0.02^{c} |
| 1,4-Dichlorobenzene ^a | b | 0.2, N.D. | b | <0.01, N.D. | N/A | 0.02^{c} |
| 1,4-Dimethylbenzene (p xylene) | 1.8 | 26.5, <0.02 | 0.3 | 6.3, <0.02 | < 0.001 | 0.04 |
| 1,2-Dimethylbenzene (o xylene) | 1.3 | 18.7, <0.02 | 0.2 | 4.2, <0.02 | < 0.001 | 0.1 |
| 1,3-Dichloropropene ^a | b | 0.05, N.D. | b | 0.03, N.D. | N/A | 0.02° |
| Ethylbenzene ^a | 1.1 | 19.2, 0.03 | 0.2 | 3.8, <0.001 | < 0.001 | 0.003 |
| Isopropylbenzene | < 0.04 | 2.4, <0.04 | < 0.04 | 0.3, <0.04 | < 0.001 | 0.1 |
| Naphthalene ^a | 0.3 | 1.4, <0.01 | 0.1 | 0.4, <0.01 | < 0.001 | 0.03 |
| <i>n</i> -propylbenzene | 0.2 | 3.0, <0.1 | < 0.1 | 0.6, <0.1 | < 0.001 | 0.2 |
| Trichloroethylene ^a | 0.02 | 4.6, N.D. | < 0.01 | 1.7, N.D. | < 0.001 | 0.02^{c} |
| 1,1,2,2-Tetrachloroethane ^a | < 0.06 | 2.0, N.D. | < 0.06 | 0.3, N.D. | < 0.001 | 0.1 ^c |
| Carbon tetrachloride ^a | 0.3 | 0.8, 0.1 | 0.2 | 0.4, 0.1 | < 0.01 | 0.1 ^c |
| Toluene ^a | 12.6 | 132.5, 0.2 | 1.1 | 25.4, 0.1 | < 0.001 | 0.04 |
| 1,2,4-Trichlorobenzene ^a | < 0.02 | 0.2, N.D. | < 0.02 | <0.02, N.D. | < 0.001 | 0.04 ^c |
| 1,3,5-Trimethylbenzene | 0.3 | 5.5, <0.1 | < 0.1 | 0.7, <0.1 | < 0.001 | 0.2 |
| 1,2,4-Trimethylbenzene | 1.2 | 12.7, <0.1 | 0.3 | 2.4, <0.1 | < 0.001 | 0.2 |

For the 2005/2006 program, sample size (n) was 51 paired observations

N.D.: not detected

^aClean Air Act Hazardous Air Pollutant

^b Indicates no statistical analyses possible because less than three nonzero values measured

^c No measurable blanks for these compounds, values estimated using method from Principles of Instrumental Analysis (Skoog et al. 1998)

| Compound | 2004/ 2005 I/O correlation | 2004/2005 Proportion of variance explained (r^2) indoor vs. ambient | 2004/2005 Correlation significance indoor vs. ambient (<i>P</i> value) | 2005/ 2006 I/O correlation | 2005/2006 Proportion of variance explained (r^2) indoor vs. ambient | 2005/2006 Correlation significance indoor vs. ambient (<i>P</i> value) |
|--|----------------------------------|--|--|----------------------------------|--|--|
| Benzene ^a | 0.37 | 0.137 | < 0.05 | -0.15 | 0.023 | n.s. |
| Bromoform ^a | N/A | N/A | N/A | b | b | N/A |
| Chlorobenzene ^a | N/A | N/A | N/A | 0.04 | 0.002 | n.s. |
| Chloroform ^a | N/A | N/A | N/A | 0.151 | 0.022 | n.s |
| Cis-1,3-dichloropropene | N/A | N/A | N/A | b | b | N/A |
| 1,2-Dibromo-3- chloropropane ^a | N/A | N/A | N/A | b | b | N/A |
| 1,4-Dichlorobenzene ^a | N/A | N/A | N/A | b | b | N/A |
| 1,4-Dimethylbenzene (p xylene) | 0.21 | 0.044 | n.s. | -0.07 | 0.005 | n.s |
| 1,2-Dimethylbenzene (o xylene) | 0.27 | 0.073 | n.s. | -0.07 | 0.005 | n.s. |
| 1,3-Dichloropropene ^a | N/A | N/A | N/A | b | b | N/A |
| Ethylbenzene ^a | 0.23 | 0.053 | n.s | -0.10 | 0.010 | n.s. |
| Isopropylbenzene | 0.12 | 0.014 | n.s. | -0.13 | 0.017 | n.s. |
| Naphthalene ^a | N/A | N/A | N/A | 0.032 | 0.001 | n.s. |
| <i>n</i> -propylbenzene | 0.17 | 0.029 | n.s. | -0.03 | 0.009 | n.s. |
| Trichloroethylene ^a | N/A | N/A | N/A | -0.05 | 0.003 | n.s. |
| 1,1,2,2- | N/A | N/A | N/A | 0.03 | 0.009 | n.s. |
| Tetrachloroethane ^a | | | | | | |
| Carbon tetrachloride ^a | 0.49 | 0.240 | < 0.001 | -0.07 | 0.005 | n.s. |
| Toluene ^a | 0.64 | 0.409 | < 0.001 | -0.15 | 0.023 | n.s. |
| 1,2,4-Trichlorobenzene ^a | N/A | N/A | N/A | 35 | 0.123 | < 0.05 |
| 1,3,5-Trimethylbenzene | 0.16 | 0.026 | n.s. | 0.19 | 0.036 | n.s. |
| 1,2,4-Trimethylbenzene | 0.15 | 0.023 | n.s. | 0.12 | 0.014 | n.s. |

Table 3 2004/2005 and 2005/2006 indoor vs. ambient comparison

Environ Monit Assess

n.s.: not significant

^aClean Air Act Hazardous Air Pollutant

^b Indicates no statistical analyses possible because less than three nonzero values measured

Results and discussions

The statistical analysis conducted in this study compared the concentrations of indoor vs. ambient air toxics. Analysis of variance (ANOVA) was conducted on all of the measured compounds to determine differences in source. All of the raw data were lognormal in distribution, and therefore log-transformed prior to analysis for distribution normalization and equalization of variances. The indoor/ambient data were paired based on location and sampling time, resulting in a two-level random factor. The fixed factor in the model was the sample year, which also had two levels. A mixed model two-way ANOVA, with one within-subjects factor (indoor/ambient), and one between-subjects factor (year), was run for all compounds independently. Statistical significance was determined at a probability of less than 5% for type I error (P<0.001 if adjusted for all multiple testing). Sample size was 35 paired observations for 2004/2005, and 51 paired observations for 2005/2006, establishing adequate statistical power on the log transformed data for all compounds analyzed. As stated earlier, the goal was for each student to sample at least two times at their homes throughout the school year. Although nearly 80 students participated during the 2-year program, we were not successful in collecting 160 complete indoor/ ambient sample data sets. Most of the students were only able to collect one set of samples within their homes due to time constraints within the school

semesters. Other samples were invalidated due to incomplete paired data sets (either a missing indoor or ambient sample), low final flow readings (below 90 ml/min), pump failure, breaking the sample tube during transport, less than a 12-h sample collection period, or TD/GC/MS malfunctions.

Tables 1 (2004/2005) and 2 (2005/2006) present the air toxics raw data median concentrations, maximum/minimum concentrations per analyte, and minimum detection limits for the 2-year sampling program. These values are not blank corrected. Of all of the air toxics quantified in this study, toluene was found to be the most abundant compound in both the indoor and ambient environments throughout each of the two school years. Other EPA HAPs (air toxics) consistently measured include benzene, chloroform, ethylbenzene, naphthalene, trichloroethylene, 1,1,2,2tetrachloroethane, and 1,2,4-trichlorobenzene. Several other of the target HAPs were not detected in this sampling program.

Median concentrations of ambient air toxics measured in this program were two to eight times lower than those concentrations measured in urban areas such as Minneapolis, St. Paul (Pratt et al. 2004; Adgate et al. 2004) and Baltimore (Payne-Sturges et al. 2004), 10-20 times lower than those measured in other urban areas such as Chicago, St. Louis (Sweet and Vermette 1992), and New Jersey (Wallace 1987), and ~20-50 times lower compared to ambient air toxics measured in Los Angeles (Wallace 1987). Ambient concentrations of the BTEX compounds (benzene, toluene, ethylbenzene, and xylenes) measured in this study were comparable or slightly more elevated when compared to median concentrations reported in a four Oklahoma city study (Phillips et al. 2005), and in Greensboro, NC (Wallace 1987). Ambient concentrations measured in this program (Missoula, MT) were higher than those measured in rural Devils Lake, ND during the Total Exposure Assessment Methodology (TEAM) Study conducted between 1979 and 1985 (Wallace 1987). For the indoor measurements made in this study, concentrations for many of the compounds were comparable to the previous studies conducted in Baltimore (Pavne-Sturges et al. 2004), Minneapolis (Sexton et al. 2004b), and in Arizona (Gordon et al. 1999).

From the ANOVA results presented in the "indoor vs. ambient" column of Tables 1 and 2, indoor log-transformed mean concentrations were found to be higher when compared with ambient log-transformed

mean concentrations at P<0.001 for the majority of the compounds. For the air toxics consistently measured throughout this program, concentrations were approximately six times higher inside the student's homes compared to measurements made directly outside their homes. The findings in this program are consistent with those in other studies, where there is a common pattern of indoor air toxics concentrations>ambient concentrations (Wallace 1987; Sexton et al. 1995; Kim et al. 2002; Kinney et al. 2002; Weisel 2002; Adgate et al. 2004; Payne-Sturges et al. 2004; Sexton et al. 2005).

Table 3 presents the results of the ANOVA on the log-transformed data for all compounds measured during the 2004/2005 and 2005/2006 school years, respectively, including the indoor/ambient Pearson correlations, the coefficients of determination (r^2), and level of statistical significance for all compounds. For the majority of the compounds, there were no significant correlations between indoor and ambient concentrations. The exceptions to this include benzene (P<0.05), toluene (P<0.001), and carbon tetrachloride (P<0.001) for 2004/2005, and 1,2,4-trichlorobenzene

Table 4 QA/QC data—blanks (µg/m³) and spikes (% recovery)

| Compound | Blanks (N=4) | Spikes (N=7) |
|--|--------------------|--------------|
| Benzene ^a | 0.1 ^b | 87±28 |
| Bromoform ^a | N.D. | 97±14 |
| Chlorobenzene ^a | N.D. | 107 ± 12 |
| Chloroform ^a | 0.003 ^b | 95±32 |
| Cis-1,3-dichloropropene | N.D. | 125±42 |
| 1,2-Dibromo-3-chloropropane ^a | N.D. | 106 ± 18 |
| 1,4-Dichlorobenzene ^a | N.D. | 105 ± 22 |
| 1,4-Dimethylbenzene (<i>p</i> xylene) | 0.02 ^b | 109 ± 14 |
| 1,2-Dimethylbenzene (o xylene) | 0.03 ^b | 109 ± 11 |
| 1,3-Dichloropropene ^a | N.D. | 103 ± 18 |
| Ethylbenzene ^a | 0.002 ^b | 109 ± 9 |
| Isopropylbenzene | 0.04 ^b | 111 ± 12 |
| Naphthalene ^a | 0.01 ± 0.001 | 91±49 |
| <i>n</i> -propylbenzene | $0.04 {\pm} 0.1$ | 109 ± 27 |
| Trichloroethylene ^a | N.D. | 125 ± 40 |
| 1,1,2,2-Tetrachloroethane ^a | N.D. | 106 ± 20 |
| Carbon tetrachloride ^a | N.D. | $80{\pm}20$ |
| Toluene ^a | $0.02 {\pm} 0.01$ | 117 ± 11 |
| 1,2,4-Trichlorobenzene ^a | N.D. | 94±46 |
| 1,3,5-Trimethylbenzene | 0.1 ^b | 103 ± 25 |
| 1,2,4-Trimethylbenzene | $0.1\!\pm\!0.1$ | 104 ± 32 |
| | | |

^a Clean Air Act Hazardous Air Pollutant

^b Only detected in one blank, so not able to calculate standard deviation

(P<0.05) for 2005/2006. This lack of correlation is not surprising, as indoor exposures are typically dominated by indoor sources, a result of mostly localized, shortterm emissions (Phillips et al. 2005). Because of the proximity of the source to the receptor (people), these sources of air toxics within homes can greatly contribute to exposure even though they are small when compared with ambient emissions (Weisel 2002).

Table 4 presents the results of the quality assurance/quality control (QA/QC) component conducted throughout the 2-year sampling and analytical program. Blank concentrations (in μ g/m³) were calculated by dividing analyte concentrations measured from field blanks by the average measured flow rate (0.074 m³) for the actual sample episodes. Results from the air toxics field blank analyses showed that some of the measured analytes had low but consistent background levels in the blanks. Continuing calibration (spike) results were generally well within the desired range of ±30%, indicating acceptable recovery of the desired analytes.

Conclusion

This research paper presents the results of a 2-year air toxics monitoring program conducted in a valley location in western Montana. More significantly, this paper presents the results of air toxics measured simultaneously inside and outside the homes of nearly 80 high school students, providing the first information on indoor/ambient concentrations of air toxics in the rural/semi-rural western Montana/northern US Rocky Mountain region.

Results of this study were consistent with those found in other studies, specifically in studies conducted within urban airsheds. Of all of the air toxics quantified in this study, toluene was found to be the most abundant compound in both the indoor and ambient environments during each of the two school years. Indoor log-transformed mean concentrations were found to be higher when compared with ambient log-transformed mean concentrations at P < 0.001 for the majority of the compounds. For the air toxics consistently measured throughout this program, concentrations were approximately six times higher inside the student's homes compared to those simultaneously measured directly outside their homes. Results from this study also showed that although ambient concentrations measured in this study were lower compared to many of the studies conducted in more urban areas, indoor concentrations of the air toxics measured in this study were comparable to the indoor urban measurements in the previous studies.

For the majority of the compounds, there were no significant correlations between indoor and ambient concentrations, suggesting that there were independent sources for both indoor and ambient air toxics. Future source apportionment activities using a receptor-oriented model (such as chemical mass balance, positive matrix factorization, or principal component analysis/absolute principal component scores, among others) could be utilized in this research program to determine the sources in the indoor and ambient environments, respectively. No significant interactions were found between source and year, indicating no change in indoor/ambient patterns between years.

It is essential to characterize the composition, magnitude, and the distribution of air toxics through air monitoring to assess the impact of these components on human health. Although personal exposure is the most relevant for human health impacts, indoor concentrations provide a substantially better estimate of measured personal concentrations when compared to an ambient measurement (Sexton et al. 2004a). In the future, these measured data on HAPs (air toxics) in a northern Rocky Mountain airshed may provide information in establishing air quality standards for the indoor environment. In addition, these data can be used to improve the quality of health risk assessments, and to evaluate the efficacy of risk management decisions.

Acknowledgments The authors thank the teachers and students at Big Sky HS for participating in the program. Primary funding for this project was provided by grant number R25 RR020432 from the National Center for Research Resources (NCRR), a component of the National Institutes of Health (NIH). Additional support came from NIH COBRE grant P20 RR017670 from NCRR. The contents of this manuscript are solely the responsibility of the authors and do not necessarily represent the official views of NCRR or NIH.

References

- Adams, E., Ward, T. J., Vanek, D., Marra, N., Smith, G., Jones, D., et al. (2008). Air toxics under the Big Sky—A high school science teaching tool. *Journal of Chemical Education*, 85(2), 221–224.
- Adgate, J. L., Church, T. R., Ryan, A. D., Ramachandran, G., Fredrickson, A. L., Stock, T. H., et al. (2004). Outdoor,

indoor, and personal exposure to VOCs in children. *Environmental Health Perspectives*, 112(14), 1386–1392.

- Fishbein, L., & Henry, C. J. (1991). Introduction: Workshop on the methodology for assessing health risks from complex mixtures in indoor air. *Environmental Health Perspectives*, 95, 3–5.
- Gordon, S. M., Callahan, P. J., Nishioka, M. G., Brinkman, M. C., O'Rourke, M. K., Lebowitz, M. D., et al. (1999). Residential environmental measurements in the National Human Exposure Assessment Survey (NHEXAS) pilot study in Arizona: Preliminary results for pesticides and VOCs. *Journal of Exposure Analysis and Environmental Epidemiology*, 9(5), 456–470.
- Helmig, D., & Greenburg, J. P. (1994). Automated in situ gas chromatographic-mass spectrometric analysis of ppt level volatile organic trace gases using multistage solid-adsorbent trapping. *Journal of Chromatography A*, 677, 123–132.
- Jenkins, P. L., Phillips, T. J., Mulberg, J. M., & Hui, S. P. (1992). Activity patterns of Californians: Use of and proximity to indoor pollutant sources. *Atmospheric Research*, 26A, 2141–2148.
- Kim, Y. M., Harrad, S., & Harrison, R. M. (2002). Levels and sources of personal inhalation exposure to volatile organic compounds. *Environmental Science & Technology*, 36, 5405–5410.
- Kinney, P. L., Chillrud, S. N., Ramstrom, S., Ross, J., & Spengler, J. D. (2002). Exposures to multiple air toxics in New York City. *Environmental Health Perspectives*, 110 (suppl 4), 539–546.
- Payne-Sturges, D. C., Burke, T. A., Breysse, P., Diener-West, M., & Buckley, T. J. (2004). Personal exposure meets risk assessment: A comparison of measured and modeled exposures and risks in an urban community. *Environmental Health Perspectives*, 112(5), 589–598.
- Phillips, M. L., Esmen, N. A., Hall, T. A., & Lynch, R. (2005). Determinants of exposure to volatile organic compounds in four Oklahoma cities. *Journal of Exposure Analysis and Environmental Epidemiology*, 15, 35–46.
- Pratt, G. C., Wu, C. Y., Bock, D., Adgate, J. L., Ramachandran, G., Stock, T. H., et al. (2004). Comparing air dispersion model predictions with measured concentrations of VOCs in urban communities. *Environmental Science & Technology*, 38, 1949–1959.
- Robinson, J., & Nelson, W. C. (1995). National human activity pattern survey data base. Research Triangle Park, NC: US Environmental Protection Agency.

- Sexton, K., Adgate, J. L., Mongin, S. J., Pratt, G. C., Ramachandran, G., Stock, T. H., et al. (2004a). Evaluating differences between measured personal exposures to volatile organic compounds and concentrations in outdoor and indoor air. *Environmental Science & Technology*, 38, 2593–2602.
- Sexton, K., Adgate, J. L., Ramachandran, G., Pratt, G. C., Mongin, S. J., Stock, T. H., et al. (2004b). Comparison of personal, indoor, and outdoor exposures to hazardous air pollutants in three urban communities. *Environmental Science & Technology*, 38, 423–430.
- Sexton, K., Kleffman, D. E., & Callahan, M. A. (1995). An introduction to the National Human Exposure Assessment Survey (NHEXAS) and related Phase I field studies. *Journal of Exposure Analysis and Environmental Epidemiology*, 5(3), 229–232.
- Skoog, D. A., Holler, J. F., & Nieman, T. A. (1998). Principles of instrumental analysis. Orlando: Harcourt Brace.
- Sweet, C. W., & Vermette, S. J. (1992). Toxic volatile organic compounds in urban air in Illinois. *Environmental Science* & Technology, 26, 165–173.
- Wallace, L. (1987). The total exposure assessment methodology (TEAM) study: Summary and analysis (vol. 1). Washington, DC: U.S. Environmental Protection Agency.
- Ward, T. J. (2001). Chemical mass balance (CMB) source apportionment and organic speciation of PM_{2.5} in Missoula, Montana including the 2000 wildfire season. Ph.D. Thesis, The University of Montana, Missoula, MT, USA.
- Ward, T. J., Hamilton, R. F., & Smith, G. C. (2005). The Missoula Valley semivolatile and volatile organic compound study—Seasonal average concentrations. *Journal* of the Air & Waste Management Association, 55, 1007– 1013.
- Weisel, C. P. (2002). Assessing exposure to air toxics relative to asthma. *Environmental Health Perspectives*, 110(suppl 4), 527–537.
- Woolfenden, E. (1997). Monitoring VOCs in air using sorbent tubes followed by thermal desorption-capillary GC analysis: Summary of data and practical guidelines. *Journal of the Air & Waste Management Association*, 47, 20–36.
- Wrobel, C. L. (2000). Investigating volatile organic compounds in an urban inter-mountain valley using a TD/GC/MS methodology and intrinsic tracer molecules. Ph.D. Thesis, The University of Montana, Missoula, MT, USA.