WELCOME TO THE UNIVERSITY

A warm welcome to all new and returning students from the staff of Foreign Student and Scholar Services (FSSS). We are here to serve you and encourage you to get involved in activities offered in conjunction with other campus departments, the International Student Association, International Programs, Missoula International Friendship Program and various community groups. It is important that you maintain your legal status while in the U.S. and ask that you seek our advice on matters pertaining to immigration rules and regulations.

Statistical information on current students and scholars can be found on page 6.

FSSS is located in Lommasson Center 219. You can call us at 243-2226 or send an e-mail at fsss@umontana.edu. Every Thursday, expect to receive an electronic newsletter from FSSS, known as the “Nuggets,” sent to your email address.

For a more efficient delivery of services, we request that you comply with the following office schedule:

Monday-Friday

8:00 am – 1:00 pm – Appointments

1:00 – 5:00 pm – Walk-ins & appointments

FSSS Staff
Effie Koehn, Director
Becky Maier, Office Manager
Mary Nellis, Foreign Student Advisor
Mona Mondava, Program Coordinator
Barb Seekins, Sponsored Students & Scholars
Juanita Reyes, Student Assistant
Mastewal Seyeneh, Graduate Assistant
Karin Ehara, Intern

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HOW TO APPLY FOR SCHOLARSHIPS/FUNDING FOR UNDERGRADUATE AND GRADUATE FOREIGN STUDENTS

Don’t miss one of our most popular workshops. Many topics will be included that will help you learn all about how to make a successful scholarship application in the U.S. This workshop will be offered once this year.

Topics for both Undergraduate and Graduate Students:
• What do scholarship evaluators look for in an application?
• How to write a better scholarship application and make yourself stand out in a positive way

Topics for Undergraduate Students:
• Foreign students are eligible for which UM scholarships?
• How to research scholarship sources at UM and outside sources, including Web searches
• Information for undergraduate students considering graduate school on ways to fund a graduate education

For Graduate Students (and Undergraduates looking at graduate school in the future):
• Information on UM Graduate Scholarships
• Other funding ideas for Graduate students, including assistantships and grants

Useful examples will be given and there will be time for questions and answers.

Presenters will be Kathy Gaskill, Scholarship Coordinator, UM Financial Aid Office; Mary Kamensky, Administrative Officer, UM Graduate School; and Laure Pengelly Drake, Director of External Scholarships and Advising, UM Davidson Honors College.

Please note that scholarships at UM and in the US are usually awarded for the following academic year, but the applications are usually due early the previous spring. UM’s General Scholarship Application (undergraduate) is due February 1, 2013, which means you should start before fall semester ends to secure good letters of recommendation from UM professors, who are often not available over Winter Break.

Date and Time: Wednesday, October 24, 4:10 – 5:45 pm
Davidson Honors College, Room 120
Follow Signs to Workshop

Sponsored by Financial Aid, Graduate School, Davidson Honors College, and Foreign Student & Scholar Services

IMMIGRATION BENEFITS-WORKSHOPS

The following repeat workshops will present information on how to apply for immigration benefits (e.g., Optional Practical Training, Curricular Practical, or Off-Campus Employment)

Tuesday, October 16; 11:00 am – Noon
Wednesday, October 17; 2:00 – 3:00 pm
Thursday, October 18; 4:00 – 5:00 pm
Friday, October 19; Noon – 1:00 pm

Emma B. Conference Room
Lommasson Center 226

Students who plan to complete their studies by December 2012 and would like to engage in Optional Practical Training should submit their application to the Citizenship and Immigration Service by October. The application fee is $380.

DV-2013 DIVERSITY VISA LOTTERY PROGRAM REGISTRATION BEGINS

Online registration for the 2013 Diversity Immigrant Program (DV-2014) green card lottery will begin on Tuesday, October 2, 2012 at 12:00 noon, Eastern Daylight Time, and conclude on Saturday, November 3, 2012 at 12:00 noon, Eastern Daylight Time. The lottery will enable 50,000 randomly chosen people to obtain permanent residence in the United States. Persons seeking to enter the lottery program must register online through the designated website during the registration period above. Online registration and eligibility guidelines are at www.dvlottery.state.gov.

International Education Week 2012

The week of November 12 – 16, 2012 marks the twelfth annual International Education Week sponsored by the U.S. Departments of Education and State. If you are interested in participating in any activities, please contact Brian Lofink at 406-243-2299.
INTERESTED IN GRADUATE SCHOOL?

Come to a special workshop tailored just for undergraduate foreign students to learn about graduate education in the U.S. and discover if this path is for you, and if so, how best to prepare for graduate school success. A unique opportunity to hear valuable insight from university administrators involved in graduate education. Refreshments will be served. Don’t miss out on this opportunity to think ahead for your future—only offered once a year!

Topics to be covered include:
- Graduate Education in the United States: what it is, how it differs from graduate education in other countries, and how it can provide you new opportunities in your current field or in a new field
- Strategies for getting into a U.S. graduate program and timeline for the application process
- GRE, GMAT, and TOEFL exams
- How to find and select the best graduate program
- Challenges and rewards for international students in graduate education
- Funding Graduate Education
- Inspiration to “make it happen”
- Opportunity to ask questions

Sponsored by the UM Graduate School and Foreign Student & Scholar Services

Date and Place:  Scheduled for November. Date will be announced in upcoming weekly “Newsworthy Nuggets.”

Presenters: Prof. J.B. Alexander Ross, Dean of the UM Graduate School and other Graduate School staff.

HOW TO PREPARE FOR WINTER WORKSHOP

Attention all students from warm-climate countries! Are you getting cold yet? Worried about winter? Winter in Montana lasts five months from approximately late October until mid-March. Are you ready? Do you have the right clothes? Do you know how to travel safely on snow and ice? Want to learn to enjoy the unique outdoor opportunities winter provides in western Montana?

Join FSSS for a quick and fun mini-workshop to learn how to get ready for the joys and challenges of winter – this workshop has something for everyone. Also, free dinner!

— DRESSING FOR WINTER AND MORE: Information on the types of clothing you need for winter and some easy helpful hints that will keep you toasty and warm.

— WINTER RECREATION OPPORTUNITIES: No matter your experience level or ability, Missoula offers great winter recreations opportunities. Find out where learn to ski, snowshoe, ice skate, etc.

— WINTER TRANSPORTATION SAFETY: Important hints on ice and snow walking, biking, and driving! The rules for the sidewalk and road change during winter and you need to be prepared for your safety!

Date: Wednesday November 7, 2012
5:00 – 7:00 pm
Free Pizza Dinner
International House, 659 South 5th Street East

WORKSHOPS

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CAREER SERVICES WORKSHOPS FALL 2012

Prepare for your career and job search by attending one of these free workshops. All workshops are held in Lommasson Center 154, from 3:30—4:30 pm on the dates shown (unless otherwise noted)

Academic and Career Decision-Making Workshop, Tuesday, October 3
Undecided about your major and/or career goals? Make the connection between your academic planning, choice of major and career direction. Learn how to match your skills, interests, abilities and personality to a career and major. Come to this workshop and get started building a foundation for success.

Resume and Cover Letter Workshop, Tuesday, October 10
Create a resume and cover letter that will effectively market your talents to employers. We will teach you how to communicate your skills to compete in today's labor market and help you plan for targeting your job search in challenging economic times.

Interviewing Workshop, Tuesday, October 23
Learn how to relax in a job interview and put your best foot forward. Also hear how to present your achievements and accomplishments to employers through the effective use of a portfolio.
In an attempt to dispel the notion that there is no such thing as a FREE LUNCH, UM students are invited to attend the upcoming Career Leadership Luncheons. The “Ask-an-Alum” Career Leadership Luncheon is an initiative between the Center for Leadership Development and the Office of Career Services. This program is designed to give current University of Montana students the opportunity to hear how important it is to be involved on campus and how the skills and experiences gained from student employment positions, extracurricular activities, internships and volunteer opportunities are applicable to their professional lives after graduation.

Successful alumni and friends of the university are invited to be speakers on our special guest panel. They are invited to share their own career and leadership stories showing current students how their college and life experiences prepared them to lead successful professional lives after graduation.

The Center for Leadership Development, Office of Career Services and the Alumni Association are working together to achieve a successful program that will continue well into the future. Your participation is the key; we look forward to your involvement.

**Careers for Health Professions Luncheon**
October 10
12:00 pm—1:00 pm
Missoula College, Griz House 9B

**Entrepreneurial Careers Luncheon**
November 8
12:30—1:30 pm
UC 330

For more information about the Ask-an-Alum Mentoring Program, the Ask-an-Alum Career Leadership Luncheons please contact Career Services at 406.243.6150 or email at askalum@umontana.edu

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**8TH ANNUAL HEALTH PROFESSIONS CAREER FAIR**

The Health Professions Career Fair, sponsored by The Office of Career Services, is one of the services we provide in our continuing efforts directed toward "bringing students and employers together."

This event is typically attended by companies and organizations looking to hire in the areas of: Pharmacy, Pharmacy Technology, Radiologic Technology, Nursing, Respiratory Care, Surgical Technology, Medical Information Technology or Medical Assisting and other health-related full-time positions and internships. Come and take advantage of this opportunity to meet and network with potential employers.

If you are a student majoring in speech-language pathology, pharmacy, physical therapy, nursing, respiratory care, surgical technician or other health-related majors, you are strongly encouraged to attend this career fair. Whether you are graduating this year or in three years, don't miss out on a great opportunity to hone your networking skills, learn how to research companies, and find out about what opportunities are available for you.

Please mark your calendars and plan to attend the Health Professions Career Fair. For more complete information: [http://life.umt.edu/career/fallfair/default.php](http://life.umt.edu/career/fallfair/default.php)

Career Fair - Wednesday, October 24, 12:00 noon—5:00 pm  
**Fair remains open throughout the lunch hour**  
On-Campus Interviews (must be pre-registered for interview through Griz eRecruiting or sign-up with recruiters) - Wednesday, October 24, 6:00 pm—9:00 pm  
2nd Day On-Campus Interviews - Thursday, October 25, 8:00 am—5:00 pm  
University Center - 3rd Floor
“Learn the Language of Love in the USA!” Join us for a fun evening of conversation. The event will be conducted by staff and volunteers of SARC and will discuss the culture around dating and love in the USA – common dating practices, what to do, what not to do, how to interpret dating signals, cultural differences, etc. – and allow lots of time for your input and questions.

**WHAT:** Dating 101 is an opportunity for international students to learn and ask questions about dating practices in the US and compare dating customs from the student’s home country.

**Tuesday, October 23, 7:00—8:00 pm**
International House, 659 South 5th Street East

**CURRY HEALTH CENTER FALL SEMESTER GROUPS AND SEMINARS**

**Feel Better Fast**
Call 243-4711 to find out when the next group starts or check the Curry Calendar. This seminar focuses on skills development. It meets three times and it is run similarly to a class. Participants learn skills for dealing with depression, stress, anxiety, relationship concerns, and other common problems. Common topics include:

- Stress Management
- Managing Unhealthy Thinking
- Effective Communication
- Time Management
- The Mind-Body Connection

**Introduction to Mindfulness**
Starts Wednesday October 24th, 3:10—4:30 pm, and meets for 4 weeks; please call 243-4711 to register. Learn principles and strategies for living life more intentionally. Apply mindfulness when facing the day-to-day stresses of being a college student and learn small meditation techniques.

**Test Anxiety Seminar**
Saturday October 6th, 9:00 am—12:00 noon. Learn some techniques to help with test anxiety, improve your performance, and develop better study skills.

**-Therapy Groups-**

**Understanding Self and Others**
Times vary, call 243-4711. These groups bring together a small number of people and focus on providing support and feedback. For some concerns group therapy is the “treatment of choice,” which means they are likely to be more helpful to you than individual therapy. Through the group, members will have the opportunity to:

- Share concerns and provide support
- Learn more about how they interact with others
- Give and receive feedback
- Practice new ways of behaving

**Setting Limits Group**
Times vary, call 243-2290. Students develop practical strategies to adjust and better manage their use of alcohol and other drugs. This counseling group meets weekly, for eight sessions and will help students develop the skills necessary to stay within self-imposed limits. Fee: $120.00.

**Early Recovery Group**
Times vary, call 243-2290. Whether for a month or a lifetime, this group helps students create a lifestyle free of alcohol or other drugs. Meets weekly. A minimum commitment for eight weeks is required though participants can continue throughout the course of the semester(s) if desired. Fee:$120.00.

**Live it to Lose it: A hands on approach to weight loss and well-being**
Thursdays, 5:30 pm - 7:00 pm. Starts September 27th! Led by a psychologist, dietitian and exercise specialist. This eight-week program is tailored to help you develop healthy lifestyle habits that will move you towards your weight loss goals and set you up for a lifetime of weight management. We’ll share tips on how to exercise effectively, eat healthy, and delve into emotional eating, setting goals, changing habits, and support you along the way! To register call 243-2833. Fee: $25.00.
Germany: 5
Georgia: 1
France: 12
Ethiopia: 1
Congo: 2
Colombia: 3
China: 12
Canada: 8
Cambodia: 3
Brazil: 2
Bangladesh: 2
Bhutan: 2
Afghanistan: 2

Gender:
Female: 139
Male: 114

Primary Function:
Teaching: 35
Research: 56
Teaching and Research: 1
Other*: 161

(*) Conferences, colloquia, observations, consultations or other short-term professional development activities

Immigration (Visa) Status:
J-1 Scholar: 78
J-1 Other*: 5
H-1B: 26
TN: 2
All Others: 142

(*) Scholars are physically present at UM but are on another organization’s Exchange Visitor Program.

Major Field of Specialization:
Agriculture: 60
Area and Ethnic Studies: 2
Biological Sciences: 23
Business and Management: 3
Communications: 8
Computer Science: 1
Education: 83
Family/Consumer Science: 10
Foreign Lang. & Literature: 23
Health Sciences: 8
History: 1
Law: 2
Letters: 2
Mathematics: 1
Physical Sciences: 12
Psychology: 1
Public Administration: 2
Social Sciences: 5
Visual & Performing Arts: 2
Other: 4

Place of Origin (46):
Afghanistan: 2
Albania: 1
Australia: 2
Austria: 4
Bangladesh: 2
Bhutan: 2
Brazil: 6
Cambodia: 3
Canada: 8
China: 62
Colombia: 3
Congo: 2
Ethiopia: 1
France: 12
Georgia: 1
Germany: 5
India: 1
Indonesia: 1
Iran: 1
Ireland: 3
Israel: 1
Italy: 1
Japan: 1
Jordan: 1
Kenya: 2
Kuwait: 4
Kyrgyzstan: 2
Malaysia: 2
Mexico: 2
Moldova: 1
Morocco: 3
Myanmar: 8
Nepal: 1
Netherlands: 3
New Zealand: 2
Nigeria: 5
Norway: 3
Pakistan: 3
Philippines: 2
Poland: 3
Portugal: 1
Qatar: 1
Romania: 1
Russia: 3
Saarland: 1
Sweden: 1
Taiwan: 1
Uzbekistan: 2
Ukraine: 3
United Kingdom: 5
Uruguay: 1
Venezuela: 3
Vietnam: 3
Yemen: 2
Zambia: 2
Zimbabwe: 1

Field of Study:
Biological Sciences: 14
Business: 91
Communication Studies: 13
Computer Science: 7
Conservation & Nat. Res.: 19
Education: 17
English: 8
Foreign Languages & Lit.: 3
General: 111
Health Professions: 55
History: 1
Intensive English: 90
Journalism: 5
Law: 5
Liberal Arts: 2
Multi-Interdisciplinary: 2
Physical Sciences: 31
Psychology: 3
Social Sciences: 48
Visual & Performing Arts: 8
Vocational: 3

Place of Origin (citizenship) (72):
Afghanistan: 3
Australia: 4
Austria: 1
Bangladesh: 4
Bhutan: 2
Bosnia & Herz.: 1
Brazil: 31
Burkina Faso: 5
Cambodia: 2
Canada: 20
Chad: 2
Chile: 7
China: 50
Colombia: 5
Costa Rica: 1
Czech Republic: 2
Denmark: 2
Egypt: 1
Ethiopia: 4
Finland: 2
France: 10
Georgia: 3
Germany: 10
Ghana: 6
Hong Kong: 1
India: 13
Indonesia: 2
Iran: 1
Ireland: 9
Israel: 1
Italy: 2
Japan: 110
Jordan: 1
Kazakhstan: 1
Kenya: 2
Korea, South: 9
Kuwait: 4
Kyrgyzstan: 4
Malaysia: 2
Mexico: 9
Nepal: 2
Netherlands: 3
New Zealand: 2
Nigeria: 5
Norway: 3
Pakistan: 3
Philippines: 38
Poland: 3
Portugal: 1
Qatar: 1
Romania: 1
Russia: 3
Saudi Arabia: 61
Serbia: 1
South Africa: 1
Spain: 6
Sri Lanka: 2
Sweden: 1
Taiwan: 5
Tajikistan: 15
Thailand: 1
Trinidad/Tobago: 1
Turkey: 2
Ukraine: 3
United Kingdom: 5
Uruguay: 1
Venezuela: 3
Vietnam: 3
Yemen: 2
Zambia: 2
Zimbabwe: 1
Scholarship Reporting and Tax Requirements

Under the Internal Revenue Code, all amounts paid to nonresident aliens (F-1, J-1, M-1, or Q-1 visa holders) in the form of scholarships, fellowships, grants and other financial aid from U.S. sources are subject to federal reporting and may require income tax withholding.

Foreign students should keep receipts for all educational costs (tuition, fees, books, lab supplies, computer hardware/software, etc.) to report when filing their tax return each year. The Internal Revenue Service may refund a portion of the withholding based on the information provided on the return. Students need to be aware of the requirements, and budget for the required federal income taxes to be withheld when awarded a scholarship.

Current Enrolled Student Scholarships
The University of Montana Scholarship Program draws together many endowed scholarships and donations into a single scholarship application form. Continuing UM students and former UM students can apply. A scholarship committee matches qualified applicants with the scholarship that best fits them. Applicants must have completed 12 or more college credits and a minimum 3.4 GPA. Check UM’s Financial Aid Office for application information.

Departmental Scholarships
Many of UM's academic departments award scholarships to exceptionally talented students. You are encouraged to contact the department of interest in December to find out more about the scholarships and application process.

PEO International Peace Scholarship
PEO International Peace Scholarship, PEO Executive Office, Philanthropic Educational Organization
3700 Grand Avenue
Des Moines, Iowa 50312-2899
Telephone: 515-255-3153
Eligibility: Women only; full-time candidates for graduate degrees at U.S. universities; nationals of all countries except U.S. and Canada; admission to a U.S. university; intention to return to home country on completion of degree program. Applications can be used for tuition or other expenses.

Amount and number of grants: approximately 175, maximum amount of $10,000
Application deadline: December 15, 2012

American Association of University Women International Fellowships
AAUW Educational Foundation
International Fellowships
Department 60
301 ACT Drive
PO Box 4030
Iowa City, Iowa 52243-4030
Telephone: 319-337-1716
www.aauw.org
Eligibility: Women only; candidates for graduate degrees; nationals of all countries except the U.S.; admission to an accredited U.S. educational institution; record of civic or community involvement concerning women; intent to return to their home country.
Amount of grants: 6 grants from $18,000-$30,000
Applications available August 1 through December 1, 2012
Application deadline: December 1, 2012

Margaret McNamara Memorial Fund
The Margaret McNamara Memorial Fund
mmmf@worldbank.org
Telephone: 202-473-5804
Eligibility: Women only; candidates for undergraduate and graduate degrees; nationals of developing countries on an eligibility list; enrollment in a US educational institution and residence in the US when the application is submitted; record of service to women and/or children in their countries; commitment to return to their countries within about two years of receiving a grant.
Applications available starting October 1, 2012
Amount and number of grants: 6 grants of $12,000

WATCH OUT FOR SCHOLARSHIP SCAMS
There are five common scams:
- Application and processing fees or Loan Fees
- Guaranteed winnings
- "Everybody is eligible" - Most scholarships have selective criteria
- Unclaimed aid myth - "Billions of dollars of scholarships go unclaimed every year"
- "We will apply on your behalf"

Never give out your social security number or bank information for a scholarship.
INTERNATIONAL STUDENT LOANS

To be eligible for an international student loan, international students must be enrolled as graduate or undergraduate students at least half-time, and have a qualified U.S. co-signer (U.S. citizen or permanent resident who has resided in the U.S. for the previous two years and who meets certain credit requirements). For more information or to apply online, please visit: www.InternationalStudentLoan.com.

Leo S. Rowe PAN AMERICAN FUND

Leo S. Rowe Pan American Fund grants student loans of up to $15,000 to citizens of Latin American and Caribbean countries, to help them finance their higher education studies and research in the United States, with the understanding that, upon completing those studies, they will be in a position to give their respective countries the benefit of their training.

Leo S. Rowe Pan American Fund Organization of American States
Department of Human Development
1889 F Street NW
Washington DC 20006
Telephone: 202-458-3000

BE VIGILANT

In the event you receive a telephone or internet solicitation offer asking for credit card, bank account or immigration status information you should be very suspicious of such offers.

The best advice is to simply hang up. Please report such incidents to FSSS so we can contact the proper authorities and alert other students if such occurrences prove to be potential scams.

IMPORTANT INFORMATION ABOUT YOUR ADDRESSES IN CYBERBEAR

Under the SEVIS regulations, as an F-1 or J-1 student you are required to keep your addresses current with the Department of Homeland Security (DHS). Whenever you move in the United States, you have 10 days to update your address with DHS.

It is important that the three (3) different addresses that you maintain in Cyberbear are ACCURATE!

Permanent Address – ALWAYS A FOREIGN ADDRESS – This is your address in your HOME COUNTRY. It may be your parents, a relative or some other address that the University would be able to contact about you when necessary. This is NEVER a United States address if you are an F-1 or J-1 student.

Mailing Address – Where you RECEIVE mail in the US or a foreign address -- This address is where you are RECEIVING mail. It may be a physical street address or it may be a Post Office Box Number (PO Box 123). This can be the same as your local address.

Local (SEVIS) Address – ALWAYS A U.S. ADDRESS -- This address must be a PHYSICAL ADDRESS of where you are living in the UNITED STATES. You may not list a PO Box address here.

If you do not see a Local (SEVIS) address listed in Cyberbear after the 3rd week of school, please contact our office. You may call 243-2226 or email us at fsss@umontana.edu

To be sure that your address change is processed properly, FSSS has an orange form that you can fill out with any address changes. Stop by the office to pick up a copy. You may also download a copy from our website and send it to us. You must still make any changes in Cyberbear.

CHRISTMAS HOME-STAYS WITH CHRISTMAS INTERNATIONAL HOUSE

Here’s a unique opportunity to experience the U.S. and live with a host family during part of Winter Break! This is a program for individuals or families.

Christmas International House (CIH) is a nonprofit organization that places international students (families also welcome!) in American homes with host families throughout various communities in the US during two weeks of the Christmas holidays. The program this year offers home-stays or group-stay programs, coupled with fun group excursions and events, in many different states in the U.S. See the website for all locations! Each host community also offers group sight-seeing and lots of fun events for the participants. The cost of room and board and most sight seeing/special events is provided free of charge to the international student! Students pay only a registration fee of $125 ($150 for couples or families) and are responsible for transportation to and from the host city. Higher fees apply after October 15. You may have some minor program expenses as well, such as entrance fees to some tourist attractions. The program is open to single students as well married students or students with families (see details on website). Applications are available online now and are accepted by CIH starting September 15, 2012. Apply soon to receive your choice of host site! This will also assure that you have enough time to make travel reservations. The general program dates are December 18, 2012 to January 2, 2013, but some sites have slightly different dates. To find out more about the program, check the website at www.christmasih.org or contact any staff member in FSSS and they will be happy to tell you more and assist you with selecting a location that meets your interests.
GRIZZLY PERSONAL SAFETY:
CAMPUS ESCORT SERVICE

Grizzly Personal Safety (GPS) is a free student staffed safety service. The GPS objective is to ensure that no campus member has to walk campus alone after dark. When called, GPS members will meet the caller at their location and walk with them to their destination. GPS members travel campus in pairs wearing distinctive clothing, carrying radios and flashlights.

This night-time service is available seven days a week when school is in session. Please Note: If GPS is unavailable, Public Safety Officers will provide the same service.

From on campus: 2777
From off campus: 243-2777

If you are requesting their services a pair of students will be dispatched immediately to your location to personally walk you safely to your destination.

Remember, this night-time service is available seven days a week when school is in session, it is free and they do not expect tips.

PETSA (Personal Empowerment Through Self Awareness)

PETSA is UM’s campaign to address sexual violence. It is an online tutorial designed to educate the entire campus community. In order to register for Spring Semester, students must take this via Moodle.

For more information, please visit the PETSA website umt.edu/petsa. Also, if you or anyone you know have experienced sexual violence, the Student Assault Resource Center (SARC) is here to help.

IMMIGRATION NOTICES

It is important that you maintain your legal status and possess valid documents at all times. Extension of stay should be sought within 30 days prior to end date as noted on Forms I-20 or DS-2019. Students should also comply with the full course of study requirement (12 credits at the undergraduate level and 9 credits for graduate studies). To drop below the required credit load, students need to seek prior approval from FSSS. A change of address must be recorded in CyberBear and reported to FSSS within 10 days of such change. Finally, do not engage in unauthorized employment.

If you plan to leave Missoula (including travel within the U.S. and Montana) please carry your valid passport and immigration documents (forms I-20 or DS-2019 and I-94) with you. Forms I-20 or DS-2019 need to be endorsed by FSSS staff prior to travel to another country, including Canada.

TRADITIONAL AMERICAN DINNER HOSTED BY
ALTRUSA CLUB

As in years past, the Altrusa Club of Missoula, a service organization, will host a dinner for new foreign students who commenced their studies at UM during the 2012 calendar year. The event will take place in an off-campus location on Tuesday, November 13, 6:30—8:30 pm. Expect to receive an invitation at the end of October. Please respond to FSSS by the date indicated on the invitation.

November 4
CHANGE YOUR CLOCKS

At 2:00 am Sunday, November 4, we return to Mountain Standard Time. This means that before you go to bed, you set your clock back one hour.
Resources for Students

This section provides a snapshot of UM’s campus resources for all students. These resources are here for you! Take advantage of them.

Early Alert
The Early Alert system, in which professors identify students who are struggling in 100 and 200 level courses. **It is important that all students in 100 and 200 level courses check Cyberbear to see if they have “deficient” grades posted for any of their current courses.** These grades will be labeled as “DEF.” If a student has a “DEF” grade in a course, it is recommended that they contact their instructor immediately to get assistance to bring up their grade(s) by the end of the semester.

Ask-an-Advisor
Direct your questions to an advisor at the Undergraduate Advising Center (rooster@mso.umt.edu). They have info on policies, deadlines, general education requirements and much more. If they don’t know the answer, they will refer you to the appropriate person.

Disability Services for Students (DS)
DS is also located in LC 154. It offers academic advising, classroom accommodations, and testing accommodations (extended time, alternate test formats, and private testing environments) for students with disabilities.

Career Services
Career Services located in Lommasson Center 154 gives students at all levels an advantage in the fast track professional world. Students can prepare for post-graduation by utilizing Career Services to help build a resume with summer jobs and volunteer work while exploring career opportunities. They even house a library of information on potential careers and best fit university majors.

Counseling and Psychological Services (CAPS)
CAPS is located in the West Entrance of the Curry Health Center (CHC). Full time students receive three free visits and can use services such as:
- Individual Counseling and Psychotherapy
- Topical Group Therapy/Workshops
- Crisis Walk-in Service
- Test Anxiety Workshops (call 243-4711 for dates and times)
- Psychiatric Consultation
- After hours urgent care (provided by the CHC Medical Clinic Staff)
- Brief In-patient Respite Care
- Bereavement counseling
- Networked with Self Over Substances to provide substance abuse counseling
Group counseling on pre-determined topics is also available for free. Topics are listed on the CAPS website.

Mansfield Library Research Clinic
Educes students on library databases, resources and services all students need at some point during their time at UM.

TUTORING SERVICES

Study Jam
A free-to-students tutoring service called Study Jam operates Monday, Tuesday and Wednesday evenings, 6:30—9:00 pm in the UC Commons. The program sponsors group study tables staffed by professional tutors in various subject areas, including Statistics, Spanish, Chemistry, Econ, Anatomy and Physiology, Accounting and Physics. Individual students and study groups can gather and obtain help as needed. If you have additional questions, contact Sharon O’Hare, Executive Director, Office for Student Success, at sohare@mso.umt.edu.

The Writing Center
The Writing Center invites international students to take advantage of its FREE tutoring services! International students are encouraged to make an appointment in LA 144 or to drop in during the Writing Center's Mansfield Library tutoring hours.

To make an appointment, go to the web-based scheduler at: www.umt.edu/writingcenter

Contact the Writing Center at (406) 243-2266 or growl@mso.umt.edu.

The Math PiLOT
Math PiLOT is part of the Office for Student Success. Its goal is to improve student performance in 100-level mathematics at The University. Math PiLOT offers math placement advising for the struggling math student. For more information about services, or to obtain a schedule of math tutoring hours, contact Sharon O’Hare at (406)243-5672 or sohare@mso.unt.edu.

Math@Mansfield Tutoring Center
Mansfield Library, Monday—Thursday, 11:00 am —3:00 pm, 6:30—9:00 pm, and Sunday, 6:30—9:00 pm
For Sections M060, 090, 095, 105,115 & 136

Math Learning Center
Math Building basement, Monday—Thursday, 10:00 am—4:00 pm
For Sections M095, 121, 122, 151, 162, 171 & 172
**Speakers’ Bureau Continues to Reach Out**

The Speakers’ Bureau would like to extend a sincere and warm **THANK YOU** to all students who gave time and energy to meet with classes and civic groups in the Missoula community during the Spring 2012 Semester and through the summer. We applaud the following student for volunteering:

The following students met with high school exchange students from around Montana for lunch during UM Day: Wai Tai Tun (Myanmar), Milena Oganesyan (Georgia), Nacer Ajir (Morocco), Abdullah Aljamea (Saudi Arabia), Sidra Baig (Pakistan), Gabriel Heyl (Germany), Zuzana Schmidtova (Slovakia), Marete Aanes (Norway), Simon Roaldset (Norway), Manuel Garcia Rodriguez (Spain), HakGyu Choi (S. Korea), Silvia Puliti (Italy), Elvira Torres Vincente (Spain), Alev Kizildag (France), Domnita Rusnac (Moldova) and Ardina Hasanbasri (Indonesia).

**Apoorva Joshi** (India) spoke with the International and Developmental Communication (COMM 251) class in February 2012.

**Katerina Gajic** (Serbia), **Turki Ismail** (Saudi Arabia), Muyuki Suzuki (Japan) and **Priscilla Lekalkuli** (Kenya) were interviewed for a group project in HHP 488 about improving interpersonal relationships between international students and the doctors at Curry Health Center.

**Andreas Luczak** (Sweden) helped a community member fill out Swedish insurance forms.

**Shiki Miyazaki** (Japan) served as a juror in a mock trial for the Law School.

The Montana World Affairs Council arranged group discussions for their Academic World Quest Competition, and the following students talked about their countries with high school students from all over Montana: Milena Oganesyan (Georgia), Karolina Fierro (Columbia), Carlos Heker (Brazil), Leonardo de Assis (Brazil), Nacer Arji (Morocco), Cyril Afeavo (Ghana), Yamina Belabassi (France), Shakib Rajaieeian (Afghanistan), Rana Alrohaily (Saudi Arabia), Mayuko Aono (Japan), Zuzana Schmidtova (Slovakia), Madrombe Mbaibikeel (Chad), Jovid Latipov (Tajikistan), Liliana Martinez (Mexico) and Hermes Padilla Beltran (Mexico) performed a chamber music duet for violin and cello at the Outstanding Student Leadership Awards Ceremony.

The Montana International Children’s Film Festival worked with Zuzana Schmidtova (Slovakia), Verna Henners (Germany), Helena Reilly (Ireland), Elvira Torres Vicente (Spain), Adela Sobrepera (Spain), Jeff Wolsleger (Canada), Xindi Zhen (China) and Yufan Shen (China) to help introduce Missoula children to people from around the world.

**Noela Kinda** (Burkina Faso) shared dinner and talked about her country with residents at the Shirley Miller Attention Home.

C.S. Porter Middle School welcomed Yuki Ichinomiya (Japan), Yoon Soo Nam (S. Korea), Nuri Pak (S. Korea), and Min Sun Park (S. Korea) to expose the students to modern culture in Japan and South Korea.

**Eun Bee Seo** (S. Korea) participated in a student panel discussion on diversity presented to the President’s cabinet and UM directors in May.

Exchange students Min Tang, Xindi Zhou, Yufan Shen and Yu Xia all from Shanghai International Studies University in China, gave classroom presentation about China and translated an Admission brochure in Chinese, during Spring Semester 2012.

**Priscilla Lekalkuli** (Kenya) and Layokat Rasulova (Tajikistan) participated in the Spring 2012 Tunnel of Oppression as tour guides in their native languages.

Also thanks to the many students who spoke to prospective students who inquired about The University of Montana! We appreciate your time and effort.

FSSS coordinates the Speakers’ Bureau Program, through which foreign students are able to interact with the larger Missoula area community. Foreign students are invited to give talks about their home countries on a variety of topics. The audiences often include local high school classes, community organizations, and even individuals requiring translation assistance. Most students are happy to share what they love most about their homelands and the audience groups are always very excited to meet students and learn about other countries around the world. Interested in **Speakers’ Bureau**? Contact Mary Nellis at 243-6040.
MEET YOUR 2012—2013 INTERNATIONAL STUDENT LEADERS

At The University of Montana we have a very active International Student Association (ISA) (http://www.umt.edu/asmus/isa), as well as a number of specific nationality/cultural associations, collectively called the United Nations Council. They all welcome your participation and input. There are still some positions and regions that are vacant, please consider participating. You may contact your leaders by using their UM e-mail address: firstname.lastname@umontana.edu

ISA OFFICERS

President: Francesca Celini, Italy
Vice President: Abdullah M. Aljamea, Saudi Arabia
Business Manager: Mohammed Abdullah, Saudi Arabia
Secretary: Mayuko [Tessa] Aono, Japan
Program Coordinator: Kazusa Suzuki, Japan
Web Master: Toan Phung, Vietnam
Public Relations: Olivia Weber, USA
News Editor: Apoorva Joshi, India
Sports Coordinator: Manuel Lopez Loaiza, Mexico

NATIONALITY/CULTURAL ASSOCIATION PRESIDENTS

African Student Association: Noela Kinda
Brazilian Student Association: Carlos Heker
Chinese Student and Scholar Association: Yang Liu
Japanese Student Association: Eugene Elzinga
Korean Student Association: HakGuy Choi
Latin American Association: Efren Duarte
Muslim Student Association: Salvatore Ferrara
Persian Student Association: Loyokat Rasulova
Saudi Student Association: Turki Ismail
South & Southeast Asian Organization: Apoorva Joshi
Taiwanese Student Association: Amber Vuong

MISSOULA INTERNATIONAL FRIENDSHIP PROGRAM (MIFP)

The MIFP executive board is committed to helping UM foreign students have a positive experience during their study sojourn. This year’s board consists of the following individuals:

President: Laela Shimer
Treasurer: David Strobel
Recording Secretary: Charlotte Kasl
Corresponding Secretary: Chris Kilzer
Board Members: Carrie Gajdosik Adair Kanter, Martin Twer, Dave Herries, Kevin Nalty, Mika Watanabe
Lifetime Members: Joycee Dozier, Nancy Gibson
Ex-Officio Members: Effie Koehn and Mona Mondava

MIFP is a non-profit volunteer community hospitality organization which works closely with FSSS to facilitate friendship opportunities between students and members of the community. For Fall Semester 2012 MIFP arranged new friendship matches between 64 community friends and their families and 88 new students. Orientation for interested students was held on August 22 and on September 5 and 6, for new community participants.

On September 11, the students and their respective community friends were able to meet for the first time at a Meet and Greet function on campus. On Tuesday, October 23, President Royce Engstrom and Dr. Mary Engstrom will host a reception on campus to honor Community Friends of Spring and Fall Semesters 2012. Later this semester, on Sunday, December 2, MIFP will host the annual Holiday Party for all foreign students and scholars and community friends. All UM international students and scholars are invited to the December event.
INTERNATIONAL HOUSE NEWS
659 South 5th St. East  Missoula, Montana  59801  Phone: (406)543-8805

What and where is the International House?  The International House is a physically accessible, activity and meeting center for UM international students and scholars and friends, as well as any UM group with an international or intercultural focus! You are invited to stop by and visit during open hours. You can study, use the student computer, internet, and printer, watch TV/Video/International DVDs, cook a meal in the kitchen, do laundry, play table tennis or meet friends. Regular open hours are maintained each day and current hours are posted on the Newsworthy Nuggets and at the house. The International House is located on the edge of campus, one block east of the Curry Health Center and across from the Adams Center parking lot, at 659 South 5th Street East.  Phone: (406) 543-8805.

Host your event there for free!  Reserve the house free of charge for parties and gatherings - small or large - such as meetings, celebrations, cooking, cultural events, etc.. It’s for you, your friends, or your campus group with an intercultural focus!  There is no charge to use the house for an event. The International House is YOUR HOUSE– so take advantage of it and come visit or plan an event there! But please remember that the I-House is smoke-free and alcohol-free.  To reserve the house, just call the International House managers.  You can reach them at (406) 543-8805 – if you don’t reach them, leave a message and they will call you back.

I-House Managers:  The International House operates under the management of three Resident Student Managers, under the supervision of FSSS. We welcome as the Fall 2012 I-House Managers the following students: Monika Reid from the U.S., Verena Henners from Germany, and Sachi Mahendri from Sri Lanka. They are looking forward to welcoming you to the International House!

We would also like to say farewell and thank you to last spring semester’s managers Randy Umetsu, Guedem Dara, and Mana Mukaiyachi, and this summer’s managers Guedem Dara, Diana Anyango, and Yifei Fu.

I-House Social and Cultural Events:  The managers will be providing some fun special events at the I-House this fall, so keep watching the Newsworthy Nuggets for more information, and also for current Open Hours. If you would like to host a cultural event at the I-House to share some aspect of your country or culture with the UM international community, please let the managers know your idea and they would be happy to assist you.

What’s New at the International House:  The International House received a major facelift this summer - new couches, coffee tables, meeting tables and chairs, student-use computers and a printer, (late spring semester), giant picnic table, and sleek modern window blinds with beautiful valances, and more! Thanks to the many supporters and financial donors that helped make these upgrades possible including: Gerald “Frenchy” Michaud of Facilities Services, Missoula International Friendship Program, Foreign Student and Scholar Services, UM Dining Services, the summer managers above and funding from the Student Computer Fee.
GET READY FOR INTERNATIONAL FESTIVAL in MARCH 2013

The biggest UM international event of the year is coming! The 22nd annual UM International Culture and Food Festival – presented to the community by the International Student Association and all the international students, scholars, and their American friends- will be held this academic year on Sunday, March 24, 2013. Don’t miss this opportunity to be part of the excitement. We need you to start thinking and planning for it Fall Semester though, as it takes many months to prepare.

- Do you or you and friends have a performance talent (song, dance, music instrument, act, skit, etc.)? We want you in the INTERNATIONAL CULTURE SHOW! Solo or group performances welcome, traditional or modern. Performances are short – 5, 10, or 15 minutes - , so even if you know just one dance, song, skit – come join the show!
- Do you like to cook and want to share your country’s cuisine with others? Interested in earning some money for your group? We want you in the FOOD BAZAAR! Spaces fill up fast here.
- Do you like children? Or know fun ways to show aspects of your culture? Have a special game, story, puppet show, art or craft, song or dance to share with kids? We want your activity in the CHILDREN’S WORLD!
- Do you like to share information, stories, pictures, and objects from your country with the folks of Missoula and meet people interested in your country? Host a country/culture table in the INTERNATIONAL CULTURAL PAVILION. Like to get involved in planning, organizing, and behind-the-scenes kind of stuff? We want you as an ORGANIZER or VOLUNTEER! Other talents like help with publicity and marketing, photography, videography, etc. are also needed and appreciated.

INTERNATIONAL FESTIVAL CONTACT INFORMATION:
Mona Mondava from FSSS will guide the festival as the Director, working closely with festival coordinators and ISA officers. She would be happy to visit with you on how you can participate.

Mona can be reached at 243-6059 or mna.mondava@umontana.edu, or during her office hours at FSSS. Please stop by and share any ideas you have!

Mary Nellis from FSSS will be the Children’s World supervisor. Contact Mary at 243-6040 or mary.nellis@umontana.edu.

The officers of the International Student Association (ISA) are also intimately involved, under the leadership of this year’s ISA President, Francesca Cellini (francesca.cellini@umontana.edu); Vice-President Abdullah M. Al-Jamea (Abdullah.aljamea@umontana.edu); Business Manager Mohammed Abdullah (mohd327@hotmail.com); and Secretary Mayuko Aono (Tessa) (Mayuko.aono@umontana.edu), as well their team of dedicated ISA officers.

Five FSSS student/staff coordinators will facilitate production of the events: Jubal Watson is the Food Coordinator; Kevin Nalty is the Culture Show Coordinator and Lorelei Hallock the Children’s World Coordinator. The Cultural Pavilion Coordinator and an assistant Food Coordinator will soon join the team. Festival coordinators can be contacted through FSSS.

Look for updated information on the festival in future editions of FSSS’ weekly electronic newsletter, Newsworthy Nuggets. Remember to check your email account weekly to read the Newsworthy Nuggets.

INFORMATION SESSIONS

One-hour information sessions will be offered in October and November to tell you more about the I-Festival, and how you can participate and contribute. Please check the Newsworthy Nuggets for upcoming dates. Plan to come to a session and learn more. Especially new students and scholars who will be here Spring 2013 should plan to attend to find out what it’s all about and how to get involved!

You may also sign up to participate by contacting Mona Mondava at the above contact info. Food Booth Reservations will be accepted starting October 26 – don’t miss out!
FALL FIELDTRIP TO THE BEAUTIFUL BITTERROOT VALLEY FOR ONLY $12!

McIntosh Apple Days Fall Festival
Historic Mission in Stevensville
Introduction to Salish Indian Culture
Lee Metcalf National Wildlife Refuge

For Foreign Students, Scholars, Families, Global Partners

SATURDAY, OCTOBER 6, 2012

Enjoy a fun day in the beautiful & historic Bitterroot Valley, which runs 100 miles south of Missoula. We’ll have a busy day with lots of different things to tour in the Bitterroot:

Bitterroot Fall Festival—The McIntosh Apple Days in Hamilton

Enjoy an American country festival. This one celebrates the importance of apples in the history of this valley. Features live entertainment (jazz, country, folk and bluegrass music), arts and crafts, heritage displays, raffles, and lots of good food – especially featuring apple specialties. The festival is free, but bring a few dollars for food and treats. Also, take a walk around and enjoy seeing a typical American small town.

St. Mary’s Mission/Salish Indian Culture

Historic St. Mary’s Mission is the one of the state’s oldest white settlements. The 1½ hour guided tour conducted on the mission grounds includes the early history of the Salish Indians, their life in the Bitterroot Valley, their removal to the Flathead Reservation, and their present day relationship with Historic St. Mary’s Mission. Our tour also includes visiting a Salish Encampment with native plants as well as Salish games and handmade tools by Tim Ryan, a Salish Tribal Member.

Lee Metcalf National Wildlife Refuge

We’ll have a tour of this beautiful, popular destination, famous for its acres of bird sanctuary and wetlands. We will have a naturalist guide who will lead us through some fun hands-on activities to learn about wildlife, and go on a nature walk, where – if we are lucky – we will see some of the many kinds of birds, eagles, ducks, owls, deer, squirrels, coyotes, and perhaps the special “tree-nesting geese.”

This trip is open to foreign students, scholars and family members, and Global Partners. Sign up in FSSS is on a first-come-first served basis. Cost of trip is only $12, due at sign up. Price includes transportation (bus rental) and guides: visit to Apple Festival and guided tours of the Lee Metcalf Wildlife Refuge and St. Mary’s Mission. Please also bring money to buy treats at the Apple Festival and bring a sack lunch, and dress warmly. Departure will be at 7:45 am from the International House or 8:00 am from Lewis and Clark Villages in a chartered bus; and return in early evening to Missoula.

This trip is funded by Foreign Student and Scholar Services and by a generous donation from MIFP: The Missoula International Friendship Program.
## Calendar of Events and Workshop Schedule

### August
- **22—24**: New Foreign Student Orientation
- **27**: Classes Begin

### September
- **15**: Glacier Fieldtrip
- **29**: Yellowstone Fieldtrip

### October
- **2**: Diversity Visa Lottery begins
- **3**: Academic and Career Decision Making Workshop
- **6**: Bitterroot Fieldtrip
- **7**: Yellowstone Fieldtrip
- **10**: Resume & Cover Letter Workshop
- **10**: Ask-An-Alum Luncheon—Health Careers
- **16—19**: Immigration Workshops
- **23**: Dating 101 for International Students
- **23**: Interviewing Workshop
- **24**: Health Professions Career Fair
- **24**: Scholarships Workshop
- **24**: Spring 2011 Registration Begins
- **26**: I-Fest Food Booth Apps accepted
- **28**: ISA/Japan Club Halloween Party
- **31**: Halloween

### November
- **4**: **Set Clocks Back One Hour**
- **6**: **Holiday**—Elections Day
- **7**: Winter Preparedness Workshop
- **8**: Entrepreneurial Careers Luncheon
- **12**: **Holiday**—Veteran’s Day
- **13**: Altrusa Club Dinner
- **12—16**: International Education Week
- **13**: Altrusa Club Dinner
- **16**: Ask-An-Alum Luncheon
- **16**: Work Abroad Workshop
- **16**: ISA Thanksgiving Banquet
- **21**: **No Classes**—Student Travel Day
- **22—23**: **Holiday**—Thanksgiving Vacation

### December
- **2**: MIFP Holiday Party
- **10—14**: Final Exams

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Please Keep This Schedule for your reference.

Remember FIRST FRIDAYS @ FSSS. Come join us the first Friday of every month from 2-4 for free coffee, tea and conversation.